

# Pentecost

Holy Spirit



## THOMAS MORE CHRISTIAN MONTESSORI SCHOOL NEWSLETTER

22 May 2026

Dear Parents and Carers,

What a Wonderful Autumn Week we have had. The children have thoroughly enjoyed the Autumn Weather with the lovely seasonal activities. You will enjoy the photos from the various classrooms. We have also enjoyed having our Parent/Teacher conferences this week. It is always good to have this time to come together with your child's teacher to learn of their successes as well as challenges and learn what you can do at home to best support your child. If you were unable to attend one of the scheduled time slots, it is not too late to either contact your teacher or Kylie to set up a mutually convenient time.

We will be celebrating Pentecost Sunday this coming Sunday and waiting along with the Disciples for a new outpouring of the Holy Spirit into our minds and hearts. It is a very special time of empowerment that we look forward to each year.

As most of you know the health challenges of my Beloved have kept me from our weekly Chapel Lessons and the Children have been missing them. I am looking forward to resuming the Chapel Lessons next Term. A big thank you to Ms. Guest who has offered a weekly Bible Activity in Cycle 1.

Please mark your calendars for our Cross Country run coming up on Friday, June 5th. All parents are invited to join us as well as those students who do not normally attend on Fridays. The cross country will start at 9.30am

Warm Regards,

Donna McCulloch

### UPCOMING EVENTS

**Friday 5 June**  
Cross Country

**Monday 8 June**  
Public Holiday

**Friday 19 June**  
Science Fair



# Parent Child Program

This fortnight we've been having such a lovely time together during circle time, exploring different activities, sharing ideas, and encouraging the children to speak up and join in. It's been so beautiful watching their little faces light up as they grow in confidence and realise that their thoughts and ideas matter. Some of the shyer children are beginning to share more too, which has been really special to witness.

A big part of Montessori is trusting children as capable little people and giving them space to participate meaningfully in their community. When children feel listened to and respected, they naturally grow in confidence, connection, and independence. I love seeing this unfold in our group each week.

We've also been sharing lots of sweet moments around the snack table - preparing food together, cooking, chatting, and enjoying meals side by side. These simple everyday moments are so important. They help children build friendships, practice social skills, learn to care for one another, and feel a real sense of belonging within the group.

With Love

*Ms Boulter*



# Cycle One News

## What's been happening...

- Learning the story of the Lost Sheep
- Making hot chocolate on a chilly day
- Map making using the Puzzle Maps
- Lots of maths practice from all of the children
- Celebrations in reading achievements



Selena making a map of the world. She has been inspired to make more maps including Australia and North America.



Enjoying hot chocolate together.



Jason practicing addition with the Addition Strip Board.



Lachy practicing finding the first sound.

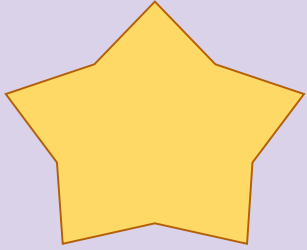
A special well done to Selena who has found a passion for map making this week. She has worked very hard tracing, colouring and labelling maps to learn about new places. Well done Selena!

## Message from Miss Guest

We have enjoyed a lot of birthday celebrations over the last few weeks. It is so joyful to see the children celebrate together.

We celebrate with a special song about the children growing each year. When it is your child's birthday please feel free to also send in photos of your child at different stages of their life. This enhances the celebrations and supports the children's learning of the passage of time.

# Cycle One News



Last week Audrey was our VIP in class. Audrey made a beautiful poster with lots of lovely drawings. She did a great job presenting it to the class, answering lots of questions from the other children. Well done Audrey.



## Cycle 2 News

Firstly, it was fantastic to talk to all our lovely Cycle 2 parents this week about our progress and plans...building a “community for learning” helps our students greatly.

