

## WHAT MY CLIENTS ARE SAYING

I joined BAEM during my divorce process. Investing in myself was a big step toward overcoming the shame and guilt I felt from a failed marriage. I wanted to start dating again but didn't feel ready.

Roya made it clear that I needed to start with habits that make me feel good about myself and taught me ways to build up a positive outlook to carry into my next relationship.

Using her guidance I know I will find the relationship I am looking for and be a more mature and self-assured version of myself.

*Megan K.*