

Nasal Spray & Gargling Prevent & Treat Respiratory Infections

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- *decrease infection risk*
 - *deactivate viruses*
 - *stop viral replication*
 - *lessen symptom severity*
 - *shorten illness duration*
 - *reduce transmission*

Why spread fear and infection?
Homemade & OTC solutions exist!

HealthyImmunityNOW.org