



Embody Your New Year Vision Within  
An Immersive All-Day Workshop

Sunday February 12th, 2023  
10am-6pm

Pacific Palisades, California

On this All-Day Writing and Movement Journey you will...

Explore the infinite possibilities that lie within your subconscious so you can open and align with your heart's desires.

See and feel the difference between an ego/ programmed desire vs your heart and soul's vision.

Uncover and move through your hidden blocks, beliefs and myths that keep you from experiencing what you want to create.

Step into the Energetic Quantum Field in and around your body so you can embody and manifest your vision with ease and joy.

Share and play in a loving community of like hearts and minds who will support you in living in your greatest potential and fulfilling your vision.

Workshop Includes:

Guided writing and movement exercises

Journal and Pen

Homemade Greek lunch, drinks, and teas

Investment:

\$375

To reserve your spot please contact Marianna at  
[travelwithinretreats@gmail.com](mailto:travelwithinretreats@gmail.com).