

Clinical Reasoning Reflection Template

Use this template after complex cases, challenging decisions, or when you want to deeply analyze your clinical thinking process.

Date: _____
Client Initials/
Session Identifier: _____
Setting: _____

PART 1: Situation Description

What happened? (Describe the facts objectively. Don't try to interpret them or assign emotion to them.)

Key Observations:

-
-
-
-
-

Actions I Took:

-
-
-
-
-

Outcome/Result:

PART 2: Situation Analysis

What possible explanations did I consider for why the situation happened as it did?

-
-
-
-
-

Evidence Analysis

Explanation	Supporting Evidence	Contradicting Evidence	Conclusion
			☐ Supported ☐ Rejected ☐ Uncertain
			☐ Supported ☐ Rejected ☐ Uncertain
			☐ Supported ☐ Rejected ☐ Uncertain
			☐ Supported ☐ Rejected ☐ Uncertain
			☐ Supported ☐ Rejected ☐ Uncertain

What additional information would have been helpful?

PART 3: Varied Perspectives

Client's Perspective

What might the client's experience have been? What were their priorities or concerns?

Family's Perspective

What might the family members have been thinking or feeling? What constraints or pressures might they be facing?

Other Professionals' Perspectives

How might other team members view this situation? What different priorities might they have?

My Perspective

What assumptions or biases might I have brought to the situation? What influenced my interpretation of the situation?

PART 4: Decision Analysis

Why did I decide to use the approach I did?

Alternative Approaches I Considered

Option 1:

Advantages:

-
-

Disadvantages:

-
-

Option 2:

Advantages:

-
-

Disadvantages:

-
-

What influenced my final choice?

How confident am I in my ultimate decision?

☐ Very confident ☐ Somewhat confident ☐ Uncertain ☐ No confident

PART 5: Outcome Reflection

Was the outcome what I expected?

☐ Yes ☐ Mostly ☐ Somewhat ☐ No

What worked well?

-
-
-

What didn't go as planned?

-
-
-

What would I do differently next time?

Key Learning Points:

- 1.
- 2.
- 3.

Questions I Still Have:

Follow-Up Actions Needed:

☐ Consult with my supervisor about: _____

☐ Consult with another discipline or professionals: _____

☐ Research/read about: _____

☐ Try a different approach: _____

☐ Gather additional assessment data about: _____

☐ Other: _____
