Advanced Body Composition® Report

Legend

1. Visual image of precise location of bone, lean mass, and fat mass
2. Plot of % Body Fat compared to age group
3. Precise Fat Mass, Lean Mass, and % Body Fat measurements of each area:
   - Left Arm
   - Right Arm
   - Torso (Trunk)
   - Abdomen (Android)
   - Hips (Gynoid)
   - Left Leg
   - Right Leg
4. Calculation of Total Mass, Fat Mass, and Lean Mass to give overall % Body Fat
5. Estimated amount of visceral fat (the type of fat around internal organs associated with medical disorders such as metabolic syndrome, cardiovascular disease, and type 2 diabetes.)

Track % Body Fat, Fat Mass and Lean Mass values over time

Legend

1. Graph of % Body Fat values over time
2. % Body Fat values over time
3. Fat Mass values over time
4. Lean Mass values over time
5. Visual comparison over time of changes in bone, lean mass, and fat mass