



# diabetes

# UNDONE

*How to run a successful program at your church, home, office or other business*



THE BEST &  
PRACTICAL  
WAY TO  
RUN A  
PROGRAM

- You have taken some training on how to run the *Diabetes Undone* program at your church or you have just decided you want to present this program for the public and your own members at your church
- What are the first and next steps ?



THE BEST &  
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WAY TO  
RUN A  
PROGRAM

- The first step is to decide as a health ministry leader who you would like to lead the program and how many helpers you need to have
- The second step is to determine your resources such as space, any health care personnel and what finances you think you will need



THE BEST &  
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PROGRAM

- The final and most important step is that you must get your church board approval if you are running it in your church
- Even if you are running it in your home or other venue but under the church ministry you still need to get church board approval



THE BEST &  
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WAY TO  
RUN A  
PROGRAM

- Next you go on to the website for diabetes undone and sign up to run the course.
- You order & pay for the materials and you can also get all the instructions and support that you need



## MATERIALS

- You will receive the following materials
  1. The presenter's kit
  2. Instructions & materials for how to advertise
  3. How to order the amount of participant kits

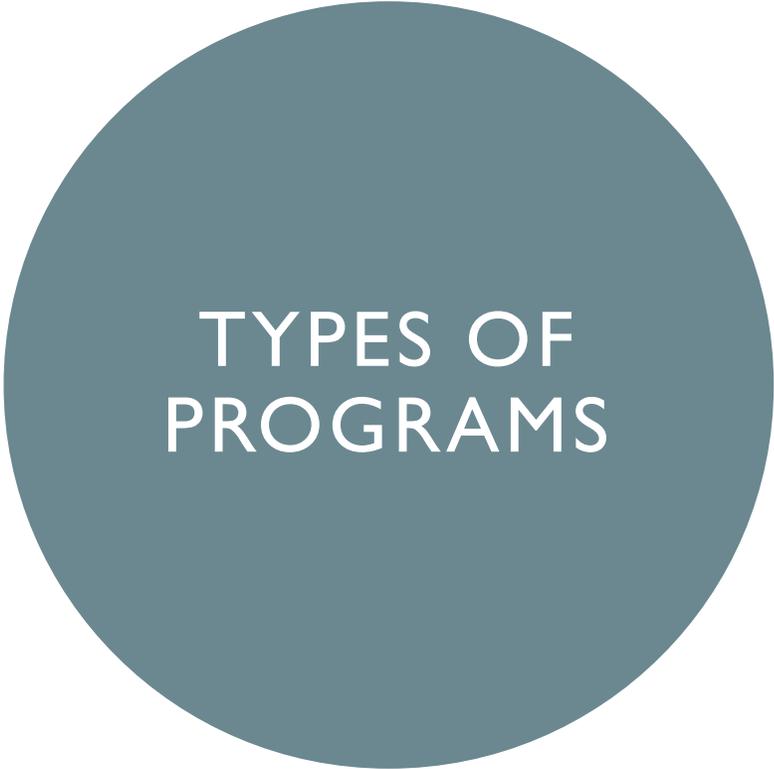


OTHER  
HELP

4. The team at Life and Health will be there to answer any questions

5. Your program will be advertised on the DU website

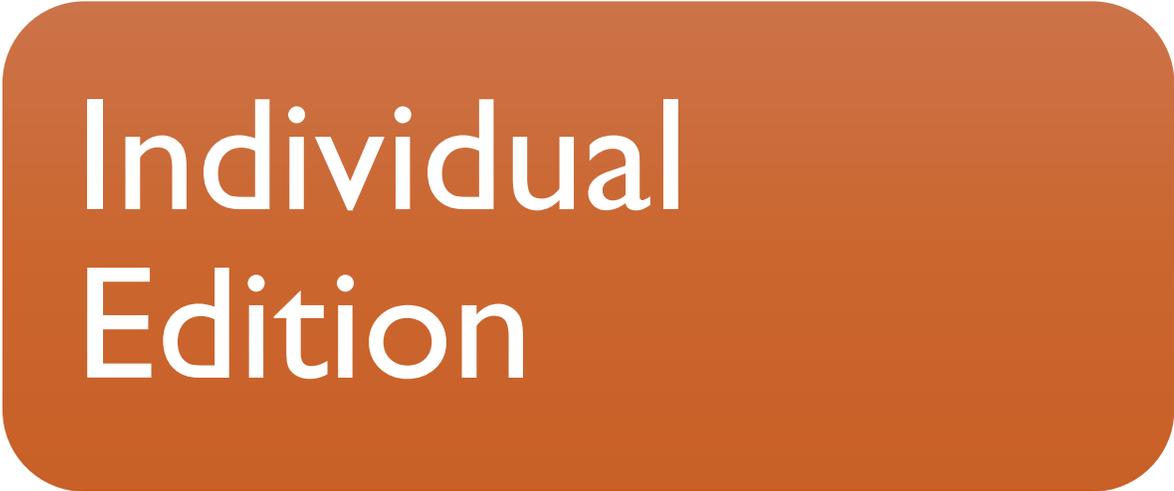
6. There are participant testimonies you can use



TYPES OF  
PROGRAMS



Group  
Workshops



Individual  
Edition

CHECK OUR  
WEBSITE IF YOU HAVE QUESTIONS

## How can we help?

- Send us a message
- We'll be back online tomorrow





WHO ARE  
THE  
PRESENTERS?

- **Just a note about the presenters and the style of our program**
- **Lectures are sometimes hard for people to absorb**
- **Teaching style is better in short segments – That is what we developed**

WHO ARE  
THE  
PRESENTERS?



