

COURSE OUTLINE

Week	Module	Topic(s)	Activities
1	1: Foundations of Reflective Practice	- Defining reflective practice - Explaining the evidence base	Discussion Post 1 + Peer Response
2		- Reflective frameworks - Barriers to reflective practice in SLP and strategies to overcome	Reflection 1
3	2: Reflection's Role in Self-Awareness and Professional Identity	- The role of self-awareness in clinical competence - Cultural humility and competence, and bias recognition - Values clarification	- Personal Values Assessment - Cultural Competence Self-Assessment Checklist - Disability IAT - Skin-Tone IAT
4		- Professional identity development stages - Imposter syndrome and confidence building	Reflection 2
5	3: Reflection's Role in Critical Thinking, Clinical Reasoning, and Balancing Multiple Perspectives	- Clinical reasoning models - Managing uncertainty and ambiguity - Reflective questioning techniques	Discussion Post 2 + Peer Response
6		- Perspective-taking in clinical practice - Reflection to support interdisciplinary collaboration	Reflection 3
7	4: Reflection's Role in Communication and Professional Relationships	- Communication patterns and conflict resolution styles - Reflective Supervision models - Giving and receiving feedback constructively - Using reflective practice to manage difficult conversations	- Communication Styles Self-Assessment - Thomas-Kilman Conflict Styles Questionnaire - Reflection 4
8		Advocating for reflection in supervision and mentorship	Reflection 5

		• Interprofessional collaboration and teamwork • Building reflective professional communities	
9	5: Reflection's Role in Resilience and Growth	• Professional development planning and goal setting • Reflective practice across career stages • Recognizing burnout and responding to it • Time management for reflection and growth activities • Technological and manual tools for reflection	• Reflection 6
10		• Preparing for clinical placements with a reflective mindset • Integrating your reflective framework into personal practice • Troubleshooting common reflection challenges • Sustainability planning for continued healthy professional growth	• Discussion Post 3 + Peer Response • Legacy Board