

W FEMME T FET F FETALE

ISSUE 5, DECEMBER 2024

#UCAPHOENIXGLOWUP

OUR 31 DAY GLOW UP FITNESS CHALLENGE - IF YOU HAVEN'T JOINT YET - THERE IS STILL TIME

ENGAGEMENT DYNAMICS

EMPOWERING LEADERS, TRANSFORMING ORGANISATIONS

IT WAS A GREAT #CHICKSMAS

A LOOK INTO OUR MEMBERS' FIRST YEAR END FUNCTION

New Beginnings, Bold Goals

Dearest magical goddesses,

Happy New Year and welcome to the first Femme Fatale edition of 2025!

As we step into this new chapter, I am filled with gratitude for the incredible blessings we experienced over the festive season. This Christmas was truly special for the United Chicks Association. Thanks to a generous anonymous donation towards our BackaBuddy Campaign, we're even closer to empowering more women to achieve their entrepreneurial dreams. To our mystery donor, thank you for your belief in our mission!

We also celebrated the addition of a new member to the UCA family, bringing us to 11 incredible members strong. Each woman adds a unique energy and perspective, and we are thrilled to grow even further. Our goal is ambitious but achievable—we aim to welcome 20 members by March 2025, and with your support, we know we'll get there.

Our #Chicksmas function was another highlight, where members came together to network, connect, and inspire one another. It was a beautiful reminder of the strength and support that makes the UCA community so unique.

Looking ahead, we have so much to be excited about. There's still time to sign up for the #UCAPhoenixGlowUp Challenge, starting 6 January. This 30-day collaboration with Phoenix Fitness is the perfect opportunity to kickstart your year with focus, energy, and determination. Don't miss out on this chance to challenge yourself and glow up with us!

I'm also thrilled to announce our first in-person public networking session, set for 15 March 2025. This event will feature phenomenal speakers, exciting prizes, and, of course, a room full of inspiring, like-minded individuals. It's an incredible opportunity to connect, learn, and grow—so mark your calendars!

As we embrace 2025, I am inspired by the energy, passion, and determination of this community. Together, we'll continue to uplift, empower, and create opportunities for women entrepreneurs to thrive. Thank you for being part of this journey and for making UCA the extraordinary network it is.

Here's to a year of growth, connection, and unstoppable success!

With gratitude and excitement,





JOIN THE #UCAPHOENIXGLOWUP CHALLENGE AND SHINE BRIGHTER THIS SUMMER!

Summer is just around the corner, and there's no better time to get ready to glow! The United Chicks Association (UCA) has teamed up with Phoenix Fitness to bring you the 31-Day Glow-Up Challenge—an exciting way to get stronger, more confident, and feel amazing as you embrace the sunny season ahead.

From 6 January, this challenge is led by IBFF Fitness Model and Personal Trainer, Truzaan Berowsky, and is open to all our fabulous UCA chicks across South Africa. Whether you're new to fitness or a seasoned pro, this challenge is designed to meet you where you are and help you level up your fitness game.

WHAT'S THE DEAL?

At UCA, we're all about empowering women to feel their absolute best—mind, body, and spirit. The #UCAPhoenixGlowUp Challenge is not just about physical transformation; it's about growing stronger together as a community of fierce, supportive women.

Throughout the 31 days, you'll receive:

- Fun and effective workouts tailored to all fitness levels
- Fitness tips to keep you motivated and on track
- The support of an amazing tribe of women cheering you on every step of the way

But that's not all! We're bringing even more excitement to the challenge with:

- Weekly mini-challenges
- Giveaways to keep the energy high
- Motivational boosts to help you stay focused and achieve your best results

WHAT'S THE PRIZE?

The most impressive transformation will win one month of free online coaching with Truzaan Berowsky, valued at R1,000. You'll also be celebrated and featured on our socials and in the February 2025 issue of The Femme Fatale magazine!

HOW TO JOIN?

