

# God's Health Plan vs the Counterfeit Health Plan

How Can We tell the Difference?



# God Warns us Regarding Using Anything from the Wrong Sources



# Recognizing the Counterfeit

- Sometimes the Counterfeit so closely resembles the true methods that it often becomes difficult to distinguish between them
- We are told that in the last days there will be many deceptions including miracles of healing and that if possible even the very elect might be deceived

# Recognizing the Counterfeit

- We are to study so that we will not be deceived
- Not all that comes from an “expert” is necessarily true
- Compare the method or the message with the inspired word

# Deuteronomy 11: 26-28

- “Behold, I set before you today a blessing and a curse: The blessing, if you obey the commandments of the Lord your God which I command you today; and the curse, if you do not obey the commandments of the Lord your God, but turn aside from the way which I command you today, to go after other gods which you have not known.

# Deuteronomy 12, 2,3

- “You shall utterly destroy all the places where the nations which you shall dispossess served their gods, on the high mountains and on the hills and under every green tree.
- “ And you shall destroy their altars, break their sacred pillars, and burn their wooden images with fire; you shall cut down the carved images of their gods and destroy their names from that place.

## Deuteronomy 18: 9-14 NKJV

- When you come into the land which the Lord our God is giving you, you shall not learn to follow the abominations of those nations. There shall not be found among you anyone who makes his son or his daughter pass through the fire, or one who practices witchcraft, or a soothsayer, or one who interprets omens, or a sorcerer, or one who conjures spells, or a medium, or a spiritist, or one who calls up the dead.

## Deuteronomy 18: 9-14 NKJV (continued)

- For all who do these things are an abomination to the Lord and because of these abominations the Lord your God drives them out from before the you. Ye shall be blameless before the Lord your God. For these nations which you will dispossess listened to soothsayers and diviners: but as for you, the Lord your God has not appointed such for you.

# SDA Health Message

- 1848 first health message---to be right arm
- Is to be a part of the third angel's message
- In harmony with God's physical laws
- Rejected by science until of late
- Proved to be the best health guide
- Now many of ther principles are recognized by the scientific world

# Alternative & Mystical Healing

- Not in harmony with God's physical laws
- Origin out of Pagan pantheistic dogma
- Right arm of Neo-pagan movement
- Extremely effective - to change worldview
- Has entered into some Churches
- Has entered into medical training
- Has entered into educational institutions
- Popular in the media & with famous personalities

# Alternative & Mystical Healing

- Not a few in this Christian age and Christian nation resort to evil spirits, rather than trust to the power of the living God. The mother, watching by the sick-bed of her child, exclaims, “I can do no more. Is there no physician who has power to restore my child?” She is told of the wonderful cures performed by some clairvoyant or magnetic healer, and she trusts her dear one to his charge, placing it as verily in the hands of Satan as if he were standing by her side. In many instances the future life of the child is controlled by a satanic power which it seems impossible to break. {CH 192}

# Alternative & Mystical Healing

- What is confusing to some and an absolute acceptance by others is because
  - Some if not many of the alternative medicine therapies may work
  - The Question is What is the source of the power?

# True vs Counterfeit Methods of Healing

TRUE METHOD	COUNTERFEIT METHOD
1. Follows Bible and Spirit of Prophecy in all of its basic guidelines	1. May mimic closely God's use of natural methods, but ultimately has a "hidden" message with false theories, may even use SOP quotes if coming from an Adventist background
2. Teaches reliance upon God and following His plans	2. Has a high reliance upon self for self-preservation in the end times, and/or your energy forces within you or that surround you.

# True vs Counterfeit Methods of Healing

3. Results follow laws God originally set up and allows for supernatural healing by God if it is for His purposes to glorify His Name

3. Results often cannot be explained except by magical or mystical or supernatural means that often glorify the person doing the procedure or healing. Sometimes is very conservatively religious and appears to use the “right” methods

4. Teaches you to think for yourself and not to surrender your mind or will power to another person

4. Often demands subjection of your mind to another person, sometimes without realizing it

# True vs Counterfeit Methods of Healing

5. Recognizes individual rights and freedoms of choice, but educates regarding harmful or unproven treatments and approves of laws (provided by God) to protect innocent and unknowledgeable persons from harming themselves or others.

