

## **INSTRUCTIONS FOR COLONOSCOPY WITH MOVIPREP**

**Name:** \_\_\_\_\_ **Hospital/Surgery Center:** \_\_\_\_\_

**Date:** \_\_\_\_\_ **Arrival Time:** \_\_\_\_\_

### **Medication:**

- Stop taking blood thinners (Coumadin, Plavix, Aspirin) and arthritis medications 5 days before the procedure. You may take Tylenol.
- If you take medicine for **diabetes**, take only half the dose on the day before the colonoscopy.
- You may take your other prescription medications on the day of your colonoscopy with a few sips of water

### **Two days before Colonoscopy:**

1. Take 2 Dulcolax tablets at bedtime (available at your pharmacy without prescription).

### **One day before Colonoscopy:**

1. Take only clear liquids all day, **do not eat any solids** for breakfast, lunch or dinner. (You may take clear juices, clear broth, coke, 7UP or jello (not red). You may drink all the water and clear liquids you desire. Do not drink milk or cranberry juice.)
2. Take 2 tablets of Dulcolax at 12:00 noon.
3. Take first dose of Moviprep at 4:00 pm. Follow directions in the Moviprep pre-printed instruction sheet.
4. Take second dose of Moviprep at 8:00 pm, four hours after the first dose.
5. If your colonoscopy is scheduled in the afternoon (after 12:00 noon) take the second dose at 6:00 am on day of your colonoscopy.
6. You may drink water until 4 hours until your scheduled colonoscopy.
7. Moviprep may be purchased at most drug stores.

***It is critical to the success of your examination that your colon is clean. Please call Dr.Bali if you are unable to complete the entire preparation for your colonoscopy.***

### **On the day of your Colonoscopy:**

1. Go to the admitting office at your assigned facility
2. You may take your blood pressure medication with a sip of water.
3. Do not take any diabetic medications.
4. Expect to be at the GI Lab for about 4 hours
5. Tell the doctor if you have an artificial valve; need to take antibiotics before dental procedures; have a history of heart or kidney problems or seizures; take diabetic, blood pressure medications or diuretics.

**You must have someone available to be with you and drive you home after the procedure.** The physician may give you medication to sedate you during the procedure. You will be unable to drive that day. You cannot walk home; take a taxi or public transportation to go home.

**RESULTS:** Dr. Bali will discuss the results with you after the procedure. However, you may not remember everything because of the medications used during the procedure. A copy of the report will also be forwarded to your referring physician. If you have any questions about the results, you may call Dr. Bali's office to make an appointment.