Heartsaver®
Child CPR
Skills Testing Checklist

American Heart Association®

Student Name _____ Date of Test _____

School Scenario: "You are on the playground at school and notice a child suddenly collapse. You have a cell phone but do not see an AED nearby. Demonstrate what you would do next."

Home Scenario: "You are at home in the playroom and notice your child suddenly collapse. You have a cell phone but do not have an AED. Demonstrate what you would do next."

Community Scenario: "You are at a park and notice a child suddenly collapse. You have a cell phone but do not see an AED nearby. Demonstrate what you would do next."

Assessment and Activation
☐ Assesses scene safety ☐ Verbalizes the scene is safe ☐ Taps and shouts to check responsiveness*
☐ Shouts for help† ☐ Calls 911 and places phone on speaker mode ☐ Checks breathing‡

*After the student taps and shouts, the instructor says, "The person is unresponsive."
†Once the student shouts for help, the instructor says, "No one is around to help."
‡After the student checks for breathing, the instructor says, "The person is not breathing normally."

Cycle 1 of CPR (30:2)

Child Compressions
☐ Performs compressions*:
- Hand placement on lower half of breastbone
- 30 compressions in no less than 15 and no more than 18 seconds (_____ seconds)
- Compresses at least one third the depth of the chest, at least 2 inches (5 cm)
- Complete recoil after each compression

Child Breaths
☐ Gives 2 breaths with a barrier device:
- Each breath given over 1 second
- Visible chest rise with each breath
- Returns to compressions in less than 10 seconds

***CPR feedback devices preferred for accuracy.**

Cycle 2 of CPR (repeats steps in Cycle 1) *Only check box if step is successfully performed*
☐ Gives 30 compressions (_____ seconds) ☐ Gives 2 effective breaths

Cycle 3 of CPR (repeats steps in Cycle 1) *Only check box if step is successfully performed*
☐ Gives 30 compressions (_____ seconds) ☐ Gives 2 effective breaths

Instructor says, "EMS has arrived and is taking over."

STOP TEST

Instructor Notes
- Place a check in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to instructor manual for information about remediation).

Test Results Check **PASS** or **NR** to indicate pass or needs remediation:	☐ **PASS**	◯ **NR**

Instructor Initials _____ Instructor Number __04110002062_____ Date _____