



## How Are We Doing?

We are committed to providing you with a mind-body transformational experience when you choose to participate in our training programs. We would love to hear your feedback on the training so far so that we can continue to offer you an exceptional service and all the tools that you need to move forward in your life.

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On a scale of 1-5, where are you in terms of satisfaction with me, my training, and my services? What would it take to make the training better?

1       2       3       4       5

Disappointing

Exceptional

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What aspect of your training with me have you enjoyed the most?

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What is different about this training than others that you have done in the past? What results have you noticed since we began training together?

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Is there anything in particular that you were hoping that I would do and I have not yet done for you? Is there anything that you would like to see more or less of?

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What can I do to make your experience even better?

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What goal is most important to you in next 30 day and next 6 months?

Please share any additional comments or suggestions.

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### Your Details

Name: .....

Date of Birth: .....

Email: .....

**We appreciate your feedback.**

**Raaga Yoga,**

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