- Wes Youngberg DrPh



Brenda Davis RD



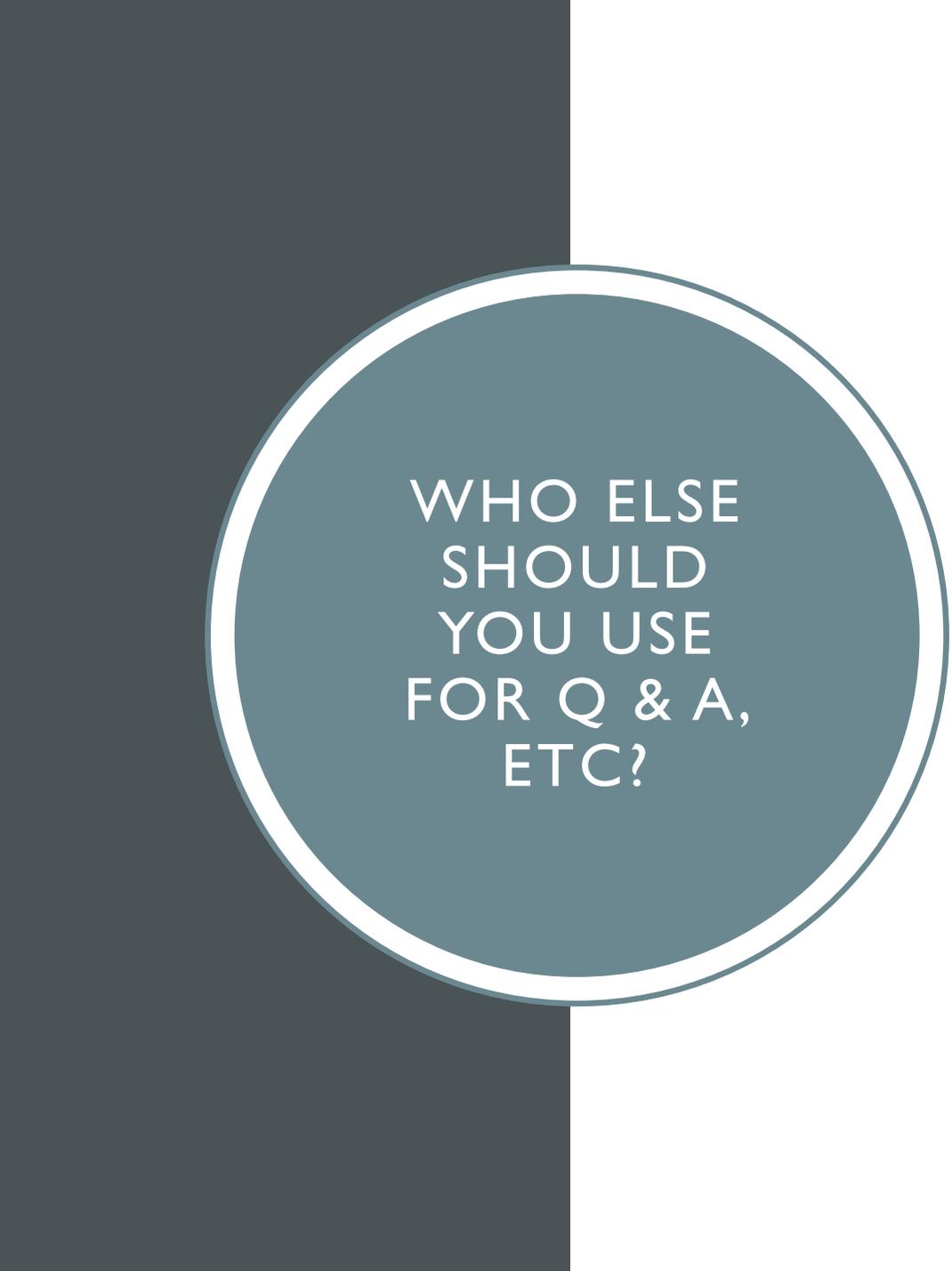
WHAT IS THE  
COST?

- Diabetes Undone Box Set (For Group Workshop Use)
- \$599.00 \$249.00-\$199-
- For individuals \$99
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WHEN  
SHOULD  
YOU HAVE  
YOUR  
PROGRAM?

- We used to say Monday nights were best
- Now we think you need to determine this based on who is likely to sign up or who has signed up to be interested.
- Maybe even on a Sunday afternoon?
-



WHO ELSE  
SHOULD  
YOU USE  
FOR Q & A,  
ETC?

- Pick a health professional that is reasonable and believes in the health message and gives reliable information
- Use your pastor/pastors to welcome, have opening prayer, etc and try to have them stay for the program.



SHOULD  
YOU HAVE  
MEAL OR  
JUST FOOD  
SAMPLES?

- Of course this is up to you
- Many have found a sample meal works best
- Your team may decide to have the lecture first and then a meal
- Some groups just serve small samples but nearly all successful groups do serve something
- Use your best cook!



MESSAGES  
TO GET  
PARTICIPANT

- Did you know? Type 2 diabetes can be undone?
- In fact, it's been scientifically proven that you can experience dramatic health improvement, freedom from medications, and even disease reversal itself—all by adhering to a healthy lifestyle. But that's exactly why you're here, isn't it? Because, at the end of the day, the power to prevent and reverse your disease lies right in your hands.
- *Welcome to Diabetes Undone.*

WHAT'S NEXT?-  
JUST GET STARTED! PICK A DATE &  
TIME

*Become a part  
of the  
movement.*

*Run Diabetes  
Undone in your  
community!*