thebodybar

PRICE LIST
SCARSDALE, NY

I Recovery room

PRIVATE SUITE
SAUNA + PLUNGE

SERVICE	1 PERSON	2 PERSON
30 min sauna	$40	$75
45 min sauna	$50	$85
30 min contrast	$55	$95
45 min contrast	$65	$105
Cold plunge	$25	$40

II Contrast studio

PRIVATE STUDIO
SAUNA + PLUNGE

SERVICE	1 PERSON	2 PERSON
30 min sauna	$35	$60
45 min sauna	$45	$75
Express contrast	$40	$80
30 min contrast	$50	$90
60 min contrast	$70	$115
Cold plunge	$25	$40

III Regen room

RED LIGHT
+ COMPRESSION

SERVICE	PER PERSON
Red light 20 min	$40
Red light 40 min	$70
Compression 30 min	$35
Compression 60 min	$60

IV Massage

LICENSED THERAPISTS
20+ YEARS EXPERIENCE

SERVICE	PER PERSON
30 min	$130
60 min	$180
90 min	$235

MEMBERSHIP

Members save on every service. Ask about unlimited access.

meet me at the bar

SCARSDALE, NEW YORK
THEBODYBAR.COM