

ICNM Paris 2025

Aromatic Medicine Planetary Medicine

Navigating over 650 essential oils, the fundamentals of formulating, **Microdosing**, and custom-designing aromatic solutions from a whole-body perspective.

Michael Scholes

Alchemist, Therapeutic formulator, and
Natural Perfumer

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Pick a number between 1-100

Who am I

My name is Michael Scholes, and I have spent the last three decades teaching and consulting for companies and individuals worldwide. I have nearly 40 years of experience as a master blender, formulator, and trainer in aromatherapy, with over 35,000 students worldwide and more than 25,000 hours of teaching experience, complemented by over 100,000 hours of expertise in all aspects of aromatics. My services include lecturing on a wide variety of subjects related to health and well-being as it pertains to the use of natural essential oils as tools for change. My specialty is designing signature treatments, natural aromatic blends, and perfumes for specific physical, emotional, and psychological challenges related to one's constitution and predominant element. I am the owner of the Virginia-based, "Laboratory of Flowers".



"I was personally trained in 1987 by one of France's leading medical doctors specializing in aromatic medicine. At a corporate level I can help evaluate the health of a specific environment and provide assistance in providing corrective remedies."

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The Laboratory of Flowers – 1990-2026

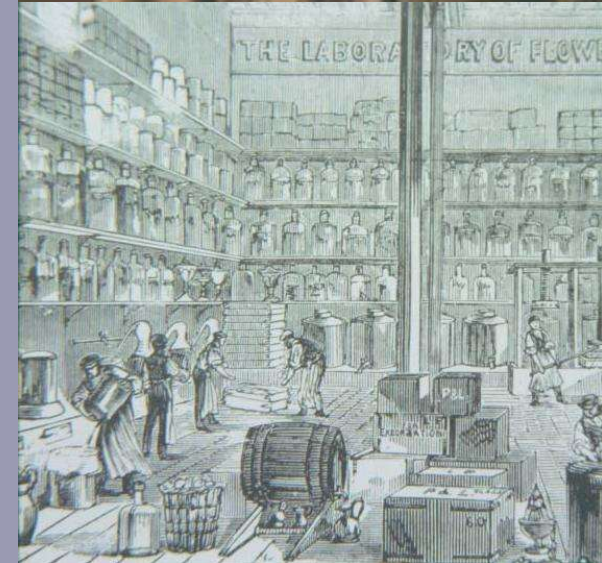
"Where flowers meet science"

The Laboratory of Flowers combines the therapeutic aspects of traditional perfume with the modern-day needs of the 21st century.

The Laboratory of Flowers has created the Aromatic Apothecary where traditional formulas from the past are created using a combination of alchemy and chemistry to create synergistic formulas for specific conditions or symptoms.

The Laboratory of Flowers is dedicated to preserving the past by using Organic resources (whenever possible) and designing products that focus on health and well-being.

We have one of the most extensive essential oil collections in the world that has now become our "Library of Fragrance" featuring over 650 essential oils.



Putting essential oils and aromatherapy to the test

1. Aromatherapy is the **art and science of formulating**, and there is no formal training.
2. Aromatherapy is often incorporated into other **modalities**.
3. One can study essential oils for a whole life and **know nothing** about essential oils or the plants from which they are derived.
4. When you combine with other modalities, **it ceases to be one thing**, and then you enter the great unknown.
5. **Dosage is everything**; the smell says it all, and success lies in whether it provides benefit for the condition or the reason it was formulated.
6. The challenge is that **we are also aromatic within ourselves**, and our scent reveals a lot about us that goes beyond our body odor.
7. Success is when you add a fragrance to your life, **resulting in something greater than yourself** that you cannot see or measure.
8. My skill is not what I know regarding knowledge and wisdom; it is **whether I can tune into you and make something for you that does not involve me**.
9. Like cooking, it's not what you know about food, but whether you can combine it into a dish that may even bring you to tears, like "**Water for Chocolate**", and heal at the same time.

