



SAUNA

Wrest Point Health Club

is a place to exercise as well as to recharge.

You can live like you're on holidays all year round with membership to our fully appointed health club.

You'll find a relaxed and friendly environment with free parking, WiFi, towels, lockers, change rooms, showers and full facilities.

As part of HT Health Group, our full range of services include:

Exercise Physiology, Physiotherapy, Remedial Massage, Medical Acupuncture, Health Coaching, Pain Coaching, Personal Training, Body Scanning, Athletic Performance & Testing



HT Health Group

WREST POINT HEALTH CLUB



(03) 62211675



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www.hthealth.com.au

410 Sandy Bay Road, Sandy Bay. Tasmania



HT Health Group

WREST POINT HEALTH CLUB

Gym
Heated Pool
Spa
Saunas



HT Health Group

Membership Options:

\$0 JOINING FEE ON ALL MEMBERSHIPS

12 months	\$850
6 months	\$550
3 months	\$350
1 month	\$150
1 week	\$55
casual visits	\$20

Direct Debit memberships are available on a fortnightly payments:

12 months	\$18 per week
6 months	\$22.50 per week
3 months	\$32 per week

- > Discounts apply for renewing members on your upfront payment.
- > Members can bring a guest for 1/2 price casual entry.
- > Discounts apply for Federal Group employees

Join & book in now

Join for 6 or 12 months to receive a **FREE session with one of our qualified trainers.**

Member Access

Your membership card gives you access to the Health Club from 6am until 10pm 7 days per week including public holidays

Included benefits

All memberships include full access to the entire Health Club.

> Fully equipped gym

Excellent range of Technogym equipment, cable multi gym stations, free weights & machine weights.

> Heated pool

> Spa

For all your relaxation and recovery needs

> Saunas

Enjoy all the health & relaxation benefits of sauna

> **Qualified personal trainers** on staff weekdays to assist you, answer any questions & help you achieve your goals.

Sign up now

Sign up online or come into the Health Club to speak with one of our friendly reception staff.

