



I graduated from William Paterson University in Wayne, NJ (2002), where I earned a B.A. Degree in Psychology with a minor in Fine Arts.

Upon graduation, I worked for a therapeutic preschool that served children ages 3-6 diagnosed with ADHD, Oppositional Defiance Disorder, Autism Disorder, Separation Anxiety, and severe emotional/behavioral difficulties.

In 2005-2007, I pursued my M.S.W. from Rutgers University. During my internships, I worked in a substance abuse program for teens at a hospital, where I provided individual/group treatment for teens ages 14-19, all mandated by the court system. I also interned for an agency providing individual, group, and family therapy for children ages 3-12 who come from homes affected by domestic violence.

Upon graduation, I was hired by the agency that offered my second internship placement, and I remained there as a full-time clinician from 2007-2014. As an LCSW in 2009, I started The In-Home Parent Coach®, and since 2015, I have worked solely for my company.

I have spent over 15 years working with hundreds of challenging toddlers through teenagers diagnosed with A.D.H.D, Oppositional Defiance Disorder, Conduct Disorder, Bi-polar, and Autism-Spectrum Disorders. I have worked with children and their families in hospitals, mental health facilities, and I currently provide In-Home Services. I work with boys and girls (ages 2-19) with severe emotional/behavioral issue from various ethnic backgrounds, races, and religions.

I believe that parents can gain the leadership skills necessary to restore order in the home, strengthen the bond between parent/child, and reconnect with their children. I am highly attuned to the leadership process and verbal/nonverbal communication skills to bring peace back into the home.

I have personally provided services in over 200 homes, and I continue to work within home environments today. My unique "on the front line of battle" experiences make me a powerful catalyst for change when working with families. Through reprogramming, exploration, guidance, and direct training, my clients learn to confront their fears, plan effectively, and take the steps to reclaim their parental power.

The In-Home Parent Coach®  
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**Objective:** To help provide a positive and caring environment for children and families all across Northern New Jersey.

**Education:** Rutgers University New Brunswick, NJ.  
**Master's in Social Work (2007)**

William Paterson University Wayne, NJ.  
B.A. in Psychology (2002)  
Fine Arts Minor

**Experience:** The In-Home Parent Coach, LLC Rochelle Park, NJ

1/2009-Present CEO/Founder, 12 Week In-Home Parent Leadership Program®

Contract with NJ DCP&P: July 2021-Present

- Parent Leadership Program (12-week Group Program)
- Change from Within Program (26-week Group BIP)
- Fathers Leading Families® (16-week Group Program)

Contract with NJ Child System of Care: July 2014 to Present

Provide in-home therapy (IHH) and individual supports services (ISS) to children, teens, and young adults with Developmental Disabilities.

Provide Court-Approved Services: (2019-Present)

- Court-Approved: Reunification Therapist
- Court-Approved: Therapeutic Supervised Visitation Provider
- Court-Approved: Parent Coach

NJ Child System of Care: CMO Provider (2010-Present)

- MOU- Hudson Partnership September 2011- Present
- MOU-Caring Partners of Morris/Sussex County October 2011-Present
- MOU-Essex County Partnership for Children- April 2012-Present
- MOU- Families and Community Together- September 2013- Present
- MOU- Ocean County CMO- 2019-Present
- MOU- Monmouth County CMO- 2019-Present

NJ Child System of Care: Mobile Response Provider: 2020-Present

- MOU-Passaic County
- MOU- Morris/Sussex County

Certifications:(2013-Present)

- Clinical Supervision Certificate
- Deluth Model Training Certificate

9/2006-12/2014 Jewish Family Service Clifton, NJ.  
 Out Patient Program, In-Home Parent Leadership Program, P.A.L.S Program (Peace a Learned Solution), Community Case Management Program, Sequoia Program (Senior Citizens) and Value Options/Perform Care (Master's Level)

Individual Therapy (Children, Adults, Senior Citizens)  
 Child Centered Play Therapy (children ages 3–12 years-old)

- Witnessing or experiencing domestic violence
- Experiencing physical and/or sexual abuse
- Children experiencing PTSD
- Children Diagnosed with PDD and other Cognitive/ Developmental Delays.

Directive Play Therapy (children ages 3-12 years old)

- Witnessing or experiencing domestic violence
- Experiencing physical and/or sexual abuse

CBT, REBT, Solution Focused, Behavioral Interventions (Adults)

Facilitate Group Therapy

- Social Skills Groups (children ages 3-12 years old)
- Art Therapy Groups (children ages 3-12 years old)
- Art Therapy Group (Senior Citizens)
- Recreational Therapy Boys Group (ages 9-12 years old)

Program Creator/Coordinator (12 Week In-Home Parent Leadership Program)

Family Therapy

- Creative Arts Therapy (Art Therapy, Therapeutic Games)
- Talk Therapy (Structural, Behavioral)

Marital Therapy

Heavy Case Management

- Locate apartments
- Locate Furniture
- Take clients to Legal Services
- Take clients to Social Services
- Support with the court system

In Home Needs Assessments (Through Value Options)

Intensive In-Community Service Delivery (Through Value Options)

9/2005-4/2006 Passaic Beth Israel Medical Center (Internship). Passaic, NJ.  
 Partial Hospitalization Program, Intensive Outpatient & Adolescent Programs

- Facilitate and Co-facilitate Group Therapy (PHP, IOP, and Adolescent Substance Abuse Treatment Program)
- Individual counseling as needed (Adolescent Program ages 14-19)
- Case Management (Adolescent Program)

6/05-9/05 People Care Hackensack, NJ.  
 Behavioral Assistant (In-home)

- Behavior Modification for two teens with behavioral difficulties.
- Individualized treatment goals catered to client
- Token System
- Point System

- 5/03-  
4/05
- Supervisor for Mentoring Program  
Youth Consultation Services Ramsey, NJ.  
Senior Activities Therapist (for emotionally/behaviorally disturbed and developmentally delayed 3-6 year olds)
  - Behavior Modification techniques (via Positive Reinforcements)
    - Star Chart
    - Treasure Box
    - Stickers
    - Verbal Praise
    - table manners/proper meal etiquette
    - Anger Management Activities
  - Activities for Daily Living Skills
  - Fine/Gross Motor Skills
  - Second Step Program (Feelings Exploration)
  - Prepare Children for Kindergarten

- 6/02-  
9/02
- In-Home Tutor/Companion Paterson, NJ  
Emotionally disturbed/developmentally delayed 6 year-old and 5 year old sister
- Planned Daily Events
  - Academic Activities
  - Organized Outings (Parks, Children's Museum, Movies, etc.)

- 9/01-  
4/02
- YMCA Wyckoff, NJ.  
After School Program/Shining Star Program
- Helped children with Homework (ages 5-12)
  - Worked with Developmentally Disabled (ages 7-22)
    - Planned activities/art projects
  - Birthday Part Host (3-9)
    - Independently set up tables, chairs and decorations
    - Organized Activities for Sports and Carnival Parties

**Presentations:** NASW 2017 Conference- Parent as Leaders: Helping Mental Health Professionals Engage and Empower Parents in Treatment. (4 Continuing Education Credits)

**Certifications:** Clinical Supervision Certificate  
Deluth Model Training Certificate  
10 Hour Certification on Positive Behavioral Supports (ID/DD Population)

**Skills:** Spanish speaking (Intermediate Level)  
Proficient Computer Skills

**Interests:** Drawing, Painting, Musical Compositions