#### **DOWNTOWN YMCA**

146 Arsenal Street Watertown, New York 13601

For program questions contact: Adrienne Alteri

Email: aalteri@nnyymca.org

Phone: 315.755.2130

For more information on programs, memberships, services, and to register: watertownymca.org



SCAN QR CODE TO REGISTER

Check out these other great YMCA programs:

- Tennis Leagues
- Pickleball Leagues
- Red Ball Youth Tennis





#### **GATEWAY FINANCIAL SCHOLARSHIP**

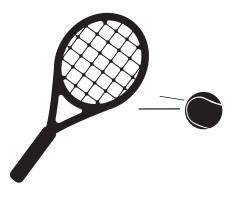
To successfully achieve our goal of providing service for all youth and families, with the support of the Northern New York Community Foundation, the WATERTOWN FAMILY YMCA, provides financial assistance to those who cannot afford the memberships or programs fees. Assistance is based upon the applicant's income and expenses.

Applications are available at the Welcome Center or online. YMCA is committed to protecting the privacy of its members and maintaining their personal information in confidence.









DOWNTOWN YMCA
JUNIOR
TENNIS DRILL
& MATCH PLAY
12-17 YEARS

REGISTRATION OPENS JUNE 2, 2025



## WHAT YOU NEED TO KNOW

Ages: 12-17 Years

**Location: Downtown Racquet Center** 

# Session 1:

Start Date: June 12, 2025

End Date: July 17, 2025

## Session 2:

**Start Date: July 24, 2025** 

End Date: August 28, 2025

Day & Time:

**Thursdays** 

4:30-6:00 PM

#### **Program Fee:**

\$40.00 - 6 Weeks

Limit: 16 Spots / Register early



## **REQUIRED EQUIPMENT**

Water Bottle Sneakers Racquet & Balls provided

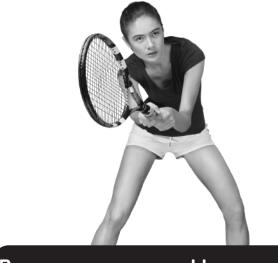
# JUNIOR TENNIS DRILL & MATCH PLAY

This Junior Tennis Drill & Match Play program is designed for high school players who are new to tennis or looking to refine their fundamental skills.

Proper form and footwork will be introduced to include concepts such as scoring, drills, body positioning, and strategy to lead to more competitive play skills.

The coach will be actively engaged on the court, providing feeds and personalized instruction throughout the session.

The last 45 minutes will focus on match play, where players will rotate and apply what they've learned in a competitive setting.



Program sponsored by:
NNY Community Foundation's
Junior Tennis Scholarship

Made possible with support by





















