

## Naples, Italy

The port in Naples, while a beautiful history rich city in itself, is typically used as an entry point for guests to visit the infamous Mount Vesuvius and see the aftermath of its eruption in Pompeii, Herculaneum, and Stabiae.

### History

Circa 1000 BC and founded by the Greeks, Naples is one of the oldest continuously inhabited cities in the world. Like most ancient European cities, it has been through several changes of rule, most notably the Romans in 67 AD. Naples has been renamed many times, has seen numerous conflicts and has endured several religious changes. This long history of change results in a city unique in architecture and culture; with so much to see and experience.

### Local Flavors

- Pizza - you're in the city that created this modern day diet staple.
  - Pizza Fritta - filled dough, then fried light, crispy, and puffy.
- Sfogliatella - , a shell-shaped pastry filled with sweet ricotta cheese
- Babà - small yeast cakes saturated in rum.
- Croccchè - blend of mashed potatoes, egg, grated cheese, nutmeg, parsley, sometimes cured meats or ham; then shaped into cylinders, coated in breadcrumbs and deep-fried.
- Mozzarella di Bufala - mozzarella cheese made from italian buffalo milk.
- Cuoppo Napoletano - typically includes a mix of seafood such as small fish, shrimp, squid, anchovies, octopus, with vegetables like zucchini, eggplant, and/or potato croquettes. Served as street food in a paper cone.
- Caprese Salad - tomatoes and buffalo mozzarella slices, fresh basil and olive oil.
- Taralli - snack food, crunchy and ring-shaped. Dough is made with Flour, olive oil, white wine, and salt; then boiled, then baked. A crispy outer shell with a slightly chewy interior.
- Neapolitan Coffee - strong and thick.



### Unique Animals

Italian wolf, Sardinian long-eared bat, Italian Aesculapian snake, Alpine ibex, Calabrian black squirrel, Marsican brown bear, Wild boar, Sardinian deer, and according to local legend, Sirens.

### Unique Plants

Italy is full of beautiful blooms! Native species found here; Common lantana, Oleander, Japanese pittosporum, Purple heart, Common mallow, Cape leadwort, Laurustinus, Pomegranate, Four o'clock



flower, Wild carrot, Century plant, Bear's breech, Madagascar periwinkle, Blue passion flower, Florist kalanchoe, Plumed cockscomb, Common chicory, Common sage, Italian arum, and Sweet alyssum.

## Language

Italian, english spoken widely in tourist areas.

## Currency

The Euro.

## Driving

You will need an International Driving Permit along with your US driver's license.

Must be over 18yo, no one under 18 can drive in Italy. Drive on the right side of the road.