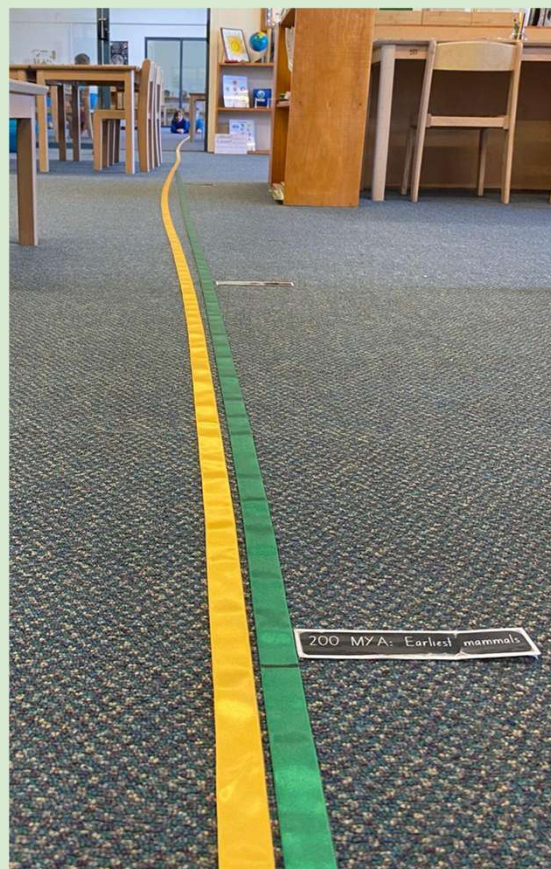
Another busy fortnight in our classroom. We have continued our Zoology, learning about the parts of amphibians, and creating some beautiful drawings of a ‘red-eyed tree frog’. Not only using our knowledge about the parts of a frog, but also learning blending skills (we even learnt a new artistic trick to make the eyes look shiny!).

We have continued our descriptive writing, using a range of adjectives to bring our writing to life. Learning about ‘Animal Idioms’ was a highlight for the class...we are now all as wise as an owl!

Our history lessons will be becoming more of a focus now, and the class have been super interested in learning about the origins of the Days of the Week, and the Months of the Year. We will be looking at calendars, and timelines next. Meanwhile Luca and Celia are delving into the age of the universe and the earth. You can see our visual representation, using ribbons, in the photo.

We have also found time (somehow!) to continue with our science experiments, spelling and grammar work, maths skills, craft, music, PE...so much to do and so much fun learning

- Mr Foster



The Age of the Universe and Earth.  
Can you spot Luca and Celia?



Some of our wonderful Red-Eyed Tree Frog drawings



## Cycle 3 - Classroom News

It has been wonderful to catch up with parents this week. If you would still like to book in for a Parent-Teacher Meeting, please let me know; I am happy to arrange something with you, even if it needs to be a remote/online/phone meeting.

We are discussing idioms in History of the English language lessons this week....see how many you can come up with! Do you know where the saying came from? If not, have your child investigate its origin.

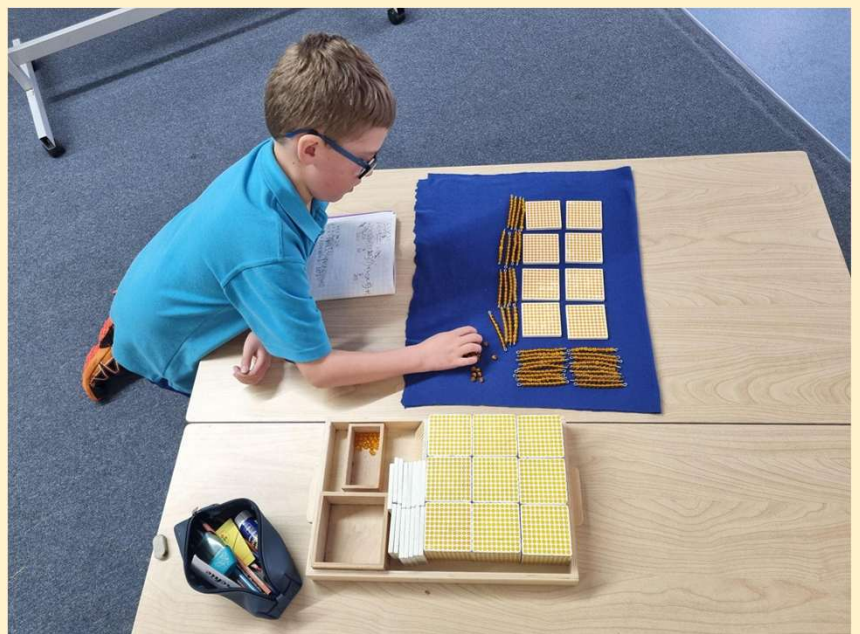
Our Africa study has led us to the Grasslands (Savannah) this week where we have looked at the Maasai and Swahili peoples of Kenya. We are also exploring how to track animals by following their tracks and scats!

