WAIVER;
□ I hereby release, acquit and forever discharge Nia integrated Health Clinic team from any and all actions, courses of action, claims, demands, injuries, damages, costs, loss of service, expenses and compensation, on account of any and all known and unknown personal injuries, mental anguish, agitation and damage claims to person or property resulting from or arising out of or related to counseling services provided by Nia -Integrated Health Team (Hedi/Hedie Habibnia, Rosarie St. Louis, Bahareh Ghaziof, Vanessa Principe, and Sang-Mee Lee). The undersigned further acknowledges that the counseling services provided are not intended as a substitute for medical treatment and/or legal services. The undersigned party shall freely enter into such counseling with full knowledge of the nature and therapeutic techniques utilized during therapy sessions, such as weight loss & wellness coaching,nutrition, psychotherapy, CBT, personal training, acupuncture therapy. The undersigned further agrees to indemnify, have and hold harmless, Nia- integrated health Team, and above named from any and all claims and damages of every kind to any person or property arising out of or attributed to Nia-Integrated Health Clinic. It is further understood and agreed that this waiver constitutes an admission and acknowledgment by this undersigned that they have received no warranty, guarantee or promise from any member of the Nia - Integrated Health Team. The undersigned acknowledges and agrees that the very nature of their difficulties is necessarily such that no specific result(s) can be promised or guaranteed by any counselor or counseling agency. I have read and understood the above. □ This agreement is being signed voluntarily and not under duress of any kind.

Client Name: —
Client Signature :
Date: