

Youth Empowerment Through Music

Rickey "Deekon" Jones

Rickey "Deekon" Jones is an audio engineer, producer, song writer and artist. Over the past five years, Jones created a national award winning music program in an inpatient treatment program for drug and alcohol addicted adolescents. During his tenure in the program, he produced three albums written and recorded by the youth.

As a result of the program's success, Deekon has presented at several state, regional, and national conferences. Deekon provided the special plenary keynote at the national Joint Meeting on Adolescent Treatment Effectiveness (JMATE) Conference of 2012 and selected as Innovative Program of the Year through the Washington Co-occurring Disorders and Treatment Conference.

Deekon was also selected as one of 15 national finalists in President Obama's Native Youth Challenge for the development of his innovative music program.

ABOUT THE PROGRAM

Any skill level acceptable. (No previous writing experience necessary, all styles of music supported).

Youth will be provided the opportunity to explore their life struggles through writing lyrics.

Through the song writing process, youth are guided in reflecting upon life events and the choices they've made.

Through reflection, youth are able to explore alternatives to their life challenges that facilitate greater life success.

Groups inform and discredit misogyny, gang activity/violence, drug use or hateful glorification based on race, religion or sexual orientation.

Youth grow in confidence through each step of the music making process of creating instrumentals, writing lyrics and finally recording the song.

The whole process of creating a song provides a powerful medium for values clarification and envisioning hope for change.

NEW DEVELOPED NATIONS

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ABSTRACT MUSIC



A prevention program serving underprivileged youth ages 13-25 in Spokane, Wa. This cutting edge Music Program is designed to empower and inspire youth to strive for higher education and gaining skills to obtain employment.

MUSIC. HOPE. CHANGE.

The Abstract Music prevention program provides an innovative approach toward helping youth in dealing with life challenges. This approach has proven effective even with the most challenged youth.



Rickey "Deekon" Jones speaking at the Joint Meeting on Adolescent Treatment Effectiveness (JMATE 2012)

Music is the pyramid of the spirit. In the ever elusive quest for balance, it is music that maintains mind, body and soul by nourishing the creativity of the brain, allowing the anatomy to unwind and permitting the soul to grow with confidence and build social relationships. These qualities are vital in the struggle against the addictive process; and music can help shape emotions and provide a path to the fundamental struggles that shape our moral character.

Bringing the unconscious issues, needs, or coping strategies to a conscious level empowers the individual to make a choice based on the new conscious information that is obtained.

GROUP SESSIONS

Group sessions include an hour and a half of coaching in the production of music (beat making) and lyric writing. Clients discuss past traumas, present perceived barriers and future goals through the lyric writing session and will be guided in the recording process to bring the stories to life. Groups will be held Mon, Tues, Wed, Thu and Fri.



Create music and write lyrics for an original piece of art.

INDIVIDUAL SESSIONS

Individual sessions go deeper into the reflection process and allows clients to write and/or speak about things they may have not been comfortable discussing in the group setting. These personal sessions promote better understanding of each client and builds rapport that leads to personalized projects. Individual sessions are held twice daily, Monday through Friday.



Your CD will be an everyday reminder of your progress.

LIFELONG REFLECTION TOOL

Having your story on a disk or in your playlists on all media devices (iTunes, SmartPhone, mp3 player) you can be reminded of your progress or have personal reflective processes by simply pressing play and listening to your goals at any moment!



Pass on your new skills to others. Empower our future!