

Hair and Makeup Guide

Makeup Kit - *Dancers should arrive in makeup. Kit should be brought for touch-up purposes.*

- Translucent Face Powder
- Base to Match Complexion (Ages 9+)
- Brown or Black Eyeliner (Ages 9+)
- Brown Eyeshadow
- Eggshell Eyeshadow (or equivalent off white color)
- Pink Blush
- Rose or Red Lipliner
- Rose or Coral Lipstick (dark reds, neutral colors and mauve tones appear black or non-existent on stage)
- Mascara
- No jewelry, other than medical bracelets, will be permitted unless it is part of their costume.

Hair Kit - *Dancers should arrive with hair pre-sprayed/slicked back in appropriate style. We will not be able to apply hairspray that your dancer does not pack due to potential allergy risks.*

- Extra Bobby Pins/Hair Pins that camouflage with your dancers hair (no colorful clips/pins/or accessories please!)
- Brush/Comb
- 1 Hair Net (thicker hair may require more than one)
- Hair Gel/Hairspray

Hair Guide - *The low ballet bun with a left part is the preferred style for your dancers recital **unless otherwise noted by your dancers instructor**. Please follow the tutorial below or continue scrolling for a step by step in how to make the perfect performance bun. All bangs and flyaways must be pulled back and secured out of the way.*

Making a bun (please note, she does a center part in this video and we would like your part above your dancers left eye): <https://www.youtube.com/watch?v=aE7QQAhgll0>

We highly recommend **NOT** using bun builders BUT if you choose to use one, please make sure it is the appropriate size for your child and their amount of hair. Here is a tutorial on how to use one: <https://www.youtube.com/watch?v=lac5wblqMwg>

Left Part Low Chignon/Ponytail Guide:

1. Brush out your dancers hair.
2. Using a fine tooth comb, draw an imaginary line from dancers left pupil up to their hairline. From that point, part the hair as far back as possible. Use hair gel to keep the part in place.
3. Gather hair into a ponytail very close to the nape of the neck using your hand. Before you put a rubberband in, be sure to smooth out any bumps with a comb or brush.
4. Grab a ponytail holder that matches your dancers hair color and create ponytail. If your ponytail is too low you may run into trouble twisting it into a bun.
5. Use your preferred hair spray/gel/mousse/etc. to thoroughly cover the head. Hair should be taught, firmly slicked back and wisp free at this point.
6. From here you can either twist the entire ponytail or twist two sections of ponytail up into a bun. Hold onto the bottom, twist, lift the tail up and spiral around the ponytail holder. If you are doing two sections for shorter/layered/etc hair, simply split the ponytail down the middle, twist one section and spiral that above the ponytail holder, then twist the other and spin it below the ponytail holder.
7. Secure with bobby/hair pins by grasping a small amount of hair from the top with the bobby pin, and pulling the hair under the bun by sliding the bobby pin underneath the bun.
8. Wrap a hair net that matches the color of your dancers hair around bun 1-3 times. Wrap excess hair net around base of the bun. Thicker hair may require two hair nets to secure hair.
9. Finish with more spray/gel and pins to secure hair net and hairstyle. You may find a bobby pin at the temple and/or behind the ear helps keep your students hair from sliding out of place. You can also secure any flyaways with bobby pins or a strong hair gel.

If you have any further questions or would like more help, follow this link to Gaynor Minden and scroll to Chignon: <https://dancer.com/ballet-info/in-the-studio/hairdo-how-to/>