



## WHAT TO BRING FOR TYPE 1 FUN

*Type 1 fun is enjoyable while it's happening. Also known simply as fun.*

THE REALLY IMPORTANT STUFF	
<ul style="list-style-type: none"> <li>• Directions to Kulapalooza and contact phone numbers in case you're running late (360-524-1278)</li> </ul> <p>Please note that the Internet connection and cellphone service at the North Cascades Environmental Learning Center is spotty. Please bring directions and the Kulapalooza phone number with you.</p>	
ESSENTIAL GEAR FOR THE WEEKEND	
<ul style="list-style-type: none"> <li>• Personal Items and toiletries including: shampoo, toothbrush, toothpaste, soap, meds, towel, period kits, shower shoes/flip flops, etc.</li> <li>• Synthetic/Wool socks, sports bra and clean underwear</li> <li>• Short sleeve synthetic/wool shirt</li> <li>• Long sleeve synthetic /wool shirt</li> <li>• Hiking pants / long johns / tights, quick dry are best</li> <li>• Warm Jacket / Fleece or puffy jacket / vest</li> <li>• Warm hat and liner gloves</li> <li>• Rain Gear: rain pants, rain jacket with hood (most classes are held rain or shine)</li> <li>• Hiking shoes that have some miles already on them</li> </ul>	
INSIDE YOUR DAYPACK FUN STUFF	
<ul style="list-style-type: none"> <li>• Camera</li> <li>• Sunglasses, sunscreen, bug spray, chapstick</li> <li>• Headlamp</li> <li>• Insulated coffee/tea thermos / Water bottle</li> <li>• Journal/pencil</li> <li>• Your "must have" snacks/11th essential</li> </ul>	

*Mornings and evenings may be cold in late October. Be prepared to dress in layers.*

*If rain is in the forecast, an extra jacket is recommended.*