

General House Rules/Requirements/Guidelines:

You are in a Sober Living Home/Environment. Your success and continuance in this home is dependent upon your consistent good behavior, sobriety, and cooperation. Disruptive and/or discourteous behavior will not be tolerated. Any contact with Illegal Drugs and/or Alcohol and/or violation of any of the following Rules & Guidelines can/will result in eviction. Your initials and signature indicate your understanding and agreement.

____ Consumption or possession of alcohol in any form is strictly prohibited.

____ Use or possession of illegal drugs in any form is strictly prohibited.

____ Use and/or possession of drugs and/or alcohol will result in consequences, fines, and/or immediate eviction. If evicted for drugs and/or alcohol the resident agrees to leave the premises immediately and not return for any reason whatsoever, without permission from the owner of A New Day-Safe & Sober Living.

____ Stealing is strictly prohibited. If caught, you will be evicted.

____ Residents are required to submit to a Drug and Alcohol Screen/Test at any time (24/7) it is requested. A refusal and/or failure to provide an adequate sample will be treated the same as a positive test result. Any attempt to Cheat/Circumvent test will result in a fine/eviction. Resident's PO will be notified of all positive test results.

____ Attendance to a community sobriety/recovery meeting is strongly encouraged.

____ Residents are encouraged to maintain a working relationship with a Sponsor.

____ Residents are required to maintain employment. If at any time a client is/becomes unemployed and is capable of working, he must actively seek employment. A resident's employment is prohibited from interfering with their adherence to any of the other terms of this agreement.

____ Behavior considered to be a "Conflict of Interest" between Residents is strictly prohibited.

____ Resident's will not lock their door at time due to probation, parole officers, or owners conducting home visits and needing to view rooms at any time during the day

____ Smoking inside any A New Day-Safe & Sober Living home is strictly prohibited. Smoking must be done in the BACK of the residence. Smoking or gathering for any reason at the front of the home is NOT allowed

____ A New Day-Safe & Sober Living is NOT, at any time, responsible for the loss of a resident's personal item's/belonging(s). Residents are responsible for the security and safekeeping of their own personal item's/belongings. Upon leaving the residence, resident is to pack and carry their item's/belongings off the premises. A New Day-Safe & Sober Living regarding the retrieval/disposition of their personal item's/belongings. A New Day-Safe & Sober Living will not store personal belongings for more than seventy-two (72) hours.

____ **Disruptive/Discourteous behavior** will not be tolerated and can/will result in eviction.

____ Guests of the opposite sex are strictly prohibited from entering any A New Day-Safe & Sober Living home without the permission of owner of A New Day-Safe & Sober Living.

____ Overnight guests are strictly prohibited.

____ Guests are not permitted at the house beyond curfew (10:00 pm) and are only permitted in the common areas.

____ Guests cannot be under the influence or in possession of drugs and/or alcohol.

____ Resident curfew is 10:00pm every night. Residents must adhere to more strict curfews when required (i.e., Parole, Probation, etc.). Failure to return to the house on time can/will result in eviction.

*Some flexibility with work schedules, but need to be approved upon by A New Day-Safe & Sober Living

____ House quiet time is 10:00pm to 5:00am. Any activity (i.e., Lights, TV, Telephone conversations, etc.) that disturb another residents ability to sleep/rest is prohibited.

____ Evicted Residents are required to leave the premises immediately and not return under any circumstances.

____ Overnight/Weekend Passes are to be submitted to the House Manager a minimum of (1) week in advance. Authorization will be granted at the discretion of House Manager and/or A New Day-Safe & Sober Living.

____ Residents are not permitted in any bedroom other than their own without permission from the resident(s) residing in that room; they must also be accompanied by the permitting resident.

____ Thermostat is to be adjusted by the House Manager or owner only.

____ Washer & Dryer -- Be courteous—NO use after 10:00 PM. Clean dryer lint screen before and after every use. Do not leave clothes unattended in the washer/dryer.

____ Chores are required to be completed daily. The House Manager is responsible for chore assignment and completion. Failure to complete assigned chore can/will result in fine/eviction.

____ A good general Clean-up of all areas inside & outside the home is required at all times.

____ Bedroom areas are required to be cleaned and maintained daily. Respective areas are to be kept neat, clean and picked up at all times.

____ **SAVE ENERGY** --Turn off lights, TV's, Radio's, Fans, etc., when not in use

____ Residents are required to wear appropriate dress/clothing in all common areas. Bathroom doors must be shut when using the bathroom/showering at all times.

____ Sleeping in common areas is prohibited.

____ Kitchen—Appliances, Counter-tops, Utensils, Dishes, Pots, Pans, etc. will be cleaned and returned to their respective place (immediately) after each use.

____ Refrigerator—Mark food/leftovers with Name/Date when initially placed in the refrigerator.

____ A New Day-Safe & Sober Living residents are not permitted on any other property within the community without permission or accompaniment from the owner of that property.

____ BPA funded clients must pay a \$55 utility fee each month prior to the 5th.

****BPA Clients MUST sign the BPA sign-in sheet every day.**

____ All prescribed Medication(s) must have current doctor's order. **All opiate-based medications must be approved by owner.** All medications must be kept in a lock box within the resident's room. Any resident caught using/possessing/sharing any prescribed medication/controlled substance unknown to the House Manager or exceeding (1) week's dosage of prescribed medication/controlled substances will be evicted

____ **Be Considerate, Responsible and Communicate:** Consideration for others, Responsibility for actions, and Healthy Communication eliminates unnecessary conflict with house members and the consequences that may follow.

____ ***Do not call or text owner after 6pm or on weekends** unless it is an immediate matter or emergency. Furthermore, discuss house matters with house manager prior to contacting owner.

____ I have read all the material on this application, and answered each question honestly. I have a sincere desire to live Clean and/or Sober, and achieve recovery from alcoholism and/or drug addiction without relapse. Any questions I may have had were answered to my satisfaction.

____ I understand that a violation of any one of the aforementioned Rules & Guidelines can/will result in a fine or eviction.

Signature: _____ Date: _____

Drug Screen/Test

I _____, understand that I can be tested for Drugs and/or Alcohol at any time, for any reason, per my agreement with A New Day-Safe & Sober Living. I understand that these results will be shared with any and all current supervision (parole, probation, counseling agencies, cps, etc...). I am aware and have full knowledge that the person(s) administering the test(s) are my peers and not medical personnel. I am also aware that if I test positive, refuse compliance or attempt to cheat/circumvent the test in any way, I will be fined or evicted from the A New Day-Safe & Sober Living program and required to leave the premises immediately. My signature below indicates my understanding and consent.

Signature _____

Date _____