

Navigational Control Center

It's easier to hold your principles 100 percent of the time than it is to hold them 98 percent of the time.

— Clayton Christensen, author and former Harvard Business School professor¹

Having an established navigational control center in place will help you to maintain your established internal beliefs, mindsets, and goals while simultaneously empowering you to become the internally organized, high-performance person you were created to be.

The characteristics of your navigational control center are:

- Elevated sense of self-awareness: mental, emotional, spiritual, and physical
- Commitment, consistency, persistence, perseverance
- Self-discipline, self-control, self-regulation, self-help, self-motivation, self-encouragement, self-management, self-accountability