

## **Spiritual Well-being BMG's**

1. I maintain an elevated level of spiritual awareness—God is with me; I am never alone.
2. I am spirit driven in my daily navigation: aiming 100 percent of the time to be righteous in all my ways but never self-righteous.
3. My Divine Guides are my number one go-to in all situations.
4. I take advantage of my 24/7 access in seeking and receiving wisdom, guidance, correction, and supernatural resources.
5. I control myself and my life but surrender all other control to God.
6. I am highly aware and on full alert that all things are driven and prompted from either God or the enemy/ego; I respond accordingly.
7. I consistently monitor, examine, measure, and discern my thoughts, self-talk, choices, and actions from a godly perspective—what is of God, what is not.
8. I am on a mission to deepen my spirituality and faith and to develop an intimate relationship with my Divine Guides: Holy Spirit/Jesus/God.
9. I am a truth seeker, peacemaker, servant to others, lover of all people—reflection of God.
10. I judge no one; we are all equal in the eyes of God—spiritual brothers and sisters.
11. I run my own race specifically and divinely designed for me without comparison to others.
12. I maintain a reverence for the omnipotence of God and His perfect Word—the Bible.
13. I daily take time to regroup, be still, pray, connect, and communicate with God.
14. I include my Divine Guides in every aspect of my life—mentally, emotionally, spiritually, and physically—for a deeper sense of meaning and purpose for myself, others, and life itself.
15. I am humble; I give God all the praise and glory for everything good in my life, big and small.
16. My spirituality and relationship with my Divine Guides makes my personal transformation possible and my life supremely fulfilled from the inside out.

◆◆◆ I never exclude my spirit or Divine Guides from my everyday life, relationships, or decisions, never compromise my spiritual integrity, never assume I can go against the enemy without God, never give myself glory for anything good in my life, and never resort to self-pity or helplessness.