It's simple! The challenge is open to all fitness levels, so whether you're just starting or looking to push yourself further, we've got you covered. Sign up today, submit your before photo, and prepare to show us your after transformation at the end of the month.

Let's kickstart 2025 in style and strength—together! We can't wait to see all the amazing transformations.

Don't miss out! Follow the hashtag #UCAPhoenixGlowUp across our socials and keep up with all the action throughout January. For all the Femme Fatales already signed up—KUDOS to you, and good luck! You've got this!

Ready to glow up? Let's make this the best year yet! ✨



SAVE
15

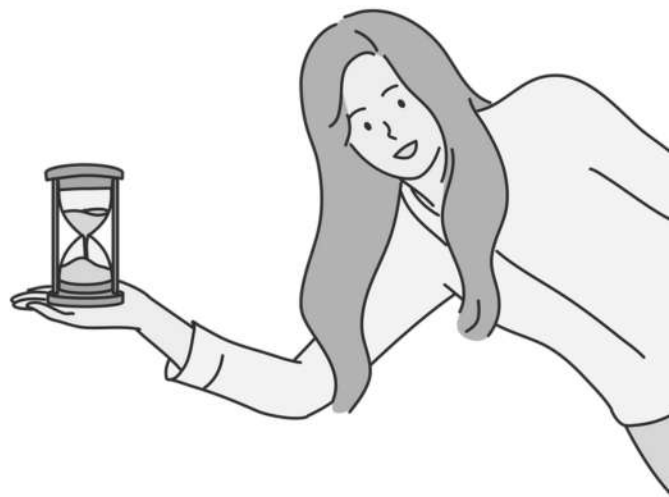
THE

03

DATE

25

UCA
unitedchicks
association



JOIN US FOR OUR FIRST IN-PERSON WOMEN'S EVENT

who should attend?

- Current & Aspiring:
 - Female Entrepreneurs
 - Small Business Owners
- Females wanting to support females!

what you can expect

- Dynamic Networking Opportunities
- Inspirational Speakers
- Fun Activities
- Giveaways and Surprises

why attend?

- This is more than just an event—it's a celebration of our community, our dreams, and our shared vision for the future.
- It's an opportunity to connect, learn, and grow together, making meaningful connections that will support you on your journey.

want more information?

More information on ticket sales, venue & full agenda will be released in due time, however if you are interested on understanding more about UCA, the event, or opportunities for your business, contact us on info@ucassociation.org

WWW.UCASSOCIATION.ORG | INFO@UCASSOCIATION.ORG

United Chicks Association (UCA) - Educational Sponsorship

Started 5 months ago

Open end-date

R 1 270

5%

of R 25 000 goal

Donate ♥

Share ↗

R 550

Offline donations

4

Unique donors

HELP US REACH OUR GOAL OF R25 000 BY JUNE 2025
IN ORDER TO SPONSOR THE NEXT AMAZING FEMALE(S)
ENTREPRENEUR(S) OR BUSINESS OWNER(S)!



EMPOWERING LEADERS, TRANSFORMING ORGANISATIONS

THE STORY BEHIND ENGAGEMENT DYNAMICS

JANET DU PREEZ

Complexities abound when people build organisations and leaders often grapple with the question of how to grow sustainably while staying true to their core beliefs and aspirations? Engagement Dynamics is a consultancy built to provide clear, actionable, and transformative solutions for ambitious, passionate and purpose-driven leaders and their organisations.

Founded on principles like empowerment, emergence, growth, and strategic intentionality, Engagement Dynamics is a partner in progress. We're thrilled to share our journey, our powerful toolkit, and our commitment to unlocking potential for leaders, rapidly scaling businesses, and medium-sized enterprises poised for their next leap.

OUR JOURNEY: THE ORIGINS OF ENGAGEMENT DYNAMICS

Engagement Dynamics was founded in 2007, by Janet du Preez to address a critical gap in the market. Many organisations struggle to navigate growth and change, particularly during complex transitions. Drawing on years of experience, we enable businesses to thrive, not just survive, through these challenges.