What is the Essential in Essential Oils?

The essential is the thing that we cannot do without and is necessary. At the center is the sense of smell, and within this sense lies the olfactory system, connected to the Grand Central station of our minds, hearts, memories, and emotions, reaching far beyond the end of ourselves to where something greater resides.

“Essential oils or their combinations are not the answer to life’s woes. They will not save you, fix you, extend your life, or keep you from life’s failures, pains, and problems. They will not connect you to yourself or even someone else, will not mend a broken heart, save you from bankruptcy, a marriage or relationship gone astray, a breakdown, loss, or be an answer to life’s mysteries. They certainly will not save you from yourself, your addictions, inner conflict, or connect you to something greater than yourself, either through God or a higher power.”

What essential oils do is lower your anxiety, change your internal chemistry, improve your digestion, boost your immune system, calm your nervous system, and rest your mind, allowing you to connect with inner peace—a place where the answer to all that is good resides. **How do I know this?**

Why is Aromatic Medicine Planetary Medicine?



Why is Aromatic Medicine Planetary Medicine?

1. EOs are the **most concentrated** and **vital** form of herbal medicine.
2. They are **alchemical**, magical, and go beyond science.
3. Aromatic plants are **abundant** in nature.
4. Essential oils are **global**. They encompass every country, and this is what unites us and what we truly have in common.
5. They are **easy to transport**.
6. You only need **one drop** - 30,000 drops in a kg (approximately).
7. With one drop or less, you can change the frequency of the heart.
8. They have a **long shelf life beyond what is on the C of A**.
9. If you have an oil from a root, wood, leaf, fruit, fruit leaf, flower, and seed, you have everything you need to be **anthroposophical**, where all aspects of a human being are addressed from the physical, life, soul, and as a spiritual entity.
10. Essential oils work on **each person** physically, emotionally, mentally, psychologically, spiritually, energetically, simultaneously & individually.

Why are essential oils the natural solution?

Calm * Peace * Safety * Lifestyle * Nature * Anxiety * Depression, G_D

1. Anything you smell that is nature-based **calms** the mind and soothes the soul, making one automatically receptive to what is happening inside the body. This receptivity fosters a sense of connection, which in turn makes us feel safe, secure, and **peaceful**.
4. When we feel peace, we tune into something greater than ourselves and **seek resolution from something we cannot see**.
5. When **safe**, we can create and **manifest** by having our feet on the ground, living in the moment, and trusting.
6. When we separate or lose our **connection** to the natural world, we separate ourselves from our consciousness, prioritizing thoughts over feelings, and desires over everything else.
8. Almost all diseases are lifestyle-driven through **excesses, including genetics, the environment, anxiety, and unresolved trauma**.
9. Recent research has shown that **nature**-based activities can significantly reduce **anxiety and depression** in just 12 weeks.

34 ways to choose an Essential Oil

- ☐ Anthroposophical - Human Wisdom
- ☐ Altitude
- ☐ Astrology
- ☐ Availability
- ☐ Botany
- ☐ C of A, Allergen Statement, MSDS
- ☐ Chemistry
- ☐ Cost
- ☐ Color
- ☐ Compatibility
- ☐ Complexity
- ☐ Country of Origin
- ☐ Current health condition
- ☐ Distillation method
- ☐ Essential oil, absolute, CO2's
- ☐ Element
- ☐ Familiarity
- ☐ Historical significance
- ☐ Locally or globally produced
- ☐ Notes – top, middle, or base
- ☐ Odor Profile
- ☐ Part Distilled
- ☐ Plant signatures
- ☐ The philosophy of fragrance
- ☐ Quality: Organic, Conventional, Wild
- ☐ Science
- ☐ Research
- ☐ Seeking something that you cannot see
- ☐ Sensitivity
- ☐ Sustainability
- ☐ Species, Subspecies, Chemotype
- ☐ Therapeutic effect
- ☐ Uses
- ☐ Variety

Beginners

Intermediate

Advanced

Practitioner

Essential oils are complex



When we think of essential oils, we often think of the most common essential oils, such as lavender, rosemary, eucalyptus, etc. However, it is not always known that within a specific genus, there could be several species, subspecies, & chemotypes from multiple countries, within particular countries, at different altitudes, extracted through various extraction methods. Navigating such a wide variety of oils can be painstaking, challenging, and expensive if you end up with an oil with the same first name but a different last name than the one you need. How can you navigate through this complex aromatic equation to find the essential oils that suit your individual personality, and specific needs?

