APRIL 2020



USER GUIDE

TIPS AND TROUBLE SHOOTING

INTRODUCTION



Welcome to the world of 432Hz.

Congratulations on your new purchase, and thank you for your support!

This user guide will have some quick tips and things for you to know.

If you still have questions you can always e-mail:

Payments@returnto432.com

As with any software, RETURN has gone under many changes from when it was first made seven years ago. Through customers patience and suggestions we have been able to make the software better and better each time as technology improved.

RETURN was born out of a desire to have music in a better frequency. With that, also wanting to be able to offer it to the world in something simple and easy to use.

There have been many updates and will continue to be, because well, that is the life of technology.

With the support of many wonderful, patient people this has been possible.

On top of it all, we were able to get out a 528Hz version of the software for those who prefer that frequency: www.returnto528.com

Both are positive and work in harmony.

I hope you are able to feel the difference in your music listening experience, with your music now changed to a more positive, whole frequency.

WHAT IS NEW?

New in the PRO version you now have:

- Catalina and Windows 10 support. We will always continue to keep up with the new updates in MAC and PC systems. Currently the new PRO update for 2020 works on PC for Windows 7, 8 and 10. And for MAC from El Capitan 10.11 to Catalina
- No Adobe Air dependency: no need to download Adobe Air to launch the application. If you have had Adobe Air installed for RETURN to can safely uninstall it.
- Better conversion quality: bitrates that are higher than 320 are now supported; bitrate and sample rate of the input file are preserved during the conversion. Convert high quality FLAC & WAV files with our proprietary algorithms and get as close to the original as mathematically possible.
- M4A issues have been fixed.
- Pitch validation feature: the app can now verify the pitch of the input tracks to make sure 440 songs are converted reliably and songs that are already 432 are not processed again.
- Manual pitch settings you can now convert from any pitch to 432. If you know what pitch your song is at, add it to that song and RETURN will convert the file from there.
- Better folder organization: input and output folders are saved even after the app is closed.
- Longer batch conversions. RETURN can easily process batches of over 60+ songs. The exact amount depends on the space in your hard drive, which is temporarily used.
- Longer song conversions. You can process your songs that are over 60 minutes. The length of the song you can convert depends on the space you have.
- Possibility to add the -432 tag to the song title on demand. The original song will always be preserved in case you make a mistake. You now have the choice to tag your newly converted song with -432 at the end of your song so you know that one has been converted. If you would like to keep the title as is, you now have this option.
- Original metadata is preserved including non-English text
- Drag & drop support. There are now several ways you can add your songs into RETURN.
 You can select a whole folder, a list, add by section or drag and drop the ones you want.



THE CONVERSION PROCESS

"Music in the soul can be heard by the universe." -Lao Tzu

Add Tracks

There are several ways to add tracks to RETURN. To choose the songs you want to convert, you can:

 Click "Choose Song" and select from the file and then folder process. You and hold the sift key and select multiple at the same time. Then click "done" and they will load.
 You can open you music folder from your desktop and find the folder/artist you want. Then drag or drop files or folder you want into RETURN. You can also go through the selection process through your music folder and select the songs you want. To select multiples- hold down the SHIFT key.

Your Options

There are 2 check boxes at the top:

If the "Add -432 tag" checkbox is checked then your song titles will have a "-432" added to the end of the song. If you do not want this, simply uncheck the box.

Then there is a "Validate pitch" checkbox, If this box is checked the software will check the frequencies of your songs automatically before it converts them.

RETURN will validate if the pitch of your song with our proprietary algorithms to make sure your songs are played in a 432Hz frequency every time. RETURN supports conversions from any music pitch (430-450Hz) and will adjust the songs accordingly. If you song is already in 432Hz, it will detect that and not change that song.

THE CONVERSION PROCESS CONTINUED

ICON Meanings

• this is the Pitch Validation sign. This audio wave icon will appear for each track if Validate Pitch is ON. This means that the pitch for this track will be automatically checked.

432 ✓-means the track has been successfully converted from 440 to 432.
432 -this sign without the tick means the app detected the pitch to be 432. The track was not processed, and output into the track to the folder without any modifications. This will only be displayed if Validate Pitch is ON.

•means there have been issues with converting the file (e.g. damaged file, only noise, unusual pitch when Pitch Validation is ON, etc.). If you hover over that track it will tell you why. This track need attention.

Select Output Folder

We suggest that you first create a folder on your desktop. Naming it "432Hz Music" or something you will know.