With an emphasis on tailored solutions, we approach organisational development holistically and systemically. From overhauling structures to crafting strategic initiatives, we specialise in creating frameworks that empower leaders and teams to excel. It's not about fitting organisations into a predefined model; it's about co-creating solutions that work for their unique context.

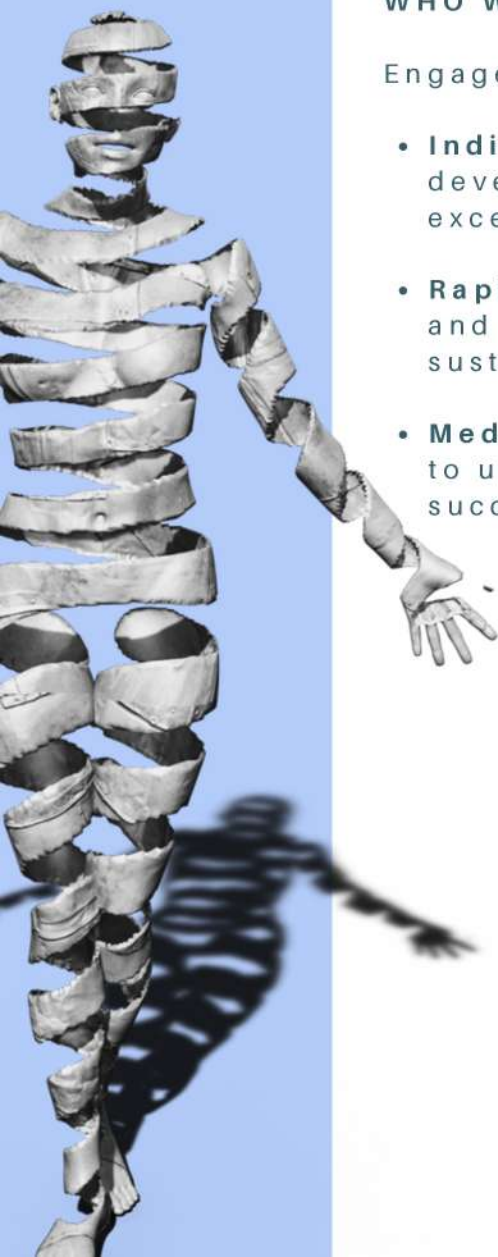
Our founder's story is one of persistence and passion. With deep transdisciplinary roots and a keen understanding of both people and processes, Janet has created bespoke services and solutions that actively enable organisations to maximise their positive impact and potential.

OUR UNIQUE TOOLKIT: THE SECRET TO SUCCESS

At the heart of Engagement Dynamics' success is a rich proprietary toolkit designed to tackle modern leadership and organisational growth challenges and deliver measurable results. The toolkit includes:

- **Proprietary Frameworks:** Powerful schemas that make sense of how people engage to achieve organisational objectives.
- **Creative Design:** Art elements and games are injected into great theoretical solutions to develop beautiful, useful, unique and engaging solutions.
- **Change Readiness Assessments and Diagnostic Tools:** Predominantly assessment tools enable clients to see their capacity to adapt, strengths and understanding potential for improvement.
- **World Class Coaching and Facilitation Skills:** Rooted in significant experience, effective methodology, well-honed, multi-disciplinary insight and compassion.





- **Leadership Acceleration Games and Programmes:** Customised initiatives that fast-track leadership development.
- **Cultural Development Solutions:** Uncover hidden dynamics within organisations to strengthen culture and engagement.
- **Optimisation of People System:** Build robust, scalable People systems that support growth.

These tools, combined with a collaborative approach, empower organisations to navigate challenges with clarity and confidence, whether preparing for growth or fostering innovation.

WHO WE SERVE

Engagement Dynamics focuses on three key audiences:

- **Individual Leaders:** 1:1 and group leader coaching and development programmes to support leadership excellence and strategic achievement.
- **Rapidly-Scaling Organisations:** Co-designing systems and structures that allow businesses to scale sustainably while constantly improving their culture.
- **Medium-Sized Enterprises:** Offering fresh perspectives to unlock potential and build strategies for lasting success.