Essential oils are Global and in Every Country



What is real and what is not?



Joe Malone - Oud & Bergamot Cologne Intense \$315 3.40Z

A time-honored Middle Eastern tradition centered around an enveloping haze of captivating oud. This mysterious and precious wood is matched with the richness of black musk, radiating with crisp bergamot. Hypnotic and alluring.

Ingredients: Alcohol Denatured, water\Aqua\Eau, Fragrance (Parfum), Limonene, Linalool, Pentaerythrityl Tetra-Di-T-ButylHydroxyhydrocinnamate (a synthetic anti-oxidant).

While they use fragrance oils, these are based on essential oils, but are highly concentrated and not intended for direct skin application.

They use headspace analysis that allows them to capture the scent of ingredients that are difficult to extract naturally, such as honeysuckle. By analyzing the air around the flower, they can recreate the scent in a fragrance.

BY THE NUMBERS

1750 Essential oil formulas
691 Total Essential Oils
288 Organic Essential Oils
100 Master Formulations
167 Wild Essential Oil
135 Conventionally Grown
68 Synergies
66 Countries of origin
61 Absolutes
40 Carbon dioxide extracted
13 Artisan Crafted
3 Attars

96 E.O.s with/ multiple species, varieties and country of origin

13 basil	9 patchouli
18 chamomile	13 peppermint
11 cedarwood	17 rosemary
16 eucalyptus	10 Sage
18 fir	9 Spruce
12 frankincense	11 Thyme
11 geranium	19 Vetiver
29 lavender	

13 Basil – 7 species

030	Basil Holy Eugenol Rich India (most calming) Ocimum sanctum	Organic
030A	Basil Absolute Egypt Ocimum basilicum	Absolute
031	Basil Holy Eugenol Rich India (most Calming) Ocimum sanctum	Conventional
033	Basil Lemon USA Ocimum basilicum CT Citral	Conventional
034	Basil Linalool Egypt (contains estragole) Ocimum basilicum	Organic
035	Basil Linalool Egypt (contains estragole) Ocimum basilicum	Conventional
036	Basil Linalool USA (contains estragole) Ocimum basilicum	Conventional
037	Basil Sweet C02 Egypt Ocimum basilicum	C02
038	Basil Sweet Exotic/Chavicol (contains little or no linalool) Ocimum basilicum India	Organic
039	Basil Sweet Exotic/Chavicol India (contains little or no linalool) Ocimum basilicum-methyl chavicol	Conventional
039A	Basil (Clove Type) India Ocimum gratissimum India	Conventional
039B	Basil Wild India Ocimum basilicum Ex. Chhattisgarh	Wild

12 Cedarwood - 9 species

107	Cedar leaf Eastern, Canada (Tree of Life) ³ <i>Thuja occidentalis</i>	Conventional
108	Cedar leaf Western Red, Canada <i>Thuja plicata</i>	Wild
109	Cedarwood Atlas Morocco <i>Cedrus atlantica</i>	Organic
110	Cedarwood Atlas. Morocco <i>Cedrus atlantica</i>	Conventional
110A	Cedarwood Absolute Morocco <i>Cedrus atlantica</i>	Absolute
111	Cedarwood Hiba Japan <i>Thujopsis dolabrata</i>	Wild
112	Cedarwood Himalayan India <i>Cedrus deodara</i>	Organic
113	Cedarwood Texas USA <i>Juniperus Mexicana</i>	Wild
114	Cedarwood Virginia USA <i>Juniperus Virginiana</i> heartwood	Wild
114A	Cedarwood Virginia Rectified USA <i>Juniperus Virginiana</i> heartwood	Conventional
115	Cedarwood Yellow (nootka) USA <i>Cupressus Nootkatensis</i>	Wild
115A	Cedarwood (Weeping cypress) China <i>Cupressus funebris</i> Endl	Wild

