Learning through Applied Behaviour Analysis (ABA)

**List of Sample Natural Environment Training (NET) or
Incidental Teaching Activities**

PLAY WITH WHAT MOTIVATES YOUR CHILD OR LEARNER

1. Pretend play with action figures and animals: creating toy sequences and including these toys in your daily routine, i.e., bathing, brushing teeth, eating, etc.
2. Cars and Car chase in a ramp or any other furniture in the house
3. Building toys such as Lego, model aircrafts, cars, railways, puzzles
4. Little People on the Bus while singing Nursery Rhymes like the "Wheels on the Bus", or toy animals in the farm while singing "Old MacDonald".
5. Work with actions or verbs like "stop and go", or counting, "1,2,3", while rocking on a horse, or pushing your child in a swing, jumping on a trampoline with your child, hula hoops
6. Toys which you can use for all NET skills: Lego, Mr. Potato Head, Bubbles, Play-doh, Silly Putty, wind-up toys, dolls, pretend kitchen sets, or better yet your own real house furniture ☺
7. Sensory bins and sensory toys
8. Musical instruments
9. Forts, tents, blankets
10. All the fun activities you can make: swimming, cooking, eating or just being silly and fun!