OUR VALUE

Our belief in the power of people and systems sets Engagement Dynamics apart. Every transformation begins with individuals inspired and equipped to make a positive difference. Key areas where we add value include:

- **Strategic Clarity:** Aligning vision with actionable plans.
- **Organisational Development:** Designing structures and systems for growth.

- **Leadership Empowerment:** Equipping leaders to navigate complex challenges.
- **Culture Building:** Ensuring that growth aligns with cultural aspirations.

LOOKING AHEAD

As we step into 2025, our commitment to making a difference remains stronger than ever. Joining United Chicks Association is an exciting opportunity to connect with like-minded professionals, share insights, and collaborate on impactful initiatives. We're here to contribute to a vibrant community of empowered leaders and thriving organisations.

www.engagementdynamics.co.za | janet@engagementdynamics.com |



Customized Wooden Hand-painted Wedding Cake Toppers

Mini Me & You SA

Add a personal touch to your special occasion with our customized wooden hand-painted cake toppers. Each topper is meticulously crafted and painted by hand, ensuring a unique and beautiful design that perfectly complements your celebration. Whether it's for a wedding, birthday, or anniversary, our toppers are tailored to your theme and style, making your cake truly one-of-a-kind.

These toppers are not only a delightful finishing touch to your cake but also a perfect keepsake to treasure your happily ever after. Keep it as a timeless reminder of your special day, or display it as a charming piece of decor in your home. Crafted with love and care, our wooden cake toppers add a memorable, rustic elegance to any celebration.

@minimeandyouusa



#FABULOUSFINDS

a little insight into our amazing #CHICKSMAS at Create Lonehill

create

LONEHILL













Volali Soft Design

Plush designer | @francibarnard3





#FABULOUSFINDS

OUR MEMBERS



Specialising in Caricature Portraits and Caricature Live Events, Amani Caricatures brings a unique blend of artistry and entertainment to any occasion. Whether you're looking to capture memorable moments with a fun twist or add a lively and creative element to your event, Amani Caricatures' work is sure to impress. Their talent for turning faces into charming, exaggerated art pieces will leave you and your guests with unforgettable keepsakes. Perfect for corporate functions, weddings, or any gathering where laughter and creativity are welcome.

 @amani.caricatures  Pretoria



BUSHVELD STREET EATS
COOKED WITH FIRE & IRON

Bushveld Street Eats brings the vibrant flavors of South Africa's street food to life! Inspired by the rustic charm and rich culture of the bushveld, they celebrate local ingredients and time-honored recipes. With every bite, experience a taste of the outdoors and the rich culinary traditions of our beautiful land.

 +27 78 177 4682  Tarlton



Specialising in unique designs for t-shirts and personalised keychains, Chosen Vinyl Custom Printing brings a fresh perspective to the world of custom merchandise.

 chos.enprintingdesigning11  Krugersdorp



ELFIN EVENTS
Architects Of Atmosphere

From corporate events to intimate gatherings, Elfin Event Dynamics delivers exceptional service and creativity to every project. We offer incentive travel, unique corporate gifts, and have worked with clients from charities to major brands like Salesforce and ABSA. We're proud to have organised the launch of Mandela's 46664 campaign. Let us bring your next event to life!

 www.elfinevents.co.za  Fourways




Engagement Dynamics is a leadership and organisational development company, driven by intentional thinking, deep connection with our clients and delivery-focused action. We support and promote superb, strategic, astute leadership, effective engagement of people and dynamic responsiveness to change, complexity and conflict.

 +27 76 626 6047  Johannesburg



A passionate graphic designer and artist dedicated to bringing your visual ideas to life. With a keen eye for detail and a creative flair, I offer bespoke graphic design solutions and unique art creations that captivate and inspire. Whether you're seeking compelling designs for your brand or one-of-a-kind art pieces, my mission is to deliver exceptional quality and creativity tailored to your needs.