18 Chamomiles – 5 species

074	Chamomile Cape S. Africa Enicocephalids punctulatus	Wild
076	Chamomile German France Matricaria recutita	Organic
077	Chamomile German Croatia Matricaria recutita	Organic
077A	Chamomile German Egypt Matricaria recutita	Conventional
078	Chamomile German England Matricaria recutita	Organic
079	Chamomile German India Matricaria recutita	Conventional
080	Chamomile German UK Matricaria chamomilla	Conventional
081	Chamomile Mixta Morocco Ormensis mixta	Conventional
082	Chamomile Roman – France Chamaemelum nobile	Organic
082A	Chamomile Roman – Bulgaria Chamaemelum nobile	Conventional
083	Chamomile Roman – France Chamaemelum nobile	Conventional
083A	Chamomile Roman – France Chamaemelum nobile	Conventional
084	Chamomile Roman – UK Chamaemelum nobile	Organic
085	Chamomile Roman – UK Chamaemelum nobile	Conventional
086	Chamomile Roman Domestic USA Chamaemelum nobile	Conventional
088	Chamomile Total CO2 Germany Matricaria recutita chamomilla	CO2

Though the chamomile, the more it is trodden on, the faster it grows, so youth, the more it is wasted, the sooner it wears.” -William Shakespeare, Henry IV.

15 Eucalyptus – 8 species

170	Eucalyptus Camaludensis Eucalyptus camaludensis Australia	Organic
171	Eucalyptus Citriodora, Madagascar Eucalyptus citriodora	Organic
172	Eucalyptus Dives Australia Eucalyptus dives–Broad leafed peppermint	Wild
174	Eucalyptus Globulus Australia Eucalyptus globulus	Organic
174A	Eucalyptus Globulus China Eucalyptus globulus	Conventional
174B	Eucalyptus Globulus Portugal Eucalyptus globulus	Organic
175	Eucalyptus Globulus Corsica Unrectified Eucalyptus globulus	Organic
176	Eucalyptus Globulus Crude Eucalyptus globulus Portugal	Organic
177	Eucalyptus Macarthurii S. Africa Eucalyptus macarthurii	Wild
178	Eucalyptus Polybractae Australia Eucalyptus polybractae Blue mallee	Organic
179	Eucalyptus Radiata Australia/South Africa Eucalyptus radiata	Organic
180	Eucalyptus Radiata Australia Eucalyptus radiata ((Narrow leaf peppermint)	Conventional
181	Eucalyptus Smithii Australia Eucalyptus smithii (Gully gum)	Organic
182	Eucalyptus Smithii Australia Eucalyptus smithii Unrectified	Organic
183	Eucalyptus Staigeriana, Brazil Eucalyptus Staigeriana	Organic

12 Frankincense – 6 species

205	Frankincense CO2 Oman <i>Boswellia carterii</i>	CO2
205A	Frankincense/Cedarwood Absolute Co-Distillation	Wild
205B	Frankincense Oman <i>Boswellia sacra</i> Flueck.	Wild
206	Frankincense Global 8 Mixed species	Wild
207	Frankincense India <i>Boswellia cerrata</i>	Organic Wild
207A	Frankincense Neglecta kenya <i>Boswellia neglecta</i>	Wild
207B	Frankincense Myrrh co-distillation <i>Boswellia carterii</i> & <i>Commiphora myrrha</i>	Wild
207C	Frankincense Vital Papyrifera Ethiopia <i>Boswellia papyrifera</i>	Wild
208	Frankincense Sacra (sacred) Oman <i>Boswellia sacra</i>	Wild
209	Frankincense Somalia Premium <i>Boswellia carterii</i> (Steam)	Wild
211	Frankincense Somalia <i>Boswellia carterii</i>	Wild
213	Frankincense Somalia (Hydro) <i>Boswellia frerana</i>	Organic Wild