## Sites to See

- **Mount Vesuvius** - hiking to the summit is a popular option to experience the volcano. A steep grade, but only a 20 minute hike will reward you with views of the volcanic crater and the Bay of Naples.
- **Pompeii** - 15 miles south of Naples, can be reached by organized tour of the Circumvesuviana train.
- **Naples National Archaeological Museum** - Built as a cavalry barracks in 1585, it was established as a museum at the end of the 18th century. Diverse collection of Roman and Greek artefacts, as well as Pompeii and Herculaneum. Marble statues representing ancient mythology, Pompeii, and a collection from ancient Egypt including mummies and death masks.
- **San Gennaro Catacombs** - underground paleo-Christian labyrinth of over 3,000 tombs carved out of tuff, a porous stone. The most extensive catacomb complex in southern Italy, dating back to the 3rd century CE.
- **Via San Gregorio Armeno** - The city's most famous alleyway, dedicated to the selling of kitsch nativity souvenirs.
- **Spaccanapoli** - comprised of several streets dating back to the Greco-Roman era: Via Pasquale Scura, Via Giudecca Vecchia, Via Maddaloni, Via San Biagio dei Librai, Via Domenico Capitelli, Piazza Gesù Nuovo, Via Benedetto Croce, Piazzetta Nilo, Via Vicaria Vecchia, and Via Tupputi. A interesting mix of history, shopping, and food stops.
  - **Via San Gregorio Armeno** - this street is famous for selling nothing but Christmas-related ornaments, decorations, and mostly Nativity Scenes.
- **The Cloister of Santa Chiara** - religious complex including a monastery, church, and cloister. The Cloister has 72 columns and is covered in colored majolica and hand drawn tiles.
- **Herculaneum** - another city that was devastated by Vesuvius in 79 AD. Located further away than Pompeii, it was also completely destroyed. More well preserved than Pompeii, it has some wooden structures, frescos and wall paintings intact.
- **Castel Nuovo** - Circa 1279, the castle features 5 circular towers and was the royal seat for kings of Naples, Aragon and Spain until 1815. Inside the castle is the Cappella Palatina (Palatine Chapel), displaying frescoes by Giotto and a collection by Neapolitan painters. Climb the ramparts for views of the city.
- **Teatro San Carlo** - Oldest continuously active opera house in the world.
- **Cappella Sansevero** - Circa 1590, Plain on the outside, amazing on the inside! The fresco "Glory of Paradise" adorns the ceiling and marble statues stand at each pillar; including the famed The Veiled Christ, and The Deliverance from Deceit.
- **Castel dell'Ovo** - Translates to "Egg Castle", built in the 12th century, once on an island, it is now connected to the mainland by a footpath and road. This is the oldest remaining fortification in Naples, constructed in the early 6th century BC. The castle and grounds are open to the public and to explore.
- **Piazza del Plebiscito** - The main square, featuring the Royal Palace and the Basilica Royal.
- **San Domenico Maggiore** - founded in 1324, the church is full of renaissance artwork, sculptures and decoration. Featuring a gold gilded panelled ceiling, the high altar is also impressive, and there is a "treasure chamber" with religious artefacts.
- **Naples Cathedral** - Cathedral of Duomo dates back to the 13th century, displaying Gothic, Renaissance and Baroque architecture; the façade features a large central tower and many ornate sculptures and stone work.

## Sightseeing On Your Own

- Castel Nuovo and The Napoli sign are steps from the end of the pier.
- Piazza del Plebiscito, Basilica Reale, Royal Palace are a bit over a mile's walk from the port, to your west, following the Via Ammiraglio Ferdinando Acton. You can visit Molosiglio Gardens on your way.
- Other attractions are a distance away and will not be walkable. Transportation or a guided tour is recommended here. The Hop On, Hop Off bus is an economical way to obtain transportation while still independently touring the city. Do be mindful of your allboard time.
- Pompeii & Vesuvius are a 30-40 min drive away, a tour is recommended, Naples is known for it's perilous driving conditions.

## Guided Tours

City Sightseeing Naples Hop-On Hop-Off Bus Tour

From \$31pp

<https://www.viator.com/tours/Naples/Naples-City-Hop-on-Hop-off-Tour/d508-6980NAP?pid=P00002881&uid=U00204439&mcid=58086&currency=USD>

Naples Shore Excursion: Naples City and Pompeii Half Day Sightseeing Tour

From \$94pp

<https://www.viator.com/tours/Naples/Naples-Shore-Excursion-Naples-City-and-Pompeii-Half-Day-Sightseeing-Tour/d508-2958PRTNAPLESPOMPEII?pid=P00002881&uid=U00204439&mcid=58086&currency=USD>

Day Tour of Capri Island from Naples with Ferry Tickets

From \$156pp

<https://www.viator.com/tours/Naples/Daily-Capri-Island-Tour-from-Naples-all-inclusive/d508-18971P30?pid=P00002881&uid=U00204439&mcid=58086&currency=USD>

From Naples: Pompeii Shared Tour with Guide and Tickets Included

From \$86pp

<https://www.viator.com/tours/Naples/Daily-Pompeii-Group-Tour-with-Archaeological-Guide/d508-18971P2?pid=P00002881&uid=U00204439&mcid=58086&currency=USD>