6. Is honest in its claims, but speaks the truth in boldness. Produces healthy, happy persons, wholly dependent upon God. Ultimately leads to eternal life.

5. Demands freedom for every individual to choose any method of treatment for themselves, or their family including unorthodox treatments which may lead to death, or refusing treatments known to save life in most cases

6. Is often dishonest in its claims and promises health when traditional methods may have failed. Produces people who may or may not be healthy and who depend on self, or some other person. Ultimately leads to eternal death

# True vs Counterfeit Methods of Healing

7. Uses useful physical labor and exercise to restore mental and physical strength and for healthful recreation. Is always peaceful

7. Uses physical exercise in a self-gratifying way, often to increase personal pride in defeating others. Sometimes is violent

8. Uses meditation on things of God, including His goodness, love, promises, His creation and is the best stress control. Begins to restore God's image in us.

8. Uses meditation to give new experience of letting the mind be open to other "consciousness" and experiences, and to allow "contact" with previous existences and a higher supernatural world of "Masters"

# True vs Counterfeit Methods of Healing

9. Uses medical and surgical techniques when needed which operate by use of God's natural healing laws. Employs medicines only as emergency measures or for chronic disease, then teaches people how to use the 8 natural remedies

10. Uses God's 7 natural remedies plus 1 supernatural remedy, God's power to heal

9. Uses medical and other techniques that employ ancient practices of mind control including hypnotism. Often is against proven methods or the use of any medications at all, but promises that it uses the "true natural remedies"

10. Uses 7 natural remedies. Often substitutes transcendental meditation, manipulative therapies, or other techniques instead of trust in God

# True vs Counterfeit Methods of Healing

11. Uses only pure, clean foods, approved in the Bible. Avoids stimulants, unclean meats, and excesses of foods of all types. Understands that our bodies are the temple of God, and wisely moves toward a complete vegetarian plant based diet as circumstances allow.

11. Claims to use only “natural” or organic foods, but may use harmful spices, unclean meats, alcohol, high fat foods, dependence on a wide variety of vitamins and other supplements. Often promotes certain methods such as raw foods only, or mostly. May be Vegetarian or Vegan.

12. Does not seek to profit by selling supplements, or unneeded materials. Charges only for reasonable expenses to earn a living.

12. Often tries to profit by the use and sale of many devices, supplements, treatments, books, etc. of unproven worth.

# True vs Counterfeit Methods of Healing

13. Considers human life more important over animal life. Is humane to animals

14 Considers the earth as God's creation and is interested in helping to preserve the environment in a reasonable way, not wasteful or destructive. Cooperates with those using reasonable ways to improve living conditions on earth

13 Inordinate concern over animal life.

14. Inordinately concerned with environmental issues, overly concerned with depletion of nutrients in soil, overly concerned about GMO issues, instead of focusing on having enough food for people and spending time actually helping individuals who are in need.

# True vs Counterfeit Methods of Healing

15. If a health practitioner or lecturer, does not make unreasonable promises. May not be necessarily popular. Uses only proven methods or engages in research to prove methods. Never uses misfortunes of others to promote their ideas or for gain

16. Follows the health plan in the Bible, which began in Eden

15. Often promises the impossible. Has prominent people to give testimonials. Uses unproven methods. May prey on peoples misfortunes with cancer, AIDS, or other serious or incurable diseases

16. Follows ancient theories from originally pagan nations which often originated in Babylon

# True vs Counterfeit Methods of Healing

17. Plans wisely for future, but trusts in God to provide needs and protection. Works to keep busy. Will help others in time of need. Does not isolate self or family when not necessary. Wants to associate to win others. Does not use any scare tactics to get people to prepare for end times. Uses reasonable advice and planning if decides to move to “the country”. No use of force at end of time.

17. Hoards and plans to defend against others intruding into their supply. Will ultimately use force. Some who are not in this class try to protect self by isolation, storing up food and supplies, and worrying about time of trouble before it is necessary and try to get others to do the same, sometimes using scare tactics.

