

**HEALTH ASSESSMENT INFORMATION**

CLIENT NAME:	_____	DATE:	_____
Address:	_____	P.C.	_____
Email	_____	Referred by:	_____
Phone:	_____	D.O.B.	_____
Emergency Contact:	_____	Phone:	_____
Occupation:	_____	Stress:	LOW    MEDIUM    HIGH
Smoker:	YES    NO	Do you need a receipt for your insurance?	YES    NO
Do you want to receive a monthly newsletter with recipes, health information, product promotions, draws, essential oil DIYs with the option to unsubscribe?			YES NO

Allergies (food, medications, environmental)?	YES	NO	(If yes, please list)
_____			
_____			
Under a Doctor's Medical Care?	YES	NO	(If yes, for what condition)
_____			
_____			
Medications or supplements?	(Name and dosage)		
_____			
_____			
Describe a typical day's dietary intake.			
_____			
_____			
Describe level of activity/exercise?	Sedentary	Moderate	High
_____			
_____			
Main goals are you looking to achieve.			
_____			
_____			

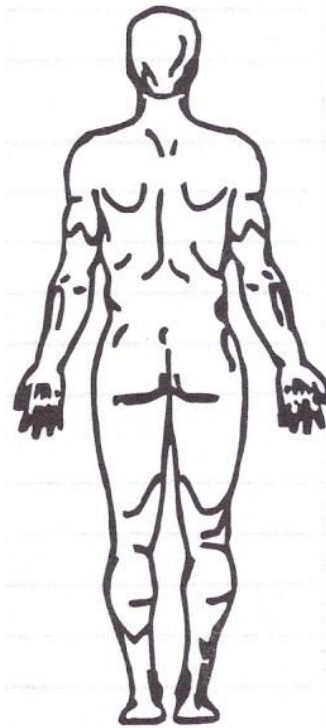
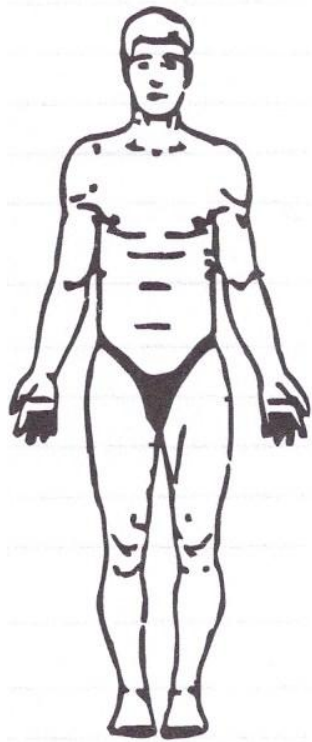
**MEDICAL INFORMATION:**

<b>Do you currently have (or have you experienced) any of the following conditions?</b>	
Asthma _____	Cancer/Chemo _____
Constipation _____	Diarrhea _____
Diabetes _____	Arthritis _____
Epilepsy _____	Eating Disorder _____
Heart Problems _____	Hearing Disorder _____
Headaches _____	Migraines _____
High/Low BP _____	HIV/AIDS _____
Organ Transplant _____	Poor Digestion _____
Pregnancy _____	Sleep Disorders _____
Urinary T.I. _____	Yeast Infections _____
Varicose Veins _____	Vision _____
Hysterectomy _____	Menopause _____
Mental/Emotional _____	Recent cold/flu _____
Skin Disorders _____	Respiratory Disorders _____
Recent Injuries _____	
Surgeries _____	
Other _____	

I, \_\_\_\_\_, understand that Aromatherapy, Massage, Reflexology, Reiki, Nutrition Counseling or any other holistic modality is not intended to replace allopathic methods of treatment, nor is it meant to be a diagnosis or cure.

I declare that the above information is true and complete to the best of my knowledge.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



**RESERVED FOR THERAPIST**

Notes/Observations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Name of Therapist:** **Lise Ritter n.p.** ACNN Membership No: **10-5407**

**Foreseen number or frequency of visits:** \_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
**Signature of Therapist**

\_\_\_\_\_  
**Date**