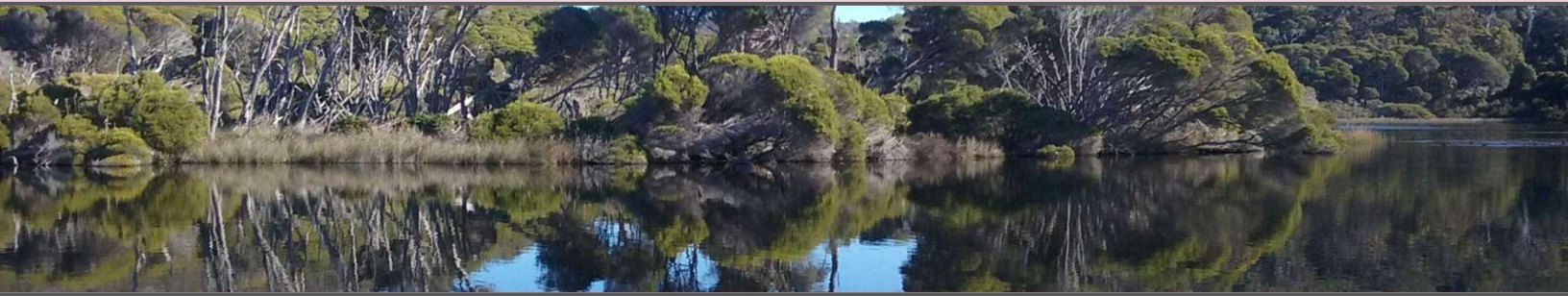
In maths we have moved onto do more difficult multiplication problems, learning how to break them down into easier pieces to solve them. This is big work, and a bit tricky!

Lastly, the students are all working on their Science projects - Biomes of Africa. The science fair will be on Friday, 19 June.

Cheers - Nikki

PS. Just a reminder....please let me know if you have any spare craft supplies you would like to re-home





## Health & Wellbeing

I have had a few questions about nutrient deficiencies and children since the last couple newsletters. Here are some guidelines:

1. Consider micronutrient deficiencies in all children with diets which are highly restricted in variety and balanced nutritional content due to neurodevelopmental conditions eg ASD, cognitive impairment
2. Normal growth parameters do not exclude possible micronutrient deficiency
3. Micronutrient deficiencies can be associated with permanent physical disabilities (eg blindness) or death
4. Clinical features of micronutrient deficiency may be subtle, consider in children with highly restricted diets presenting with non-specific symptoms

Here is what to look for with a child you suspect may have a deficiency:

- General assessment for micronutrient deficiency should be performed including checking for skin changes (including pallor), dry eyes, oral mucosa and gum changes, goitre, bony deformity, neuropathy, hair or nail changes
- Growth measurements should be routinely performed, but noting that child may have normal growth for age and sex or even be overweight

For additional information click on this link: [Clinical Practice Guidelines : Micronutrient deficiency](#)

I hope you find this helpful -  
Nikk

# The Kitchen Garden with Mrs Remy

Garden sunshine,

In the garden we've started using what's in abundance in autumn, fallen leaves! The children adored playing in piles of fallen leaves as they raked and collected bags full last week. This week we have worked hard to build a long-term compost structure, a 'compost tower' which we filled with leaves in layers with horse manure. This will slowly decompose over the winter months giving us rich compost ready to use to enrich our garden soil for our spring plantings.

Connecting with the seasonality around us as well as what's growing and what's available to eat in our gardens is an important part of understanding the whole garden picture.

Speaking of eating, we've been getting our vitamins in the garden as every single child has had the opportunity to pick and enjoy raw carrots straight from the garden bed. Now we've also all tried raw broccoli and raw beetroots!

Some love it, some... less,  
but they all give it a go!

Garden sunshine  
Mrs Remy





*From the Kitchen...with Ms Boulter*



## MENU

*Second Half of Term 2*

*Mon 1 June: Chicken Nuggets & Steamed Veg*

*Wed 3 June: Chicken Soup*

*Mon 8 June: Public Holiday*

*Wed 10 June: Chicken Korma*

*Mon 15 June: Taco*

*Wed 17 June: Spaghetti bolognese*

*Mon 22 June: Creamy Chicken Noodles*

*Wed 24 June: Nachos*

# Join Our P&C

Connect, support, and grow with other parents and the school



Help organize school events & activities



Share your skills & ideas



Strengthen our school community & faith-based values



Help create fun and meaningful opportunities for our community to connect

Help build our school community



Get involved – everyone is welcome!

Email: [contact@begamontessori.nsw.edu.au](mailto:contact@begamontessori.nsw.edu.au)



**THOMAS MORE**  
Christian Montessori School

medicare

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# Care when it's urgent, but not an emergency.

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### When to visit an Urgent Care Clinic

-  Sprains or broken bones
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