

FOOD FOR FAMILIES



UPDATE : MAY 2023

FACTS

FFF is helping 33 families
FFF is cooking 150 meals each week
FFF does not charge anything for the meals
60% of our families are single parents
86 children benefit from these meals

WE'VE BEEN ON THE TELLY!

Our Kitchen Team were very excited to have a BBC Film Crew filming us! Two journalists and a cameraman came along to find out what Food For Families was about. They were snapping away at us doing the cooking, peeling potatoes, stirring the stew, and putting the family Bonus Bags together. We had to do several 'takes', all while trying to cook 150 meals!



THE BONUS BAGS

When we started planning what Food For Families would be doing, we thought that we would only be cooking a meal. But then Morrison's offered to give us a 'food collection' day, which meant we were receiving a lot of tinned food and sundry items. A lot of this couldn't be used by us in the cooking, so

we decided to give each of the families a 'Bonus Bag' with a few additional items in, to help stretch their food budget a little bit. It was a bit serendipitous, and families could get different items each week as we never knew what we would be given. But then, Jez Cartwright came along, and asked if he could sponsor the bags, to ensure that families could have these bags every week. It has made a huge difference to the families we support.

150 MEALS

When we started cooking in February 2023, we really weren't sure how many families we should cater for. It was a huge leap in the dark. We knew that prices were rising – food, fuel, heating, all going up and we knew that for our local families this would be a very difficult time for them. It was strange because we wanted the numbers to increase, but obviously that meant that there were more families finding it hard to survive with the increased living costs. In just 7 weeks, we have increased the number of meals we are cooking from 12 to 150.

SUPPORT AND SPONSORSHIP

Every penny donated to Food For Families is spent on the buying, preparing, cooking and distributing the meals we give out for free. We value all are sponsors, because without your help, we would not be able to do this.

FOOD FOR FAMILIES  OUR SPONSORS



The Greetland Churches
BABY SONG

jigsaws@brighthouse

Broster's of Lindley Moor
Finest quality Yorkshire meats
Butchers • Farm Shop • Coffee Shop

ANDY THORNTON
SINCE 1975

GREETLAND COMMUNITY & SPORTING ASSOCIATION

DONATIONS

Food For Families • Lloyds Bank • Sort code: 30-99-50 • Account: 43051868

INTERNATIONAL WOMEN'S DAY

International Women's Day was on 8th March 2023. Part of the focus this year was on women's health, and empowering women to take part in normal life activities. In 2021 VAT on female sanitary ware was exempted in the UK. Morrison's Community Champion, Kat, offered Food For Families £50 of female sanitary products to put in the Bonus Bags. Thank you Morrison's.

MEET THE TEAM

Jeanette : Kitchen Manager

Jeanette is the bedrock of our organisation, bringing with her a wealth of knowledge from her previous roles in school kitchens.

Jo : Treasurer

Jo is super organised, and not only does our finances, but she has also taken on responsibility for the 'Bonus Bags'.

Chris

Is our local Councillor, and has helped us from the very beginning. She is our go-to person for Grant Funding and navigating the red tape.

Val

Is our 'go-to' kitchen helper, and her vegetable peeler superpowers really speed things up in the kitchen.

Katie

Katie loves a spreadsheet challenge, and she is the person who sorts out the Rota, and makes sure we are all pulling our weight!

Diane

Without Diane in our kitchen it would be a very boring place. She keeps us laughing all through the morning, and is a whiz with a scourer.

Tracy

When she is not on duty at the West Vale Co-op, Tracy is also helping at Food For Families. Tracy is always ready to step in and help, and does a range of food prepping, delivering, cleaning and washing up.

Richard

Other duties prevent Richard from joining us in the kitchen, but he does so much behind the scenes, and his claim to fame is 'Label Destroyer'!

Glenn

Has us all amused, and is the person who brought order into our work with a streamlined despatch system.

Jez

Loves shopping, and filling up those bonus bags! We are extremely grateful to Jez not only for his sponsorship, but for the fact that he joins in and helps.

Lesley

Brings her past business and commercial knowledge to the group and combines this with her previous catering knowledge.

Philippa

Is a very accomplished cook, has earned the title of 'Focaccia Queen' and has used her talents to teach us to make bread. And she makes the most amazing strawberry jam as well!

Graham

Has mastered the art of getting into West Vale playground with several large crates of food and meals to give out to the parents.

Sue

Helps in the kitchen, and has earned her stripes by becoming the vegetable super peeler. We hope Sue will help using her Domestic Science skills to create our cookery demonstrations which we are planning for later in the year.

Abi

Brings the average age of our group down considerably, and her ability to step in wherever needed is amazing. She is also the boss of our WhatsApp group, and helps to get us all tech savvy.

Tina

Joins us in the kitchen, prepping the food and giving us her pearls of wisdom.

Dave

Is our photographer, FaceBook and IT person.