 +27 64 559 4330  Boksburg



Your place to get delicious & beautiful handmade royal iced cookies, handbags & zipper pouches. Look out for collaborations with other local small businesses.

 justtgoodies.co.za  Boksburg



Discover timeless craftsmanship with Lady Rischmuller Handmade, where every piece is uniquely designed and carefully handcrafted. From luxurious leather goods to beautifully curated accessories, Lady Rischmuller adds a touch of elegance and style to your everyday life. Proudly South African, their products celebrate quality, creativity, and attention to detail. Explore their stunning collections and indulge in the artistry of handmade excellence.

 @lady_rischmuller_handmade_  Nelspruit



At Ozone & Health Hub, we combine the revitalizing benefits of ozone therapy with a range of nutritious wholefood products to promote holistic wellness. Our female-led business is dedicated to helping you achieve optimal health, offering treatments that boost immunity and enhance vitality. Experience the difference with Ozone & Health Hub, where well-being and empowerment go hand in hand.

 +27 79 697 4790  Pretoria



Empowering women to rise stronger, Phoenix Fitness goes beyond physical wellness, inspiring confidence, resilience, and self-worth through every step of the journey.

 +27 83 324 8416  Benoni





At Red Feather, we're passionate about elevating your bath experience with our organic, rose-infused bath salts, body scrubs, and bath oils. Each product is crafted with care to provide a luxurious and rejuvenating experience, helping you unwind and pamper yourself naturally. Treat yourself to the soothing and aromatic delights of Red Feather, and transform your bath time into a serene retreat.

 +27 66 055 7677  Tarlton



At Ribbon Your Hair it is our passion to accessorise your children's hair for any occasion (school, formal & fun). Contact us for your custom made bows & ribbons today!

 +27 66 058 6236  Alberton



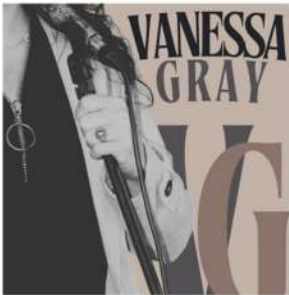
Since branding is a service based business – SA Attitude focuses on personalised customer service and support. They are an owner managed, family business, with a vision is to be your first call for branding expertise, and be your branding advisor and labelling consultant. Their mission is to put the personal touch back in customer service while branding your company and creating logo visibility that you can be proud of. SA Attitude makes it happen for you – just the way you imagined it. And yes, they do have an attitude! #SAAttitude

+27 79 513 2421 Benoni



Experience the natural healing of sports massage and holistic health services for your physical, mental, and spiritual well-being. Let expert care rejuvenate and restore your body and mind.

@taylorlovingcare_ Benoni



Vanessa Gray is a versatile vocalist who brings her musical talent to restaurants, year-end events, birthdays, pubs, private gigs, and weddings. In addition to performing, she offers voice and singing coaching to help others find their unique sound. Whether you're looking for live entertainment or wanting to improve your vocal skills, Vanessa Gray delivers with passion and expertise.

+27 66 055 7677 Tarlton

MEMBERSHIPS

Duchess R50pm

- **Access to the UCA Network:** Connect with like-minded women and entrepreneurs for collaboration and support.
- **Monthly Online Networking Sessions:** Participate in virtual networking events to expand your professional circle.
- **WhatsApp Group Marketing:** Share your business promotions within the UCA community *once a month* (either at the beginning or end of the month).
- **Femme Fatale Magazine Advertisement:** *Get one free advertisement and publish one article per year to showcase your expertise.*

Countess R100pm

- **Access to the UCA Network:** Connect with like-minded women and entrepreneurs for collaboration and support.
- **Monthly Online Networking Sessions:** Participate in virtual networking events to expand your professional circle.
- **WhatsApp Group Marketing:** Share your business promotions *once a month* (either at the beginning or end of the month) with an additional promotion boost through priority placement.
- **Femme Fatale Magazine Advertisement:** *Two free advertisements and two articles per year to promote your business or achievements.*
- **Discounted Workshops & Seminars:** Get exclusive invitations to UCA members-only workshops and seminars at reduced rates.
- **Member Spotlight:** Be featured on UCA's social media platforms to promote your personal or business brand.
- **Priority Support:** Access faster and more personalised assistance from the UCA team.



