

Allstar Elite Teams Scoresheet TUMBLING

| CHAMPUNSHIPS. | 8 | TUMBLING | | |
|------------------------|---|---|---|----------|
| STANDING TUMBLING | DIFFICULTY | EXECUTION | CREATIVITY | COMMENTS |
| SCORE GRID | BELOW 3.0-3.5– Skills performed do not meet low range requirement LOW 3.5-4.0 – Most of the team performs a level appropriate pass MEDIUM 4.0-4.5 – Majority of team performs a level appropriate pass which must be synchronized from the initiation of the pass HIGH 4.5-5.0 – Most of team performs a level appropriate pass which must be synchronized PLUS majority of the team performs an additional level appropriate pass | 3.0-3.5 Less than 50% of the athletes execute excellent precision and form 3.5-4.5 50% of the athletes execute excellent precision and form 4.5-5.0 75% of the athletes execute excellent precision and form | 2.0 – 2.3 Less than 50% of the tumbling skills incorporate visual, unique or innovative ideas. 2.3-2.5 50% of the tumbling skills incorporate visual, unique or innovative ideas | |
| STANDING TUMBLING | 5 | 5 | 2.5 | |
| RUNNING TUMBLING | DIFFICULTY | EXECUTION | CREATIVITY | COMMENTS |
| SCORE GRID | BELOW 3.0-3.5 – Skills performed do not meet low range requirement LOW 3.5-4.0 –Most of the team performs a level appropriate pass MEDIUM 4.0-4.5 – Majority of team performs an Elite level appropriate pass HIGH 4.5-5.0 – Most of the team performs an Elite level appropriate pass in the same section | 3.0-3.5 Less than 50% of the athletes execute excellent precision and form 3.5-4.5 50% of the athletes execute excellent precision and form 4.5-5.0 75% of the athletes execute excellent precision and form | 2.0 – 2.3 Less than 50% of the tumbling skills incorporate visual, unique or innovative ideas. 2.3-2.5 50% of tumbling skills incorporate visual, unique or innovative ideas | |
| RUNNING TUMBLING | 5 | 5 | 2.5 | |
| OVERALL ROUTINE | SCORE GRID | EXECUTION | CREATIVITY | COMMENTS |
| ROUTINE COMPOSITION | A team's ability to demonstrate precise spacing and seamless patterns of movement performed throughout the routine. This includes innovative, visual, and intricate ideas; as well as any additional skills performed to enhance the overall appeal. 8.5 - 10 | 10 | | |
| OVERALL PERFORMANCE | A team's ability to demonstrate high levels of energy and excitement while maintaining consistent uniformity, genuine enthusiasm and showmanship. This will include appropriate athletic impression throughout the routine 8.5 – 10 | 10 | | |
| TOTAL | 10 | 30 | 5 | 45 |