



Learning through Applied Behaviour Analysis (ABA)

Course: How to teach using Behaviour Analysis in Education?

List of Tasks and Functional Routines

No	Home	School	Community
1	Self-Maintenance: Dressing, Toileting, Grooming, Bathing, Health and Safety, Sleep, knows time, and follows schedule or house routine	Self-Maintenance: Toileting or using a shared restroom, Washing hands	Mobility and Safety: walks on the sidewalk, stops before crossing the street and crosses only when safe to do so, follow street sights and light signals, staying beside the caregiver or parent, walks safely in a parking lot, sits and stays safe while riding a vehicle, buckles and unbuckles his or her seatbelt, knows and follows community signs
2	Cooking and Preparing Meals: Preparing snacks, opening and closing jars, bottles, containers, pop cans, plastic bag containers, puts leftovers in storage containers and places them on the fridge, sorts and puts food away properly (dry goods, canned foods, seasoning, meat, dairy and eggs, fruits, vegetables), determines inedible food, follows cooking recipes, washes hands, cuts ingredients, pours liquids, washes fruits and vegetables, makes salad, bakes cookies and other snacks, uses the microwave, uses the toaster, knows danger and when items or food are hot, turns on and off the stove and oven, set oven at the right temperature as per recipe	Eating Skills: Meals at School – Opens and closes lunchbox or snack bag, using utensils, cutting with fork, drinking from a glass, drinking with a straw, carries plate and food to the table, self-serves solid and liquid food, takes appropriate servings or bites, uses napkin, sits at the table and eats at the eating area, chews with mouth closed and no sound when chewing, discards food scraps in the compost bin, clears the table after the meal, sort and recycling	Shopping Skills: Makes a grocery list, buys items from the grocery list, uses a vending machine, purchases in store, uses money and knows the value of exchange, knows time
3	Eating Skills: Meals at Home – Using utensils, cutting with fork, drinking from a glass, drinking with a straw, carries plate and food to the table, self-serves solid and liquid food, takes appropriate servings or bites, uses napkin, sits at the table and eats at the eating area, chews with mouth closed	Routines: Responds when name is called, responds to greetings, reads name, puts things into the assigned cupboard or cubbyhole, removes and places items from the backpack or school bag, gives the communication book to the teacher, sits on his or her desk and chair, adapts to transition routines, responds to group instruction, keeps hands to oneself, walks	Eating Skills: Meals at Restaurant – Orders and pays for food, cutting with fork, drinking from a glass, drinking with a straw, carries plate and food to the table, self-serves solid and liquid food, takes appropriate servings or bites, uses

	and no sound when chewing, says please when requesting to pass food item, gives the food item when requested, discards food scraps in the compost bin, clears the table after the meal, washes the dishes or puts the dishes in the dishwasher	appropriately and stays in line or with the group, follow schedule, responds to the school bell, follows independent work, participates in gym activities, plays appropriately and with peers during recess, plays appropriately with the playground equipment, knows his or her space, participate in indoor and outdoor activities, knows time and schedule	napkin, sits at the table and eats at the eating area, chews with mouth closed and no sound when chewing.
4	Dishes: Loading dishes properly, putting dishwasher detergent in the correct place in the dishwasher, operates the dishwasher, unloads the dishwasher, puts the plate, utensils and other kitchen tools in the appropriate cupboards, prepares dishwater, washes dishes, rinse dishes, dry and stack clean dishes, sorts utensils, plates, glasses and other silverware and puts them in the appropriate place.	Skills using Technology: uses the computer, iPad or smartboard, types on the keyboard	Others: Responds to greetings, borrows and returns book in the library, deposit and withdraw money in the bank or uses ATM, go to the barber shop or parlour or salon for a haircut, goes to the church, mail letters at the post office
5	Clothing and Laundry: Sorts white and coloured dirty clothes, places the dirty clothes in the laundry, uses washing machine, operates washing machine, puts the clothes in the dryer once done with washing, operates the dryer, empty the dryer and places clean clothes in the basket, discards lint		Leisure: goes to the park, watches sports and games, watches a movie in the theatre
6	Maintenance of Personal Clothing: Identifies personal clothing, puts the personal clothing in the right locations, folds clothes, beddings and towels, hangs shirt, coats and jackets.		
7	House-cleaning: Places and sorts the trash in the appropriate garbage can, wipes tables, chairs and other furniture, cleans floor, vacuuming the floor, change beddings, makes bed, cleans the bathroom, wipes surfaces and windows, water the plants, shovel the snow and rakes the leaves		
8	Leisure: Turning on and operating the TV, Watching TV, Operates DVD player, Uses and watches in the tablet, plays games, listen to music, complete recreation, art projects and play sports, plays games, hangs out with family, participate in outdoor and indoor recreation, participate in house and family gatherings		