Princess R200pm

- **Access to the UCA Network:** Connect with like-minded women and entrepreneurs for collaboration and support.
- **Monthly Online Networking Sessions:** Participate in virtual networking events to expand your professional circle.
- **WhatsApp Group Marketing:** Promote your business *twice a month* (beginning and end), receiving additional promotional support within the group.
- **Femme Fatale Magazine Advertisement:** *Four free advertisements and four articles per year to maximize your visibility.*
- **Discounted entry to UCA hosted Events, Workshops & Seminars:** Get exclusive invitations to UCA members-only workshops and seminars at reduced rates.
- **Member Spotlight:** Be featured on UCA's social media platforms to promote your personal or business brand.
- **Priority Support:** Access faster and more personalised assistance from the UCA team.
- **One-on-One Business Coaching:** Gain access to personalised business advice through one-on-one coaching sessions (if required / requested).
- **Opportunities to Host Webinars & Workshops:** Share your knowledge and skills by leading events within the UCA community.
- **UCA Branded Denim Jacket:** Enjoy discounted rates on the exclusive UCA-branded denim jacket after completing 12 months of membership.

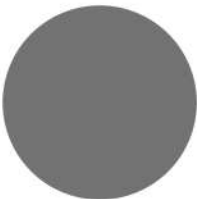




Queen R300pm

- **Access to the UCA Network:** Connect with like-minded women and entrepreneurs for collaboration and support.
- **Monthly Online Networking Sessions:** Participate in virtual networking events to expand your professional circle.
- **WhatsApp Group Marketing:** Enjoy *unlimited* WhatsApp marketing posts, giving you the most visibility and reach within the UCA community.
- **Femme Fatale Magazine Advertisement:** *Unlimited* advertisements and article submissions, ensuring constant exposure for your business.
- **Free Entry to UCA hosted events, Workshops & Seminars:** Attend exclusive workshops & seminars without paying extra.
- **Featured Guest at Events:** Be spotlighted as a key UCA member during select events.
- **Member Spotlight:** Be featured on UCA's social media platforms to promote your personal or business brand.
- **Priority Support:** Access faster and more personalised assistance from the UCA team.
- **One-on-One Business Coaching:** Gain access to personalised business advice through one-on-one coaching sessions (if required / requested).
- **Opportunities to Host Webinars & Workshops:** Share your knowledge and skills by leading events within the UCA community.
- **Free UCA Branded Denim Jacket:** Receive a free denim jacket after 12 months of membership, a token of appreciation for your commitment.


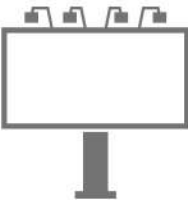



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FULL PAGE R100	"BILLBOARD" R75	HALF PAGE R50	BANNER R35	QUARTER PAGE R 25


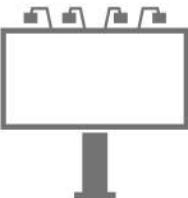



3-MONTH PACKAGE

				
FULL PAGE R250	"BILLBOARD" R180	HALF PAGE R130	BANNER R90	QUARTER PAGE R60

6-MONTH PACKAGE

				
FULL PAGE R450	"BILLBOARD" R360	HALF PAGE R240	BANNER R180	QUARTER PAGE R120

ANNUAL PACKAGE

				
FULL PAGE R800	"BILLBOARD" R600	HALF PAGE R400	BANNER R300	QUARTER PAGE R200



link to our website here

designed by www.gritt.co.za



follow us:



www.ucassociation.org
info@ucassociation.org
+27 64 559 4330