



I graduated from William Paterson University in Wayne, NJ (2002), where I earned a B.A. Degree in Psychology with a minor in Fine Arts. Upon graduation, I worked for a therapeutic preschool that served children ages 3-6 diagnosed with ADHD, Oppositional Defiance Disorder, Autism Disorder, Separation Anxiety, and severe emotional/behavioral difficulties.

In 2005-2007, I pursued my M.S.W. from Rutgers University. During my internships, I worked in a substance abuse program for teens at a hospital, where I provided individual/group treatment for teens ages 14-19, all mandated by the court system. I also interned for an agency providing individual, group, and family therapy for children ages 3-12 who come from homes affected by domestic violence. Upon graduation, I was hired by the agency that offered my second internship placement, and I remained there as a full-time clinician from 2007-2014.

As an LCSW, I started The In-Home Parent Coach® in 2009. Since 2015, I have worked solely for my company. For over a decade, I have worked with boys and girls (ages 2-18) with severe emotional and behavioral issues from various ethnic backgrounds, races, and religions. I have personally provided services in over 200 homes, and I continue to work within home environments today.

The In-Home Parent Coach®
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Website: <http://www.theinhomeparentcoach.com/>

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Objective: To help restore order in the home, strengthen the bond between parent and child, and to reconnect families.

Education: Rutgers University New Brunswick, NJ.
Master's in Social Work (2007)

William Paterson University Wayne, NJ.
B.A. in Psychology (2002)
Fine Arts Minor

Experience: The In-Home Parent Coach, LLC Garfield/Union City/Elmwood Park
NJ

1/2009- *CEO/Founder-12 Week In-Home Parent Leadership Program®, I/H/ISS
Provider for children with Developmental Disabilities. IIC Provider for the
NJ Child System of Care.*

Contract with State of NJ to Provide in-home therapy and individual
supports services to children with Developmental Disability- July 2014 to
Present

MOU- Families and Community Together- September 2013- Present
MOU-Essex County Partnership for Children- April 2012-Present
MOU-Caring Partners of Morris/Sussex County October 2011-Present
MOU- Hudson Partnership September 2011- Present
MOU- Bergen's Promise December 2010-Present

Jewish Family Service Clifton, NJ.

9/2006- *Out Patient Program, In-Home Parent Leadership Program,
P.A.L.S Program 12/14 (Peace a Learned Solution), Community Case
Management Program, Sequoia Program (Senior Citizens) and Value
Options/Perform Care (Master's Level)*

- *Individual Therapy (Children, Adults, Senior Citizens)
 - Child Centered Play Therapy (children ages 3-12 year old)
 - A) Witnessing or experiencing domestic violence
 - B) Experiencing physical and/or sexual abuse
 - C) Children experiencing PTSD
 - D) Children Diagnosed With PDD and other Cognitive/
Developmental Delays.
 - Directive Play Therapy (children ages 3-12 years old)
 - A) Witnessing or experiencing domestic violence

- B) Experiencing physical and/or sexual abuse
- CBT, REBT, Solution Focused, Behavioral Interventions (Adults)

- *Facilitate Group Therapy
 - Social Skills Groups (children ages 3-12 years old)
 - Art Therapy Groups (children ages 3-12 years old)
 - Art Therapy Group (Senior Citizens)
 - Recreational Therapy Boys Group (ages 9-12 years old)
- *Program Creator/Coordinator (12 Week In-Home Parent Leadership Program)
- *Family Therapy
 - Creative Arts Therapy (Art Therapy, Therapeutic Games)
 - Talk Therapy (Structural, Behavioral)
- *Marital Therapy
- *Heavy Case Management
 - Locate apartments
 - Locate Furniture
 - Take clients to Legal Services
 - Take clients to Social Services
 - Support with the court system
- *In Home Needs Assessments (Through Value Options)
 - *Intensive In-Community Service Delivery (Through Value Options)

- 9/2005- Passaic Beth Israel Medical Center (Internship). Passaic, NJ.
Partial Hospitalization Program, Intensive Out Patient & Adolescent Programs
- 4/2006
 - * Facilitate and Co-facilitate Group Therapy (PHP, IOP, and Adolescent Substance Abuse Treatment Program)
 - * Individual counseling as needed (Adolescent Program ages 14-19)
 - * Case Management (Adolescent Program)

- 6/05- People Care Hackensack, NJ.
 9/05 *Behavioral Assistant (In home)*
- 16)
 - *Behavior Modification for two teens with behavioral difficulties (ages 13 & 16)
 - individualized treatment goals catered to client
 - A) Token System
 - B) Point System
 - *Supervisor for Mentoring Program

- 5/03- Youth Consultation Services Ramsey, NJ.
 4/05 *Senior Activities Therapist (for emotionally/behaviorally disturbed and developmentally delayed 3-6 year olds)*
- *Behavior Modification techniques (via Positive Reinforcements)
 - Star Chart
 - A) Treasure Box
 - B) Stickers
 - C) Verbal Praise
- *Activities for Daily Living Skills

- table manners/proper meal etiquette
- * Anger Management Activities
- * Fine/Gross Motor Skills
- * Second Step Program (Feelings Exploration)
- * Prepare Children for Kindergarten

6/02- In-home Tutor/Companion Paterson, NJ
 9/02 (*Emotionally disturbed/developmentally delayed 6 year old and 5 year old sister*)

- * Planned Daily Events
- * Academic Activities
- * Organized Outings (Parks, Children's Museum, Movies, etc.)

9/01- YMCA Wyckoff, NJ.

4/02 *After School Program/Shining Star Program*
 *Helped children with homework (ages 5-12)
 *Worked with Developmentally Disabled Children/Teens/Young Adults (ages 7-22)
 -planned activities/art projects
 *Birthday Party Host (ages 3-9)
 -Independently set up tables, chairs and decorations
 -Organized Activities for Sports and Carnival Parties

Certifications: Certification in Needs Assessments (2007-2008)

Certification in Needs Assessments (2013-2014)
 10 Hour Certification on Positive Behavioral Supports (ID/DD Population)

Skills: Spanish speaking (Intermediate Level)
 Proficient Computer Skills

Interests: Drawing, Painting, Musical Compositions