WAIVER

I hereby release, acquit and forever discharge Vera da Silva from any and all actions, courses of action, claims, demands, injuries, damages, costs, loss of service, expenses and compensation, on account of any and all known and unknown personal injuries, mental anguish, agitation and damage claims to person or property resulting from or arising out of or related to counselling services provided by Vera da Silva. The undersigned further acknowledges that the counselling services provided are not intended as a substitute for medical treatment and/or legal services. The undersigned party shall freely enter into such counselling with full knowledge of the nature and therapeutic techniques utilized during therapy sessions, such as Cognitive Behavioral Therapy. The undersigned further agrees to indemnify, have and hold harmless, Vera da Silva from any and all claims and damages of every kind to any person or property arising out of or attributed to Vera da Silva.

It is further understood and agreed that this waiver, constitutes an admission and acknowledgment by this undersigned that they have received no warranty, guarantee or promise from Vera da Silva. The undersigned acknowledges and agrees, that the very nature of their difficulties, is necessarily such that no specific result(s) can be promised or guaranteed by any counsellor or counselling agency.