



Traditional and Game Day Recreation 2025-2026

Organization/Team Name _____ Phone No#: _____

Contacts Name (s): _____ Cell No#: _____

Organization Mailing Address: _____

Organization City/State/Zip: _____

Email Address: _____

**We reserve the right to combine to split divisions based on small/medium/large division.
Age groups will not be combined or split.**

Cheer Divisions	Team Level (Please Circle One)	Team Type (Please Circle One)	Team Name Ex: "Varsity"	Total Participants
TINY <i>6 and under</i> Birth year 2018 and later	Novice (no stunting) Level 1	Traditional Rec Game Day		
MINI <i>8 years and younger</i> Birth Year 2016 and Later	Novice (no stunting) Level 1	Traditional Rec Game Day		
Pee Wee <i>10 years and younger</i> Birth year 2014 and later	Level 1 Level 2.1 Level 2	Traditional Rec Game Day* *Level 1 only		
Youth <i>12 years and younger</i> Birth year 2012 and later	Level 1 Level 2.1 Level 2 Level 3.1 Level 3	Traditional Rec Game Day* *Level 1 or 2 only		
Juniors <i>14 years and younger</i> Birth year 2010 and later	Level 1 Level 2.1 Level 2 Level 3.1 Level 3	Traditional Rec Game Day* *Level 1 or 2 only		
Seniors <i>18 years old</i> Birth year (06/01/2006) or later	Level 1 Level 2.1 Level 2 Level 3.1 Level 3	Traditional Rec		

Levels listed in X.Y format follow Level X rules for Building Skills (Stunts, Pyramids, Dismounts) and Level Y rules for Tumbling Skills. Example: Level 2.1 follows Level 2 building rules with Level 1 tumbling rules. Please refer to the USASF Cheer Rules for Prep routine rules and guidelines. The specific page number is referenced in the Table of Contents of the USASF Cheer Rules