You can then crate sub folders inside of different playlists names.

This way you know where all of your converted music is at.

The input and output folders are saved, and remembered even after the app is closed. This way when you are asked to "Select Folder" you do not have to find it again. After your songs are converted, you can then open the desktop folder you made and drag the songs into your player. From there adding to your phone etc.

Start the Conversion

After your songs are converted, you will see the results of your selections:

If your song is black and has a green 432, this means that the song was detected to be 432 already and was not converted. It will still show up in the Output Folder. If your songs has a 432+check mark this means the song was successfully converted to 432.

If this ICON appears next to your song this means that there was issues while processing the track.

Possible reasons include: damaged file, no tonal sounds (e.g. only noise sounds), unknown sonic artifacts in the track, unusual pitch that could not be validated reliably.

If the latter is the case, it's possible to set the pitch manually: click "Re-tune more" and add the song again to the queue. Then, right click it and make sure to turn off "validate pitch" then set the pitch manually if you know it. Or turn off "validate pitch" and run it again.

TIPS AND TROUBLESHOOTING

"Music is the universal language of mankind."

-Henry Wadsworth Longfellow



TROUBLESHOOT

IF YOU ARE HAVING TROUBLE WITH ANYTHING CHECK OUT THESE IDEAS TO SEE IF YOU CAN FIGURE WHAT WHAT IS WRONG:

If you have any old versions of R432 on your computer:

Uninstall any old versions completely. If you have not used R432 software before, then you do not need to worry about this.

To Uninstall:

Windows users: Follow instructions to uninstall program or use a free uninstaller program such as Wise Program Uninstaller (available @ http://download.cnet.com/Wise-Program-Uninstaller/3000-2096_4-75798277.html)

Mac users: Drag application from applications folder into the trash (could leave some extra files on your hard drive still) or consider using a free app removal program such as App Cleaner (available http://www.freemacsoft.net/appcleaner/)

If you get an Error Message that you do not have enough space.

This is because you are trying to do too many songs or a really long file (i.e. large file) all at once. Your drive does not have enough space to complete this task. Free up some space and try again.

File processing compression ratios & disk space requirements:

Wav = 1 : 1 (eg. 50MB.wav file requires 50MB free disk space to process) aif = 1 : 1 (same as above) aiff = 1 : 1 (same as above) flac = 1 : 2 (same as above) mp3 = 1 : 4.5 (same as above) m4a = 1 : 5.5 (same as above) aac = 1 : 10.5 (same as above)

TIPS

"If you want to find the secrets of the universe, think in terms of energy, frequency and vibration."

Nikola Tesla

Conversion stopped:

Make sure the sleep settings are changed so your computer stays awake during conversions.

Make sure you purchased the right version for you: MAC or PC

Check your file type of your songs and make sure it is accepted in the software. It currently accepts: MP3, WAV, FLAC, WMA, AAC, OGG, AIF, AIFF, M4A

Sound distortion: Are you trying to convert a song with tonal sounds? If tracks have only noise, they can not be converted because there is no "pitch" to detect. These songs will have issues with distortion.

Mac users- Apple seems to be denying my access to download the RETURN software?

This means that in your Finder-> Settings-> Security-> in there you have your settings set to: "only Apple or from the Apple store applications."

This is the natural settings Mac is set to.

All you have to do is go in there, and allow the blocked application to proceed or change your setting in there to allow from other developers- not just apple.



THANK YOU

I hope that this program blesses your life and makes some small part of it easier and full of JOY.

When we change our music, it is one way we can raise the frequency of our body and the atmosphere around us. As we change the atmosphere around us, Mother Earth is changed. The soil, the plants and those around us are changed.

We are gods in our sphere of influence, to govern and elevate our dominions and grow them for the betterment of humanity.

As we change our part of the world, and others focus on their part, then big things can happen. As we start to grow our atmosphere, we will then connect with others doing the same and then fill the world.

We can work together to make a better world, to heal the earth and ourselves.

The frequency of our bodies has a major impact on our health.

The diagram below shows different stages of health and what frequency the body is at to be susceptible. Listening to your music in 432Hz is one way and one step you can help your body raise its vibration. To learn more about this lifestyle go to MYVIBRATIONALITY.com.

THANK YOU for your support, thank you for the work, dedication, and time in changing me, changing yourself, elevating those around you, and the earth in your sphere of influence.

Happy msuic listening

THE BODIES OVERALL FREQUENCY DIAGRAM

