Worldview Chart for Rebalancing Life Systems on Planet Earth

Common Kinship/Indigenous Worldview Manifestations

PRE-CONQUEST CONSCIOUSNESS

- 1. Egalitarian
- 2. Courage and fearless trust in the universe
- 3. Socially purposeful life
- 4. Emphasis on community welfare
- 5. Respect for various gender roles and fluidity
- 6. Emphasis on intangible values
- 7. Earth and all systems are living and loving
- 8. Emphasis on heart wisdom
- 9. Competition to develop positive potential
- 10. Empathetic
- 11. Bio-centric
- 12. Words are sacred, truthfulness is essential
- 13. Truth considered multifaceted, accepting the mysterious
- 14. Flexible boundaries and interconnected systems
- 15. Regular use of alternative consciousness
- 16. Recognition of spirit in All
- 17. Emphasis on holistic interconnectedness
- 18. High interpersonal engagement, touching
- 19. Inseparability of knowledge and action
- 20. Resistance to authoritarianism
- 21. Time as cyclical, permeable and fluid
- 22. Seeking complementary duality
- 23. Intolerance of injustice
- 24. Emphasis on responsibility
- 25. Generosity is way of life
- 26. Ceremony is life-sustaining
- 27. Learning is experiential and collaborative
- 28. Trance-based learning is helpful and natural
- 29. Human nature is good but malleable
- 30. Humor is essential tool for coping
- 31. Conflict resolution is return to community
- 32. Learning is holistic and place based
- 33. Personal vitality is essential
- 34. Nature's laws are primary
- 35. Holistic self-knowledge is most important
- 36. Autonomy for individual, group & future generations
- 37. Nature is benevolent and relational
- 38. All earth forms are sentient
- 39. High respect for the feminine
- 40. Honors diversity and multiple perspectives
- 41. Communal healing and transformative gatherings
- 42. Bonded to the land
- 43. Emphasis on becoming fully human
- 44. Mutual dependence
- 45. Centrality of gratitude
- 46. Noninterference
- 47. Relational healing is self-initiated
- 48. Understanding/embracing death and dying
- 49. Reciprocity is a guiding principle
- 50. Practical and spiritual connection to cosmos

Common Dominant Worldview Manifestations

POST-CONQUEST CONSCIOUSNESS

- 1. Rigid hierarchy
- 2. Fear-based thoughts and behaviors
- 3. Living without strong social purpose
- 4. Focus on self and personal gain
- 5. Rigid and discriminatory gender stereotypes
- 6. Emphasis on possessions
- 7. Earth as an unloving "it"
- 8. Emphasis on intellect
- 9. Competition to feel superior
- 10. Lacking empathy
- 11. Anthropocentric
- 12. Words used to deceive self or others
- 13. Truth claims as absolute, intolerant of ambiguity
- 14. Rigid boundaries and fragmented systems
- 15. Unfamiliarity with alternative consciousness
- 16. Imperceptive of spirit in All
- 17. Disregard for holistic interconnectedness
- 18. Minimal contact with others
- 19. Emphasis on theory and rhetoric
- 20. Acceptance of authoritarianism
- 21. Time as linear
- 22. Dualistic thinking
- 23. Acceptance of injustice
- 24. Emphasis on rights
- 25. Accumulation (hoarding) as way of life
- 26. Ceremony as rote formality
- 27. Learning as didactic
- ${\bf 28. \ Trance\ is\ dangerous\ or\ stemming\ from\ evil}$
- 29. Human nature as corrupt or evil
- 30. Humor used for put downs
- 31. Conflict mitigated via revenge, punishment
- 32. Learning is individualistic and passive
- 33. Personal vitality minimized
- 34. Societal laws are primary
- 35. Self-knowledge not prioritized
- 36. Autonomy for self alone
- 37. Nature as dangerous or utilitarian only
- 38. Other-than-human beings are not sentient
- 39. Low respect for the feminine
- 40. Little realization of the importance of diversity
- 41. Privatized healing and individualized transformation
- 42. Detachment from the land
- 43. De-emphasizing becoming fully human
- 44. Independence from relations
- 45. Centrality of striving
- 46. Manipulation of others
- 47. Relational healing is outsourced to experts
- 48. Fearing and avoiding death to the extreme
- 49. Competition as a guiding principle
- 50. Scientific interest in the cosmos

Most precepts originally published in *The Red Road* by Four Arrows and presented at UNGA78 with Darcia Narvaez. Collaboratively revised in fall 2024 publication of the book, *Restoring the Kinship Worldview: Indigenous Voices Introduce 28 Precepts for Rebalancing Life on Planet Earth.*

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