

Basic Life Support Adult CPR and AED Skills Testing Checklist



Student Name _____ Date of Test _____

In-Hospital Scenario: "You see a person who has suddenly collapsed in the hallway. You check that the scene is safe and then approach the person. Demonstrate what you would do next."

Out-of-Hospital Scenario: "You arrive on the scene for a suspected cardiac arrest. Hands-Only CPR is in progress. You approach the scene and ensure that it is safe. Demonstrate what you would do next."

Assessment and Activation

Checks responsiveness Shouts for help/Activates emergency response system/Sends for AED

Checks breathing Checks pulse

Once student shouts for help, instructor says, "Here's the barrier device. I am going to get the AED."

Cycle 1 of CPR (30:2) *CPR feedback devices are required for accuracy

Adult Compressions

Performs high-quality compressions*:

- Hand placement in the center of the chest, on the lower half of the sternum
- 30 compressions, given at a rate of 100 to 120/min
- Compresses at least 2 inches (5 cm)
- Complete recoil after each compression

Adult Breaths

Gives 2 breaths with a barrier device:

- Each breath given over 1 second
- Visible chest rise with each breath
- Resumes compressions in less than 10 seconds

Cycle 2 of CPR (repeats steps in Cycle 1) Only check box if step is successfully performed

Compressions Breaths Resumes compressions in less than 10 seconds

Rescuer 2 says, "Here is the AED. I'll take over compressions, and you use the AED."

AED (follows prompts of AED)

Powers on AED Correctly attaches pads Clears for analysis

Clears to safely deliver a shock Safely delivers a shock

Resumes Compressions

Ensures compressions are resumed immediately after shock delivery

- Student directs instructor to resume compressions or
- Second student resumes compressions

STOP TEST

Instructor Notes

- Place a check in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to instructor manual for information about remediation).

Test Results Check PASS or NR to indicate pass or needs remediation:	<input type="checkbox"/> PASS	<input type="checkbox"/> NR
Instructor Initials _____ Instructor Number <u>04110002062</u> Date _____		