



2022-2023 Affiliated Traditional Recreation Cheer & Non-Affiliated Performance Cheer

This document contains the competitive traditional recreational cheer divisions and performance cheer non-affiliated divisions offered for the 2022-2023 season. The age grid provides a list of divisions that may be offered by Spirit Championships.

All programs must classify their entire organization as one of the following:

AFFILIATED

- The program must be affiliated with, report to, and be governed by an organization such as; YMCA, Boys and Girls Club, City/County Parks and Recreational Program, American Youth Cheer, Pop Warner Association, or other community run program not associated with All Star. Each team must cheer for a sport during the 2022-2023 cheer season.

NON-AFFILIATED

- Organization may be independent of town/city organization/clubs. Team does not necessarily cheer for a supported, sports program.

CLASSIFICATIONS

- At the beginning of the season an organization must classify if they are Affiliated or Non-Affiliated. This must be verified before the competition season. Once the organizations affiliation has been declared:
 - A Non-Affiliated organization cannot move to an Affiliated division.
 - An Affiliated organization can move to the Non-Affiliated division; however, any bids they have earned as an Affiliated organization during the competitive season will be forfeited. The organization will not be eligible to return to the Affiliated division during the remainder of that competitive season.

Traditional Rec Affiliated

- Routines MUST consist of Cheer & Music combination
 - Routine Max: 2:30 minutes
- NO TOSSES ALLOWED
- Will Follow USASF All star Prep Cheer Rules

Performance Rec Non-Affiliated

- Routines may consist of Cheer & Music combination (cheer is not required)
 - Routine Max: 2:30 minutes
- Will Follow USASF All star Elite Cheer Rules
 - Exception: Level 4 - Fulls are allowed in running tumbling only and will be counted toward the running tumbling difficulty and technique scores.

The age of the athlete will be based on BIRTH YEAR for the 2022-2023 competitive season.



2022-2023 Affiliated Traditional Recreation Cheer & Non-Affiliated Performance Cheer

| TRADITIONAL RECREATION DIVISIONS *No Tosses in ANY Level* | | | |
|---|----------------|----------------------|--------------------------------|
| DIVISION | BIRTH YEAR | AGES | # OF PARTICIPANTS |
| TRADITIONAL REC LEVEL 1 | | | |
| TINY (6U) | 2015 and later | 6 years and younger | 5-36 members, Female/Male |
| MINI (8U) | 2013 and later | 8 years and younger | 5-36 members, Female/Male |
| PEE WEE (10U) | 2011 and later | 10 years and younger | 5-36 members, Female/Male |
| YOUTH (12U) | 2009 and later | 12 years and younger | 5-36 members, Female/Male |
| JUNIOR (14U) | 2007 and later | 14 years and younger | 5-36 members, Female/Male |
| SENIOR (18U) | 6/1/2003-2012 | 10-18 Years Old | 5-36 members, Female/Male |
| TRADITIONAL REC LEVEL 2.1 (level 2 building skills level 1 Tumbling skills) | | | |
| PEE WEE (10U) | 2011 and later | 10 years and younger | 5-36 members, Female/Male |
| YOUTH (12U) | 2009 and later | 12 years and younger | 5-36 members, Female/Male |
| JUNIOR (14U) | 2007 and later | 14 years and younger | 5-36 members, Female/Male |
| SENIOR (18U) | 6/1/2003-2012 | 10-18 Years Old | 5-36 members, Female/Male |
| TRADITIONAL REC LEVEL 2 | | | |
| PEE WEE (10U) | 2011 and later | 10 years and younger | 5-36 members, Female/Male |
| YOUTH (12U) | 2009 and later | 12 years and younger | 5-36 members, Female/Male |
| JUNIOR (14U) | 2007 and later | 14 years and younger | 5-36 members, Female/Male |
| SENIOR (18U) | 6/1/2003-2012 | 10-18 Years Old | 5-36 members, Female/Male |
| TRADITIONAL REC LEVEL 3.1 (level 3 building skills level 1 Tumbling skills) | | | |
| YOUTH (12U) | 2009 and later | 12 years and younger | 5-36 members, Female/Male |
| JUNIOR (14U) | 2007 and later | 14 years and younger | 5-36 members, Female/Male |
| SENIOR (18U) | 6/1/2003-2012 | 10-18 Years Old | 5-36 members, Female/Male |
| TRADITIONAL REC LEVEL 3 | | | |
| YOUTH (12U) | 2009 and later | 12 years and younger | 5-36 members, Female/Male |
| JUNIOR (14U) | 2007 and later | 14 years and younger | 5-36 members, Female/Male |
| SENIOR (18U) | 6/1/2003-2012 | 10-18 Years Old | 5-36 members, Female/Male |
| Recreation Exhibition | | | |
| EXHIBITION | 2002 and later | 18 years and younger | Unlimited Members, Female/Male |
| CHEERABILITIES (Special Athlete) | Any Age | Any Age | Unlimited Members, Female/Male |

