



**Allstar Prep Teams Scoresheet
TUMBLING**

STANDING TUMBLING	DIFFICULTY	EXECUTION	CREATIVITY	COMMENTS
SCORE GRID	<p>BELOW 3.0-3.5 – Skills performed do not meet low range requirement</p> <p>LOW 3.5-4.0 –Majority of team performs a level appropriate pass</p> <p>MEDIUM 4.0-4.5 – Most of team performs a level appropriate pass</p> <p>HIGH 4.5-5.0 – Majority of team performs a level appropriate pass which must be synchronized from the initiation of the pass</p>	<p>3.0-3.5 Less than 50% of the athletes execute excellent precision and form</p> <p>3.5-4.5 50% of the athletes execute excellent precision and form</p> <p>4.5-5.0 75% of the athletes execute excellent precision and form</p>	<p>2.0 – 2.3 Less than 50% of the tumbling skills incorporate visual, unique or innovative ideas.</p> <p>2.3-2.5 50% of the tumbling skills incorporate visual, unique or innovative ideas</p>	
STANDING TUMBLING	5	5	2.5	
RUNNING TUMBLING	DIFFICULTY	EXECUTION	CREATIVITY	COMMENTS
SCORE GRID	<p>BELOW 3.0-3.5 – Skills performed do not meet low range requirement</p> <p>LOW 3.5-4.0 –Less than Majority of team performs a level appropriate pass</p> <p>MEDIUM 4.0-4.5 – Majority of team performs a level appropriate pass</p> <p>HIGH 4.5-5.0 – Majority of team performs a level appropriate pass which must be synchronized from initiation of the pass</p>	<p>3.0-3.5 Less than 50% of the athletes execute excellent precision and form</p> <p>3.5-4.5 50% of the athletes execute excellent precision and form</p> <p>4.5-5.0 75% of the athletes execute excellent precision and form</p>	<p>2.0 – 2.3 Less than 50% of the tumbling skills incorporate visual, unique or innovative ideas.</p> <p>2.3-2.5 50% of tumbling skills incorporate visual, unique or innovative ideas</p>	
RUNNING TUMBLING	5	5	2.5	
OVERALL ROUTINE	SCORE GRID	EXECUTION	CREATIVITY	COMMENTS
ROUTINE COMPOSITION	<p>A team's ability to demonstrate precise spacing and seamless patterns of movement performed throughout the routine. This includes innovative, visual, and intricate ideas; as well as any additional skills performed to enhance the overall appeal.</p> <p align="center">8.5 - 10</p>	10		
OVERALL PERFORMANCE	<p>A team's ability to demonstrate high levels of energy and excitement while maintaining consistent uniformity, genuine enthusiasm and showmanship. This will include appropriate athletic impression throughout the routine</p> <p align="center">8.5 - 10</p>	10		
TOTAL	10	30	5	45