

Performance Rec Teams Scoresheet TUMBLING

<u>Guampiunships</u>		TUMBLING		
STANDING TUMBLING	DIFFICULTY	EXECUTION	CREATIVITY	COMMENTS
SCORE GRID	 BELOW 3.0-3.5– Skills performed do not meet low range requirement LOW 3.5-4.0 – Most of the team performs a level appropriate pass MEDIUM 4.0-4.5 – Majority of team performs a level appropriate pass which must be synchronized from the initiation of the pass HIGH 4.5-5.0 – Most of team performs a level appropriate pass which must be synchronized plus majority of the team performs an additional level appropriate pass 	3.0-3.5 Less than 50% of the athletes execute excellent precision and form 3.5-4.5 50% of the athletes execute excellent precision and form 4.5-5.0 75% of the athletes execute excellent precision and form	 2.0 – 2.3 Less than 50% of the tumbling skills incorporate visual, unique or innovative ideas. 2.3-2.5 50% of the tumbling skills incorporate visual, unique or innovative ideas 	
STANDING TUMBLING	5	5	2.5	
RUNNING TUMBLING	DIFFICULTY	EXECUTION	CREATIVITY	COMMENTS
SCORE GRID	 BELOW 3.0-3.5 – Skills performed do not meet low range requirement LOW 3.5-4.0 –Most of the team performs a level appropriate pass MEDIUM 4.0-4.5 – Majority of team performs an Elite level appropriate pass HIGH 4.5-5.0 – Most of the team performs an Elite level appropriate pass in the same section 	3.0-3.5 Less than 50% of the athletes execute excellent precision and form 3.5-4.5 50% of the athletes execute excellent precision and form 4.5-5.0 75% of the athletes execute excellent precision and form	 2.0 – 2.3 Less than 50% of the tumbling skills incorporate visual, unique or innovative ideas. 2.3-2.5 50% of tumbling skills incorporate visual, unique or innovative ideas 	
RUNNING TUMBLING	5	5	2.5	
OVERALL ROUTINE	SCORE GRID	EXECUTION	CREATIVITY	COMMENTS
ROUTINE COMPOSITION	A team's ability to demonstrate precise spacing and seamless patterns of movement performed throughout the routine. This includes innovative, visual, and intricate ideas; as well as any additional skills performed to enhance the overall appeal. 8.5 - 10	10		
OVERALL PERFORMANCE	A team's ability to demonstrate high levels of energy and excitement while maintaining consistent uniformity, genuine enthusiasm and showmanship. This will include appropriate athletic impression throughout the routine 8.5 – 10	10		
TOTAL	10	30	5	45