



SELF- ASSESSMENT TOOL

This simple self-assessment tool will help you define your opportunities for growth. The competencies are listed on the left side of the grid. Across the top are columns numbered from 1 to 10, 1 being the least competent and 10 being the most skilled.

For each capability, rate yourself by placing a dot or mark under the appropriate number that reflects your level of proficiency as you perceive it. Once you complete your ratings for all 23 competencies, you will have a big picture to guide you in focusing your developmental efforts.

You may or may not aspire to get a Visual Practitioner certificate, but it is important to note that in order to pass the assessment, ratings will need to be in the higher ranges. Suppose you are starting your visual practitioner career. In that case, you will see exactly where the most significant opportunities for development and your strengths are, making it easier to choose which training or workshops will benefit you the most.

FEEL: EMOTIONAL INTELLIGENCE	1	2	3	4	5	6	7	8	9	10
Self awareness										
Remain present										
Self management										
Cultural competence										
Unbiased listening										

KNOW: EXPERTISE	1	2	3	4	5	6	7	8	9	10
Business expertise										
Professionalism										
Adaptive anticipation										
Professional growth										

DO: SKILLFULNESS	1	2	3	4	5	6	7	8	9	10
Legibility										
Drawing skills										
Preparation										
Group-oriented capture										
Adaptive performance										
Categorization										
Active listening										
Page layout										
Information design										
Hierarchy										
Pattern recognition										
Visual communication										
Documentation skills										
Group process										