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2022-2023 Affiliated Traditional Recreation Cheer & Non-Affiliated Performance Cheer

| PERFORMANCE RECREATION DIVISIONS | | | |
|---|----------------|----------------------|---------------------------|
| DIVISION | BIRTH YEAR | AGES | # OF PARTICIPANTS |
| PERFORMANCE REC LEVEL 1 | | | |
| TINY (6U) | 2015 and later | 6 years and younger | 5-36 members, Female/Male |
| MINI (8U) | 2013 and later | 8 years and younger | 5-36 members, Female/Male |
| PEE WEE (10U) | 2011 and later | 10 years and younger | 5-36 members, Female/Male |
| YOUTH (12U) | 2009 and later | 12 years and younger | 5-36 members, Female/Male |
| JUNIOR (14U) | 2007 and later | 14 years and younger | 5-36 members, Female/Male |
| SENIOR (18U) | 6/1/2003-2012 | 10-18 Years Old | 5-36 members, Female/Male |
| PERFORMANCE REC LEVEL 2.1 (level 2 building skills level 1 Tumbling skills) | | | |
| PEE WEE (10U) | 2011 and later | 10 years and younger | 5-36 members, Female/Male |
| YOUTH (12U) | 2009 and later | 12 years and younger | 5-36 members, Female/Male |
| JUNIOR (14U) | 2007 and later | 14 years and younger | 5-36 members, Female/Male |
| SENIOR (18U) | 6/1/2003-2012 | 10-18 Years Old | 5-36 members, Female/Male |
| PERFORMANCE REC LEVEL 2 | | | |
| PEE WEE (10U) | 2011 and later | 10 years and younger | 5-36 members, Female/Male |
| YOUTH (12U) | 2009 and later | 12 years and younger | 5-36 members, Female/Male |
| JUNIOR (14U) | 2007 and later | 14 years and younger | 5-36 members, Female/Male |
| SENIOR (18U) | 6/1/2003-2012 | 10-18 Years Old | 5-36 members, Female/Male |
| PERFORMANCE REC LEVEL 3.1 (level 3 building skills level 1 Tumbling skills) | | | |
| YOUTH (12U) | 2009 and later | 12 years and younger | 5-36 members, Female/Male |
| JUNIOR (14U) | 2007 and later | 14 years and younger | 5-36 members, Female/Male |
| SENIOR (18U) | 6/1/2003-2012 | 10-18 Years Old | 5-36 members, Female/Male |
| PERFORMANCE REC LEVEL 3 | | | |
| YOUTH (12U) | 2009 and later | 12 years and younger | 5-36 members, Female/Male |
| JUNIOR (14U) | 2007 and later | 14 years and younger | 5-36 members, Female/Male |
| SENIOR (18U) | 6/1/2003-2012 | 10-18 Years Old | 5-36 members, Female/Male |
| PERFORMANCE REC LEVEL 4.2 | | | |
| SENIOR (18U) | 6/1/2003-2012 | 10-18 Years Old | 5-36 members, Female/Male |
| PERFORMANCE REC LEVEL 4 | | | |
| JUNIOR (14U) | 2007 and later | 14 years and younger | 5-36 members, Female/Male |
| SENIOR (18U) | 6/1/2003-2012 | 10-18 Years Old | 5-36 members, Female/Male |

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| 2022-2023 AGE GRID | | | | | | |
|--------------------|-----------|------|---------|-------|--------|--------|
| BIRTH YEARS | DIVISIONS | | | | | |
| | TINY | MINI | PEE WEE | YOUTH | JUNIOR | SENIOR |
| 2015 AND LATER | X | X | X | X | X | |
| 2014 | | X | X | X | X | |
| 2013 | | X | X | X | X | |
| 2012 | | | X | X | X | X |
| 2011 | | | X | X | X | X |
| 2010 | | | | X | X | X |
| 2009 | | | | X | X | X |
| 2008 | | | | | X | X |
| 2007 | | | | | X | X |
| 2006 | | | | | | X |
| 2005 | | | | | | X |
| 2004 | | | | | | X |
| 2003 | | | | | | X |

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