

**L. Chris Cannida, MS, LPC**  
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### **Social Media Policy**

#### **FRIENDING**

I do not accept friend or contact requests from current or former clients on any social networking site (Facebook, LinkedIn, etc). This can compromise your confidentiality and our respective privacy.

#### **INTERACTING**

Please avoid using SMS (mobile phone text messaging) or messaging on Social Networking sites such as Twitter, Facebook, or LinkedIn to contact me. These sites are not secure and I might not read these messages in a timely fashion. I ask that you refrain from using Wall postings, @replies, or other means of engaging with me in public online forums if we have an established client/therapist relationship.

In addition to possibly compromising your confidentiality it could also create a possibility that these exchanges become a part of your legal medical record and be documented or archived in your chart.

If you need to contact me between sessions, the best way to do so is by phone. Direct email at [connect@chriscannida.com](mailto:connect@chriscannida.com) is second best for quick, administrative issues such as changing appointment times. See the email section below for more information regarding email interactions.

#### **BUSINESS REVIEW SITES**

You have a right to express yourself on any site you wish. But due to confidentiality, I cannot respond to any review on these sites whether it is positive or negative. I urge you to take your own privacy as seriously as I take my commitment of confidentiality to you. You should also be aware that if you are using these sites to communicate indirectly with me about your feelings about our work, there is a good possibility that I might never see it. If we are working together, I hope that you will bring your feelings and reactions to our work directly into the therapy process.

#### **EMAIL**

I may, from time to time with your permission, use email to sent "therapy homework assignments" or materials you and I have discussed in session; intake paperwork and instructions for logging in to Telemental Health sessions.

While my email provider participates in HIPAA compliance agreement, please note there remain risks to communicating by email. Be aware that all emails are retained in the logs of your and my Internet service providers. While it is unlikely that someone will be looking at these logs, they are, in theory, available to be read by the system administrator(s) of your Internet service provider. You should also know that any emails I receive from you and any responses that I send to you become a part of your legal record. Note: I do not respond to requests for treatment/clinical consult via email.

If you have questions about any of these policies or regarding our potential interactions on the Internet, feel free to bring them to my attention so that we can discuss.