Mt. Vesuvius and Pompeii Day Trip from Naples all inclusive

From \$144pp

<https://www.viator.com/tours/Naples/Mt-Vesuvius-and-Pompeii-Day-Trip-from-Naples/d508-2958VP?pid=P00002881&uid=U00204439&mcid=58086&currency=USD>

Day Trip of Pompeii, Herculaneum and Vesuvius from Naples

From \$139pp

<https://www.viator.com/tours/Naples/Daily-Tour-Pompeii-Herculaneum-Vesuvius/d508-116146P4?pid=P00002881&uid=U00204439&mcid=58086&currency=USD>

Capri and Blue Grotto Day Tour from Naples or Sorrento

From \$209pp

<https://www.viator.com/tours/Sorrento/Capri-Island-Day-Tour-from-Naples-or-Sorrento/d947-20455P8?pid=P00002881&uid=U00204439&mcid=58086&currency=USD>



## Fermate / Bus Stops

Capolinea/Bus Terminal: Largo Castello - Piazza Municipio

### Linea Route A I Luoghi dell'Arte

- 1 Largo Castello (Piazza Municipio)
- 2 Piazza del Gesù
- 3 Chiesa del Gesù Nuovo, Santa Chiara
- 4 Piazza Dante
- 5 Museo Archeologico
- 6 Galleria Principe di Napoli
- 7 Sanità
- 8 Chiesa di S. Maria della Sanità
- 9 Capodimonte
- 10 Museo e Bosco di Capodimonte, Osservatorio Astronomico
- 11 Catacombe di S. Gennaro
- 12 Bellini
- 13 Teatro Bellini, Museo Greco, Accademia di Belle Arti, Museo e Conservatorio di S. Pietro a Pignella
- 14 Madre
- 15 Museo Arte Contemporanea Donnaregina
- 16 Duomo
- 17 Museo Apollo Napoli, S. Maria della Pace
- 18 Piazza Bovio/Università

### Linea Route C

- 1 Largo Castello (Piazza Municipio)
- 2 Via S. Lucia
- 3 Piazza del Martiri
- 4 PAN
- 5 Palazzo della Sanità
- 6 Piazza Amelio
- 7 Piazza Vanvitelli
- 8 Villa Pignatelli, Museo della Ceramica Duca di Martina
- 9 Largo San Martino
- 10 Museo Nazionale S. Martino, Castel Sant'Elmo
- 11 Via Salvatore Rosa
- 12 Chiesa S. Maria della Pace
- 13 Piazza Dante
- 14 Foro Cardillo, ingresso a Donnaregina

### Linea Route B Le vedute del Golfo

- 1 Largo Castello (Piazza Municipio)
- 2 Santa Lucia
- 3 Castel dell'Ovo, Borgo Maritimi
- 4 Piazza Vittoria
- 5 Villa Comunale, Palazzo Calabro
- 6 Villa Pignatelli
- 7 Piazza storica
- 8 Mergellina - Piazza del Leone
- 9 Torbido di Virgilio, Torbido di Lipperto
- 10 Capo Posillipo
- 11 Veduta panoramica
- 12 Posillipo
- 13 Chiesa Marcellino
- 14 Parco Virgiliano
- 15 Villa Regia
- 16 Via Pertarica
- 17 Via Caracciolo - Mergellina
- 18 Castel dell'Ovo - Via Partenope
- 19 Borgo Maritimi
- 20 Stazione Marittima, Terminal crociere

### Legenda

- Linea A - Route A
- Linea B - Route B
- Linea C - Route C
- Capolinea A - Starting Point A
- Capolinea B - Starting Point B
- Capolinea C - Starting Point C
- Fermate/Stop Linea A - Route A
- Fermate/Stop Linea B - Route B
- Fermate/Stop Linea C - Route C
- Fermata di interscambio Linee B & C



As you can see the sights in Naples are quite spread out - it's a bit too much distance to walk.

This map is courtesy of the Hop On, Hop Off Bus service (first link in "guided tours" section) they offer an economical way to tour the city "on your own"!