17 Rosemary – 5 species

474	Rosemary Borneol France Rosmarinus officinalis bornyl	Organic
475	Rosemary Cineol Type Morocco Rosmarinus officinalis	Organic
476	Rosemary Cineol Type Tunisia Rosmarinus officinalis	Organic
476A	Rosemary Cineol Type Spain Rosmarinus officinalis	Organic
477	Rosemary Cineol Type Morocco Rosmarinus officinalis	Conventional
477A	Rosemary Cineol Tunisia Rosmarinus officinalis	Conventional
477B	Rosemary England Rosmarinus officinalis	Conventional
479	Rosemary Highland Spain Rosmarinus officinalis	Organic Wild
479A	Rosemary Provence Rosmarinus officinale pyramidalis	Wild
480	Rosemary Spain (camphor) Rosmarinus officinalis	Organic
481	Rosemary Spain (camphor) Rosmarinus officinalis	Conventional
482	Rosemary Verbenone Corsica Rosmarinus off. Verbenone	Organic
482A	Rosemary Verbenone Spain Rosmarinus off. Verbenone	Organic
482B	Rosemary Verbenone Malawi Rosmarinus off. Verbenone	Organic
484	Rosemary Verbenone CO2 Spain Rosmarinus off. Verbenone	CO2
485	Rosemary Wild South Africa Enicocephalids racemosus "Tuscan Blue"	Wild

MICRODOSING

The fundamentals of microdosing?

1. There are at least **3,000 constituents** found in a wide range of essential oils, where the **major, not the minor**, components are looked at in detail, and the smallest (less than 1%) are often ignored.
2. When we smell, it takes just a few **molecules** for the brain to register what it has experienced, and many more molecules before we register what we have smelled.
3. In many instances, the **smallest can have the most significant impact**. Take rose, for example, where the smell of rose is derived from less than 1% of the overall molecules, and there are over 300 constituents that make up rose essential oils.
4. Aromatic Plants use the **smallest** of aromatic molecules to heal internally and communicate externally.
5. Modern-day distillation, on an industrial scale, is primarily concerned with meeting the **minimum standard** and capturing the major constituents.
6. To capture all the molecules, one needs to use **small-batch distillation** on an artisan scale using wildcrafted plants. When molecules are missing in the blend, their effectiveness diminishes as they are multi-dimensional in their overall effect.
7. For physical challenges, **more is often better**, and for the emotional-spiritual axis, less is often more.
8. Microdosing utilizes the **smallest of all aromatic molecules, administered through inhalation, single-drop application, and continuous use throughout the day, with intention to a specific point and general area of the body**

Low Dose Strategies for Health Optimisation*

1. Modern systems science demonstrates that a healthy system operates within the range of dynamic stability. And when a system is dysregulated (i.e., ill or diseased), it is most effectively brought back into this range with a **gentle push** at the right time, often repeatedly.
2. Within the healing power of essential oils and their mixtures, **this gentle nudge can happen in the optimal amount being applied to a specific part of the body.**
3. **Applied in microdoses, one can bring a dysregulated system back to health.** Examples also include periodic mild to moderate exercise, fasting intermittently, cold exposure, eating, ingesting, or applying small amounts of potentially toxic alkaloids from plant mixtures
4. **Xenohormesis** is a hypothesis that posits that specific molecules, such as plant polyphenols, which indicate stress in the plants, can have benefits for another organism (heterotrophs) that consumes them.
5. The dose makes the poison.

* Contributed by David Lescheid

The Fundamentals of Formulating



Fundamentals of Formulating Step By Step?

1. To formulate, regarding fragrance, means to develop or express a blend in a **systematic, organized, and precise** way to create something new that has not existed before.
2. Begin by setting your **intention** for what you are formulating be it physical, emotional, psychological, mental, spiritual, or energetic.
3. Decide **what product you will be making**, such as a body/massage oil, or products for the face, scalp, and feet, as the products dictate the dosage.
4. The standard **dosage** is 1% but this may increase or decrease depending on the condition or individual.
5. **Formulate according to your skill set** and experience, using the essential oils you have on hand.
6. What will be the **fragrance classification**, such as fruity, woody, earthy, floral, or spicy?
7. **How will the formula be applied**, such as in a **targeted area or on the whole body?**
8. The **more essential oils you own**, the more options you will have in formulating.
9. The more **specific essential oils** you choose, the more success you will have.
10. The more **complex the formula**, the broader the spectrum.



Custom Designing Aromatic Solutions
From A Whole Body Perspective

Custom-designing aromatic solutions from a whole-body perspective

1. Essential oils are often used as **single notes** and in **combinations** (blends) for topical application in their concentrated form, for wounds, abrasions, burns, cuts, bites, immunity, and through inhalation directly from the bottle, for congestion, shock (like smelling salts), and for assisting with anxiety or moods.
2. **In dilution**, essential oils can be combined with specific fixed oils (carriers) and applied to the body through massage as well as to the face and hair.
3. For the body, blends can be created for every **system or meridian**, as in Traditional Chinese Medicine (TCM), including the **Five Elements**, such as skin brushing and exfoliation.
4. For **oral care**, essential oils can be used in pulling, mouthwash, and topically to address gingivitis, periodontitis, halitosis, pain, inflammation, and infection.
5. For **addiction and recovery**, there is a blend for every symptom and emotion.
6. **Internally**, essential oils can be added to capsules, taken orally, and suppositories and pessaries internally for intestinal infections, yeast infections, and bacterial vaginosis in very dilute dosages, using essential oils that possess antimicrobial and anti-inflammatory properties
7. For an **integrated whole-body systems** approach, it is possible to create several essential oil blends and products for use when symptoms are complex and a clear connection exists between the condition, symptoms, and secondary symptoms that are well-documented as part of a specific disease related to a known cause.
8. The challenge of incorporating essential oils into **functional medicine** is that individuals knowledgeable about essential oils are not typically qualified to prescribe or treat, and those who treat often lack a comprehensive understanding of the complex nature of essential oils.

The Story of "Essence" in Pictures





"Essence"

What you're sampling in this presentation is a unique formulation, 35 years in the making, and by far one of my greatest creations. It consists of:

- Over 3,000 vials of essential oils that were forgotten were left behind, sitting still and waiting.
- The ultimate blend that formulated itself with no formula.
- Alchemically extracted and mixed from over 100 essential oils.
- "Essence" captures my journey for the past 35 years, and I have touched every vial, so my vital essence and wisdom are in each bottle.
- It is the ultimate blend that formulated itself.
- One-of-a-kind fragrance, cannot be replicated, and is limited in supply.

Available in two distinct fragrances, one perfume and one anointing oil.

The perfume transports you outside yourself, and the anointing oil helps heal what's on the inside. Potential energy and reactivation, patient

Intention

For those lost in the shadows, left behind, forgotten, whose essence has not been actualized, who need healing and transformation into self-actualization.

Lecture Summary

1. Essential oils are **specific** distillations from a narrow band of around 1,000 plants, roots, woods, leaves, fruits, flowers, and seeds.
2. Each provides an **intervention** perfectly compatible with specific organs, systems, meridians, and our energy anatomy, relieving symptoms, conditions, and nervous system overload.
3. There is an essential oil that is **compatible** with every symptom and condition.
4. While every single note is **a complex aromatic equation** when combined with other essential oils, complex formulations can be customized for multiple symptoms and life-threatening conditions.
5. If used regularly and consistently, these **Aromatic solutions can prevent something from occurring, slow down something that has already begun, and even reverse complex physical, emotional, and psychological disturbances.**
6. Application is not about the **quantity** of essential oils combined or the drops applied. From the first contact, the essential oil and the plant is already within you. I call this **micro-dosing** that is sustainable & effective.



