

Faith and Healing at Work



His Hands Free Clinic
2025 Impact Report

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A Word from the Executive Director

As I reflect on my first year at His Hands Free Clinic, the word that rises to the surface again and again is gratitude! Gratitude to God, for His faithfulness. This year has brought moments of joy, moments of challenge, and many moments that required trust—but through it all, God has been steady. He has gone before us, sustained us, and reminded me daily that this ministry is His, not ours.

I am deeply grateful for our staff and volunteers, who live out the mission of His Hands with compassion, humility, and perseverance. The care offered within these walls is not just medical—it is personal, dignifying, and rooted in love. I have witnessed firsthand the faithfulness of people who show up day after day, behind the scenes, to serve patients with excellence and grace. Their commitment is the heartbeat of this clinic.

I am also profoundly thankful for our donors. For 34 years, your generosity has sustained this ministry and made it possible for His Hands to serve those who otherwise might go without care. Your support is not just financial—it is an act of faith and partnership in God's work. Because of you, doors remain open, care is provided, and hope is extended.

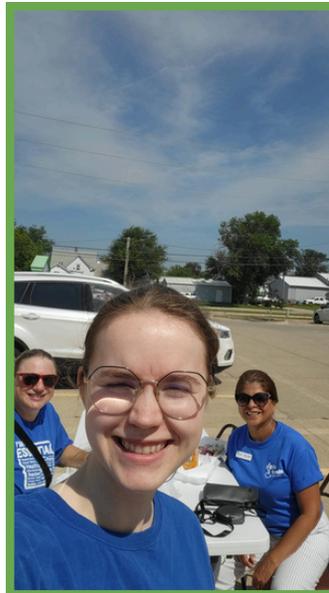
I am honored to walk alongside this community as we continue to trust Him, serve faithfully, and steward this mission for years to come.

God Bless,



Cathy D'mello
Executive Director

Staff



Medical Staff

Dr. James Bell
Volunteer Medical
Director

Margie Leonard
Clinic Manager

Dr. Ann Safo
Staff Physician

Lon Butikofer
Clinic Nurse

Polly Draker
Clinic Nurse

Kellie Gourley
Medication Room

Brittany Huffracker
Clinic Nurse

Holly Langer
Clinic Nurse

Kathy Reed
Clinic Nurse

Angie Melton
Patient Advocate

Dental Staff:

Stacey Simon
Dental Coordinator

Dr. Jeffrey Akey
Volunteer Dental
Director

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Sheryl Becker
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Coordinator

Kim Greiner
Finance Coordinator

Berlinda Owens
Volunteer Coordinator

Jody Slife
Spiritual Care
Coordinator

Dawn Sloan
Communications
Specialist

Judy Smith
Administrative Assistant

Testimonies of Healing and Hope

“Paw Control Wildlife supports His Hands Free Clinic because of the tangible improvements they bring to our community. Their commitment to compassionate, dignified care for those who might otherwise go without medical services inspires our continued partnership.”

Joe Taylor, Owner of Paw Control Wildlife



“From the minute you walk in the door you’re welcomed, Everybody’s sincerely trying to help you and not looking down on you. They want to help and uplift you. Whether you’re spiritual or not, everyone in this building, they just want the best for you. Everybody here was genuinely showing their concern and care.”

Irene, Patient

“Julie and I enjoy giving to local charities where we can see where the monies God has entrusted to us are going. Some of the stories of people His Hands Free Clinic has helped, even life-saving at times, enforces in our hearts that His Hands is a wonderful place for our “God money” to go.”

Paul and Julie Marshall



Testimonies of Healing and Hope



“I enjoy volunteering at His Hands Free Clinic because I love being of service. Serving is when I feel closest to God and feel his presence fully. It brings me an immense amount of joy to meet the needs of those in the community.”

Zack Owens , Volunteer Receptionist

They were just right there, willing to see what they could do. I felt like God was there helping me, I really did.

Judy, Patient



“The doctors, nurses, staff and volunteers truly treat others the way they themselves would want to be treated - with kindness, respect and to the best of their ability. I just love working with them...and the opportunity to share the hope and kindness of Jesus in 5 different languages in one afternoon.”

