

# ALBERT THORNTON MEMORIAL RUN FOR VALLEY HAVEN 45th ANNUAL EVENT SATURDAY, MAY 1, 2021



Come run/walk a Mile, 4K (2.49 miles), 5K (3.1 miles) or all three at Valley Haven School  
6345 Fairfax Bypass, Valley, AL 36854  
1 Mile: 8:00 a.m. Eastern Time/7:00 a.m. Central Time  
4K (2.49 Miles): 8:30 a.m. Eastern Time/7:30 a.m. Central Time  
5K (3.1 Miles): 9:30 a.m. Eastern Time/8:30 a.m. Central Time  
Medals for overall winners, masters winners, and 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place male and female in  
10 year age groups for 4K and 5K.



**BONUS HOME RUNS 4K & 5K FOR POINTS. Must run by May 4, 2021**  
and send results to [rkeel@mindspring.com](mailto:rkeel@mindspring.com).  
**NEW IN 2021 – VIRTUAL HOMES RUNS**  
Run all five races between April 29 and May 4  
Submit times to [rkeel@mindspring.com](mailto:rkeel@mindspring.com) by May 4  
Shirts (with paid registration) and points will be given, but no awards for the virtual runs.



**You may run the three “on-site” races plus two virtual races to get your five  
(or you may run all five races—including two 4Ks and 5Ks—as virtual home runs).**

Mask and Social Distancing will be greatly appreciated.  
Limited access inside the school.

**VALLEY HAVEN SCHOOL  
P O BOX 416  
6345 FAIRFAX BYPASS  
VALLEY, AL 36854-0416  
334.756.2868 or 334.786.7801**

Gatorade, Grilled Hamburgers, Snacks, and water available.  
A children’s fun area will be provided.

**Run Location: Day of: Valley Haven School, 6345 Fairfax Bypass, Valley, AL 36854**

<b>ENTRY FEES FOR ON-SITE RUNS AT VALLEY HAVEN SCHOOL, SATURDAY, MAY 1, 2021</b>	<b>ALL TIMES ARE EASTERN TIME</b>
\$20.00 for one race if received by April 23, 2021	\$25.00 if received after April 23, 2021
\$25.00 for two races if received by April 23, 2021	\$30.00 if received after April 23, 2021
\$30.00 for three races if received by April 23, 2021	\$35.00 if received after April 23, 2021

**Virtual Home Runs Between 4/29 & 5/4: anywhere you would like to run.**  
**ENTRY FEES FOR VIRTUAL HOME RUNS**

\$20.00 for one race if received by April 23, 2021	\$25.00 if received after April 23, 2021
\$25.00 for two races if received by April 23, 2021	\$30.00 if received after April 23, 2021
\$30.00 for three races if received by April 23, 2021	\$35.00 if received after April 23, 2021
\$35.00 for four races if received by April 23, 2021	\$40.00 if received after April 23, 2021
\$40.00 for five races if received by April 23, 2021	\$45.00 if received after April 23, 2021

## 2021 RUN FOR VALLEY HAVEN REGISTRATION

On Site: Saturday, May 1, 2021 Home Virtual Runs: Thursday, April 29, 2021 to Tuesday, May 4, 2021  
Mail Check & Entry Form to Valley Haven School, Valley Haven Run, P O Box 416, Valley, AL 36854

1 Mile: 8:00 a.m. ET/7:00 a.m. CT    4K: 8:30 a.m. ET/7:30 a.m. CT    5K: 9:30 a.m. ET/8:30 a.m. CT

**You may run the three “on-site” races plus two virtual races to get your five  
(or you may run all five races—including two 4Ks and 5Ks—as virtual home runs).**

Races (Circle ones you will run in person): 1 Mile 4K 5K  
Races (Circle ones you will run virtually): 1 Mile 4K 5K Bonus Home Run 4K Bonus Home Run 5K

### PLEASE PRINT:

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_  
First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Street/Box: \_\_\_\_\_ City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

### Email Address \_\_\_\_\_

**Circle One:** Shirt Size: YS YM YL S M L XL XXL XXXL OR MASK

**Registration/Release Consent:** In consideration of the purposes, objectives, and work of Valley Haven School and The Arc of the Chattahoochee Valley, Inc., and in consideration of their permitting me to participate in the Hike/Bike/Run, on behalf of myself, my parents, my heirs, executors, administrators and assigns, I or we hereby waive and release any and all rights and claims for damage which I or we may incur against Valley Haven School or The Arc of the Chattahoochee Valley, Inc., as well as any other injuries which I may suffer while taking part in the event or as a result thereof. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit to participate in this event.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

\*Parent must sign if participant is under 18 year of age

More information is available by calling Valley Haven School at (334) 756-2868, visit our web site at [www.valleyhavenschool.org](http://www.valleyhavenschool.org), e-mail [valleyhaven@valleyhavenschool.org](mailto:valleyhaven@valleyhavenschool.org).  
Valley Haven serves children and adults with intellectual and developmental disabilities and their families. This run is part of the annual fund drive.