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Instructions for Esophago-Gastro-Duodenoscopy (EGD)

NAME: _____ **HOSPITAL:** _____

DATE: _____ **ARRIVAL TIME:** _____

- **Stop blood thinners(Plavix, Coumadin, Aspirin) five days before the procedure**
- **Let Dr.Bali know if -**
 - **you have an artificial heart valve or heart murmur**
 - **You take medications for blood pressure or diabetes**
 - **you have a seizure disorder**

One Day before the procedure:

1. Eat a light dinner by 6:00 pm.
2. Do not eat any solid foods after 6:00 pm.
3. You may drink liquids until midnight.
4. Do not eat or drink **anything** after midnight.

On the Day of your examination :

1. You may take your blood pressure medication with a sip of water.
2. Report to the admitting room 1 hour before the procedure.
3. Plan to be in the hospital for about 4 hours.
4. Arrange for someone to drive you home after the procedure. Because of sedatives given during the procedure, you will be unable to drive that day. Please note that you cannot take a taxi or public transport to go home.

RESULTS: Dr. Bali will discuss the results with you after the procedure. However, you may not remember everything because of the medications used during the procedure. A copy of the report will also be forwarded to your referring physician. If you have any questions about the results, you may call Dr. Bali's office to make an appointment.