Brenda Carolan, Prayer Volunteer

His Hands Free Clinic Care Summary

Top Reasons for Medical Care

- Mental Health
- Hypertension
- Musculoskeletal
- Diabetes
- Ear/Nose/Throat
- Dermatology
- Gastrointestinal
- Cardiovascular



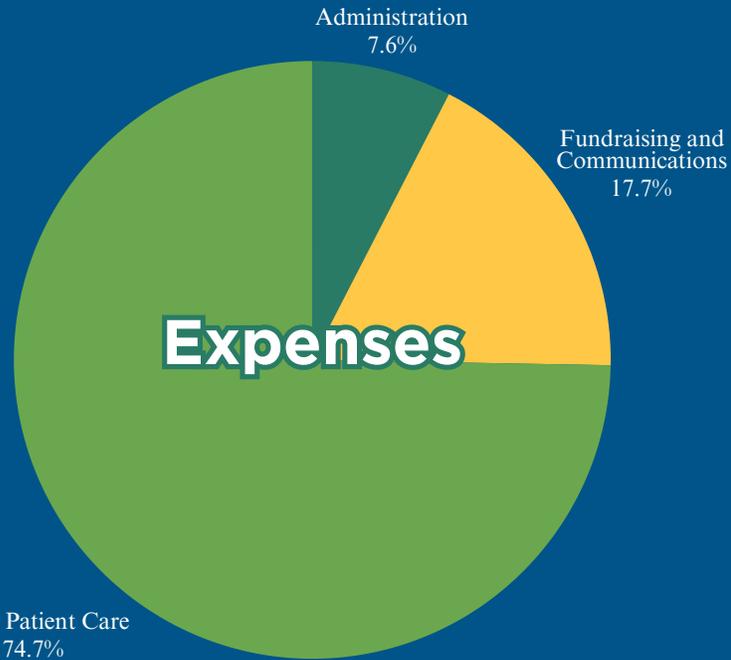
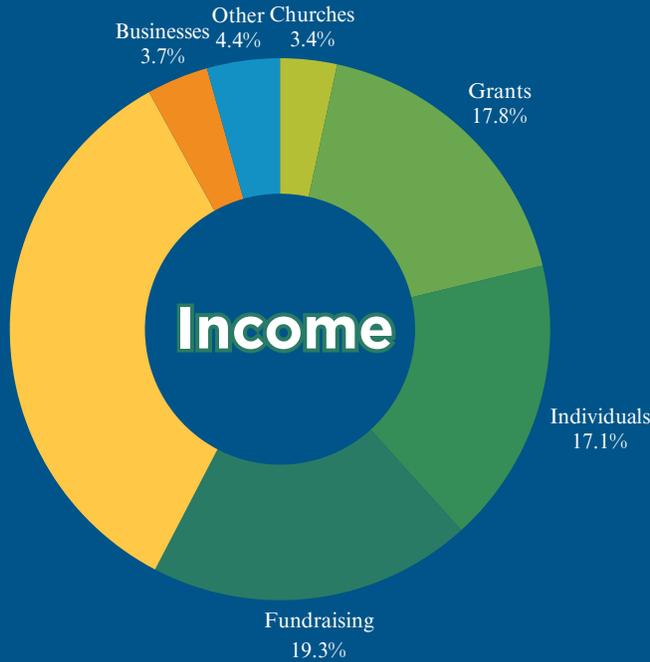
Services Provided

Total Number of Patient Visits.....	3,593
Patients Prayers Offered.....	2,038
Patients Prayers Received.....	1,669
Total Number of Unique Patients.....	1,195
Total Number of Countries Served.....	62
Unique Languages Spoken.....	29
Iowa Counties Served.....	22

Patient Visits By Clinic

● Medical.....	2,453
● Patient Advocate.....	477
● Dental.....	241
● Physical Therapy.....	130
● Chiropractic.....	118
● Diabetes Education.....	63
○ Mental Health.....	130
Total.....	3,612

Financial Summary



Income

● In-Kind Support	\$608,619
X-rays & Labs.....	\$236,109
Professional services*	\$195,429
Bulk Medications.....	\$95,547
Patient Supplies.....	\$16,355
Fundraising Supplies.....	\$21,310
Medical Supplies.....	\$25,859
Volunteer Supplies.....	\$8,576
Building Supplies.....	\$1,627
Bibles.....	\$6,805
Office Supplies.....	\$1,002
● Fundraising	\$343,400
● Grants	\$316,501
● Individuals	\$302,947
○ Other	\$77,439
● Businesses	\$65,527
● Churches	\$60,278
Total Income	\$1,774,711