# Alternative & Mystical Healing

- Chiropractic
- Yoga
- Tai Chi
- Martial Arts
- Aromatherapy
- Biofeedback

# Alternative & Mystical Healing

- Acupuncture
- Transcendental Meditation
- Ayurveda
- Essential Oils
- Tai Chi
- Crystal Therapy
- Hypnotism

# Alternative & Mystical Healing

- Astrology
- Magnets
- Iridiology
- Reflexology
- Homeopathy
- Reiki
- Guided Imagery

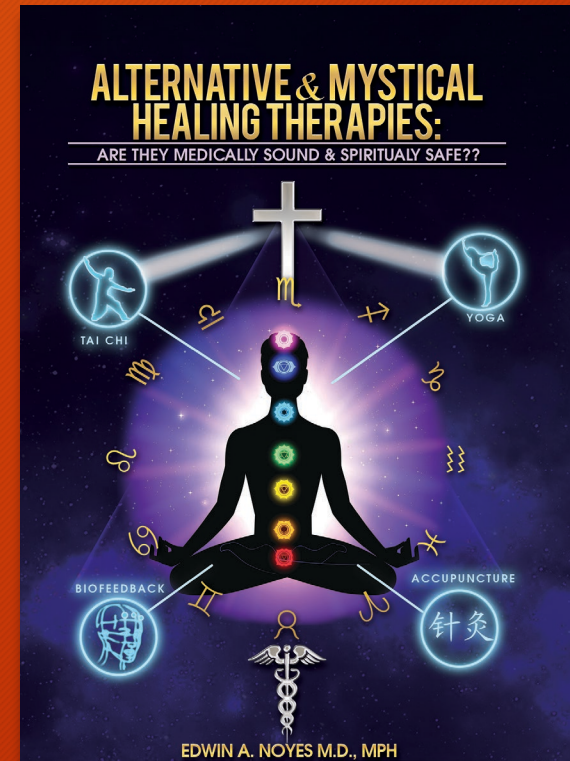
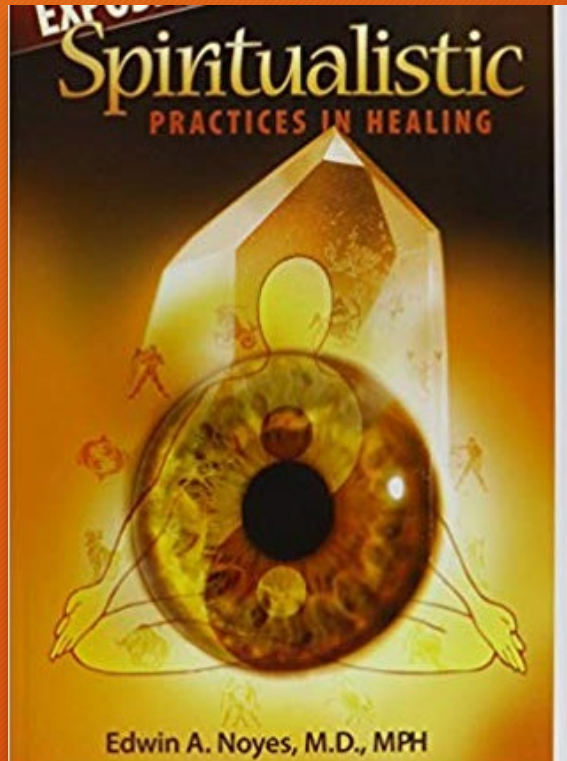
# Alternative & Mystical Healing

- Therapeutic Touch
- Auras
- Crystal Ball & Palm Reading
- Vibrational Medicine
- Qi Gong
- Dowsing & Divination
- Secular Psychology

# Questions to Ask - Biblical Research Foundation - 1987

- 1. Where did the Method come from? What is its Source?
- 2. What Company does this Technique keep?
- 3. What is the Ultimate direction that this therapy is headed?
- 4 Does the Treatment method follow known laws of physiology?
- 5. Who receives credit? God the Creator or Satan the created?

# Resources:



# Resources:

Dr. Edwin Noyes has resources about almost any topic in his books related to questions you might have regarding these topics. There are others who have written on this topic and they have a website and an occasional newsletter. They have an organization called Health and Spirituality Research Network: