

## **GROCERY SHOPPING LIST**

### **FOR: Mild Chili Recipe**

#### **Meat**

2-pounds ground beef or ground turkey 85/15

#### **Produce (Vegetables & Fruit)**

1 large sweet onion

1 red bell pepper

1 green bell pepper

2 ribs celery

1 garlic bulb

Lettuce (for salad or tacos)

#### **Dairy**

1 16-ounce can sour cream

#### **Refrigerated**

1 16-ounce bag Mexican blend shredded cheese

Tortillas

#### **Canned/Jarred Goods**

2 14-ounce cans *Original* stewed tomatoes

1 28-ounce can crushed tomatoes

1 12-ounce jar chili sauce

1 6-ounce can or 4.5-ounce tube tomato paste

2 14-ounce cans kidney beans

#### **Baking & Spices**

sea salt

black pepper

dried minced onion

celery seed

cumin

sugar

chili powder

Canola oil

#### **Bagged Chips/Snacks**

Tortilla chips

Tortilla strips

taco shells