Expenses

● Administration	\$120,500
● Fundraising & Communications	\$281,993
● Direct Patient Care	\$1,189,282
Total Expenses	\$1,591,775

Volunteer Contributions of Time & Talent

Total Number of Volunteers	141
Total Donated Service Hours	6,012
Total Value of Volunteer Service	\$270,330

Memorials

Joe Anholt

Pat Drahos

Bonnie Bemus

David A Bemus

Dr. Dean Bemus

David A Bemus

Miriam Bergman

Britainy Avellino
Douglas Baldwin
Betty Brink
Gary Browder
Richard Budde
Mount Vernon Bank & Trust Company
Barbara Dolan
Douglas Easker
Ed Fordyce
Susan R. Gradwell
Suanne Hoffman
Marty Johnson
Roger Krejci
Martha Montgomery
Kenneth Otterbach
Randy Patten
John Rife
Tracy Schmidt
Karen Vondracek
James Wallace

Michael Carpenter

Eric Knoll and Kim Drischell

Bibiana Chadwick

Lupe Inskeep

Thomas Dietzenbach

Michael and Sheryl Becker

Joe Drahos

Pat Drahos

Alvina Driscoll

James D Vavricka

Barb Gudenkauf

Janna Gudenkauf

Virginia Howes

Linda Howes

Wayne Howes

Linda Howes

Kim Junge

Roger Junge
Larry and Karen Schall

Donald Kellerman

Jeanette Kellerman

Honors and Memorials

Bob Kemmerer

Lillian Kemmerer

Molly Kenney Kempf

Colleen Hadley

Donald Kimmerle

Myron Zumbach

Aaron Kolander

Rev. Daniel A Kolander

C. B. Lake

Curt Johnson

James E. Olexa

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Lois Prosser

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Marilyn Schneiderman

Delores Spain

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Pauline Spiekermeier

Sarah Spiekermeier

Pauline Spiekermeier

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Sandra Stepanek

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James D Vavricka

Eleanor Streletzky

Sandra Stepanek

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Joann M. Rehr

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Val Wolter

In Honor Of:

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Carl Sefl

Dawn Brouwers

Sandra Stepanek

Julie Elias

Jean Brenneman

Dulcia Hahn

Daniel Hahn

Ruth Hansen

Margaret Van Kirk

Harlan and Barb Hanson

Mickey and Jasmine Wu

Marlene Kimbel

Mark Farmer

Marlo McMillen

Anonymous

Avery Neilly

Paul and Julie Marshall

Bennett Neilly

Paul and Julie Marshall

Holland Neilly

Paul and Julie Marshall

Quentin Neilly

Paul and Julie Marshall

Eleanor Streletzky

Sandra Stepanek

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Antioch Christian Church
Bethany Lutheran Church Women's Guild
Catholic Foundation in the Archdiocese of Dubuque
Cedar Valley Bible Church
Christ Church Presbyterian
Cornerstone Church
CrossLife Community Church
Faith Bible Church
FaithLife Lutheran Church
First Congregational Church UCC
First Lutheran Church
Grace Christian Fellowship
Heart of Mary Cluster
Home Missionary Society of Trinity Lutheran Church
Immaculate Conception Catholic Church
King Of Kings Lutheran Church
Living Hope Wesleyan Church
Marion Methodist Women
New Covenant Bible Church
Our Savior's Lutheran Church
Peace Church
Prairie Bible Church
Prairie Chapel UMW
Radiant Church
St Paul's Lutheran Church
St. Jude Catholic Church
St. Pius X Parish
Stonebridge Church
Zion Lutheran Church

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David Gardner

Debra Gardner

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We have done our best to make this accurate, but if there are any errors, please let Sheryl know via email: sheryl@hishandsclinic.org or phone: 319-200-5072. Thank you.



Restore the body. Refresh the spirit.

Get in touch:

Phone: 319-862-2636

Email: clinic@hishandsclinic.org

Web: hishandsclinic.org

Or stop by at

1245 2nd Ave SE Cedar Rapids, IA 52403