



Scriptures to help with...

Depression

'For I know the plans I have for you' declares the LORD, 'plans welfare and not for calamity, to give you a future and a hope.'

(Jeremiah 29:11 NASB)

'The LORD is the One who goes ahead of you. He will not fail you or forsake you. Do not fear or be dismayed'

(Deuteronomy 31:8 NASB)

Even though I walk through the valley of death, I will fear no evil, for You are with me, Your rod and Your staff, they comfort me.

(Psalm 23:4 NASB)

The LORD is near to the brokenhearted. And saves those who are crushed in spirit

(Psalm 34:18 NASB)

Finally, brethren, whatever is true,

Whatever is honourable,

Whatever is right,

whatever is pure,

whatever is lovely,

whatever is of good repute,

if there is any excellence

and anything worthy of praise,

dwell on these things

(Philippians 4:8 NASB)

