



FOR IMMEDIATE RELEASE

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International Project Utilizing VR in Ukraine Launched for PTSD Treatment and Physical Rehabilitation

Kyiv, Ukraine – On 1-4 September 2025, an international team led Ukrainian doctors, psychologists, and rehabilitation specialists through the first trainings on state-of-the-art VR solutions in Uzhhorod, Kyiv, and Cherkasy.^[1] In the coming months, the program will expand to other regions of the country, and bring together Ukrainian specialists from eight hospitals. It is expected to run until 2028.

"We're truly grateful to be part of this meaningful project, where VR systems from inMotion VR, Corpus VR and Psylaris have scaled up to help Ukrainian hospitals in optimizing the rehabilitation of their clients," says **Gert-Jan Brok, CEO of inMontion VR**. "This couldn't have made possible without Frans van Anandel from HEAP RESEARCH BV, Baer Jonkers from PsyGlobal.org and Dr. Oksana Syvak from Ukraine Institute of Traumatherapy as well as their incredible teams working alongside us to make this possible. And we're also thankful for the support from the Dutch government through UPF from Netherlands Enterprise Agency."

During the project, over 6,000 patients in Ukraine will receive assistance through VR technologies, and around 300 medical professionals — doctors, psychologists, physical therapists, rehabilitation specialists, social workers, and veteran support staff — will receive training. 33 psychologists have already begun training and will receive highly specialized psychotherapeutic education in evidence-based methods, including EMDR, one of the most effective approaches in working with trauma.^[2]

"For us at UIT, this project is not just an innovation. It is a chance to provide real help to people who have experienced incredible trials. This is the first step of a pilot program that can become the basis for the large-scale implementation of VR therapy throughout Ukraine," says **Dr. Oksana Syvak, MD, Co-Founder & Director** of the **Ukraine Institute of Traumatherapy**.



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The large-scale International Project VR-Ukraine project was launched on April 30, 2025, with the support of the UPF program of the Government of the Netherlands. The goal is to implement innovative VR methods to support people with post-traumatic stress disorder (PTSD) and provide physical rehabilitation for patients with injuries. The focus of the project, however, is not technology but people. VR therapy (VRET/EMDR-VR) is an evidence-based method that enables safe processing of traumatic experiences, reduces PTSD symptoms, and complements traditional therapy, making it deeper and more accessible.

VR-Ukraine consists of three key areas:

- Training psychologists in evidence-based psychotherapy methods.
- Training medical staff in psychological rehabilitation using VR to master modern VR solutions to work with patients who have experienced trauma.
- Training medical staff in physical rehabilitation using VR.

Thanks to CorpusVR technology, specialists will help patients with injuries restore mobility, strength, and a sense of control over their own bodies. All team members — from psychiatrists to doctors to physical therapists — are learning to “speak the same language” with patients and to create a holistic healing environment. Without well-trained specialists, even the most modern equipment will remain an untouched a tool.

The VR-Ukraine project is a collaborative partnership of:

Psylaris B.V.

InMotion VR / Corpus VR

Heap B.V.

PsyGlobal B.V.

Ukraine Institute of Traumatherapy

and with the support of the UPF program of the Government of the Netherlands

1 - Photos of the trainings available on social media of the collective partners and by email upone request

2 - To receive the press release with more information on two research papers recently published by the IMHC team on EMDR and clinicians in war, please contact Carrie Ann Alford, U.S. Project Manager

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The **mission** of IMHC, Inc. is providing critical mental health, wellness, rehabilitation and support services to Ukraine, Israel and throughout the world.

Our **vision** to create a community where mental health is a top priority and individuals accessing the resources they need to achieve optimal well-being is more than just words. Our research projects are leading to cutting-edge trauma therapy, best practices and education of the next generation of clinicians providing world-class trauma care. We are excited to launch the Ukraine Institute of Traumatherapy capital campaign to build a state-of-the-art medical and mental health complex just south of Kyiv.