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What number between 1-100 did you choose?

What remedy matches your number?

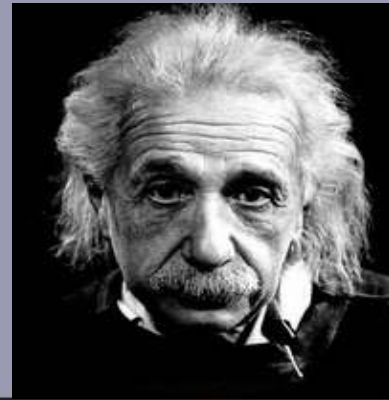
- | | | | |
|--------------------|-------------------------|--------------------|-----------------------|
| 1. Abundance | 27. Depression | 53. Immunity | 79. Recovery |
| 2. Addiction | 28. Detox | 54. (Insect) Repel | 80. Reflection |
| 3. Allergic | 29. Divinity | 55. Itch | 81. Relaxation |
| 4. Anger | 30. Dream On | 56. Jet Lag | 55. Release |
| 5. Anointing | 31. Duality | 57. Joy | 83. Remembrance |
| 6. Anxiety | 32. Elements | 58. Lavender Lift | 84. Restorative |
| 7. Ascension | 33. Energy | 59. Loving | 85. Sacred |
| 8. Awakening | 34. Essence | 60. Luminescence | 86. Sadness |
| 9. Backed Up | 35. Evergreen | 61. Lymphatic | 87. Sanctuary |
| 10. Balance | 36. Expression | 62. Male Balance | 88. Self-Esteem |
| 11. Bedlam | 37. Fatigue | 63. Meditation | 89. Sensuality |
| 12. Bitten | 38. Fear | 64. Memory Lane | 90. Smoking Cessation |
| 13. Blues | 39. Feminine Balance | 65. Menopause | 91. Spiritual |
| 14. Breathe Easy | 40. Focus | 66. Mental Tonic | 92. Stomach Soother |
| 15. Café Java | 41. Fire | 67. Muscle Ease | 93. Stress Relief |
| 16. Calming | 42. Forgiveness | 68. New Growth | 94. Sunrise |
| 17. Celebration | 43. Frankincense Global | 69. Pain Away | 95. Tiamo |
| 18. Chakra Balance | 44. General Tonic | 70. Panic Attack | 96. Trinity |
| 19. Chrism | 45. Ginger Aid | 71. Passion | 97. Virginian |
| 20. Circulation | 46. Grief | 72. Peace | 98. Vitality |
| 21. Clarity | 47. Grounded | 73. Personal Power | 99. Weight Less |
| 22. Compulsion | 48. Hand-Sanitizer | 74. Pine-eal | 100. Yuzu Twist |
| 23. Congestion | 49. Heart Awakening | 75. Prayer | |
| 24. Creaky Joints | 50. Holy-day | 76. Prosperity | |
| 25. Creativity | 51. Hormone Balance | 77. PTSD | |
| 26. Deep Sleep | 52. Hot Flash | 78. Reboot | |

The number you choose may reveal what you need the most

The Importance of Nature

Nature is the true barometer of the health of our world. A human being is a part of the whole called by us the universe, a part limited in time and space. He experiences himself, his thoughts, and feelings as something separated from the rest, a kind of optical delusion of his consciousness. This delusion is a kind of prison for us, restricting us to our personal desires and affection for a few persons nearest to us.

Our task must be to free ourselves from this prison of separation by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty." Albert Einstein



“Nature is supreme and provides molecular interventions through sustainable medicinal plants.”