

HORSE SENSE

Federal 501(c)(3) # 86-0927834

PLEASE - Help us save time and money by providing your current e-mail address - Thanks

August 2019

Session 1 Classes will begin the week of September 15th

Volunteers - Call-In or E-mail by September 1st to confirm participation

FUND RAISERS

Find us on Facebook and Twitter - Spread the word to your friends Check for Weekly Updates

ENROLL FRY'S VIP

Enroll your Fry's VIP Card - SICP #BH909 www.FrysCommunityRewards.com

Tell a Friend and keep the donations coming in 30 Families enrolled - Let's find more

SPECIAL THANKS

All of you have made a difference - Thank you - MaryAnn and Robert Hirschberg, Taylor and Kempton Hooper, Chris and Craig Hudson and Tyler Farms for lending us their horses and facilities this past year. Thank you to Royal Arabians for making a new chapter at Stable Influence possible.

2019 AWARDS

Junior Rider Volunteer Stable Influencer Julia Smith Kim McQuarrie Kelly Karns

Tax Deductions -

Remember to keep track of your mileage coming and going from our classes and our fund raisers for a cents-per-mile deduction at tax time. Check with your tax preparer.

PROGRAM LOCATIONS - Chris Office - 623-465-0637 - - - Chris' Class Cell Phone - 623-229-4221 - ONLY for last minute calls please. If you are working with Barb - call her at 480-277-3629

*** Mesa: Royal Arabians - near McKellips and Lindsey - Mesa - NEW LOCATION

New River: Stable Influence - near Shangri La Lane and New River Road - New River

Peoria/Glendale: Soft Wind Riding Club - 2 Blocks east of 67th Avenue near Pinnacle Peak Road - Glendale

100 for \$100 +

Our 100 for \$100 campaign is still going on. Come on now - Ilm sure that every one of our supporters can find JUST ONE person to donate \$100.

Often if only you ask, companies and folks you know will help. Share your stories about your Stable Influence experiences - share on your Facebook or Twitter account and ask your friends to support our mission.

Unlike most charities, over 90% of all donations go directly to help our riders. Donations are tax deductible to the fullest extent of the law.

YOU WILL MAKE A DIFFERENCE

Smile.Amazon.com

Smile.Amazon.com gives .5% to us, but if you shop at Smile.Amazon THROUGH Goodshop.com - we get more than 1%. What a deal for a Double bonus.

Each time you shop, a portion of what you spend is donated back to us! So you can support Stable Influence and the work we do, while you save!

BOARD OF DIRECTORS

President - Chris Hudson Vice President - Bob Stapleton Secretary/Treasurer - Craig Hudson

> THANK YOU FOR YOUR SERVICE

QUICK FUNDRAISERS

100 for \$100+ --- \$10 Poop Bucket Challenge — United Way Campaign

Tell ALL your friends of the successes you have seen and experienced

Bring more Riders in to ride, Volunteers to help and Supporters to donate.

2018 - 2019 DONATIONS

\$5,000 and Over

Don and Edna Franklin

\$1,000 to \$4,999

Hudson Family Morris Family Outlander Private Foundation

\$500 to \$999

Boeing ECF Deeanna Stiglich Smith Family

\$100 to \$499

Amazon Smile Honeywell Hometown Kroger/Fry's

American Family Insurance Solutions Alan and Lorna Parmenter

Bell Family Ivan Lau Wilke Family
Nancy Buss Karns Family Wolfe Family

All Others

Maureen Stevenson Priscilla Wardlow

2019 Horse Show Sponsors

Archibald Family MaryAnn Hirschberg In Honor - Lauren Denise Bee HUB Grill & Bar Sandoval

Ana Bentancur Hudson Family Schrieber Foods, Inc.

Cactus Tees Karns Family Smith Family

Cogar Family KIND Bars Sprouts

Einstein's Bagels In Honor - Natalie Malena In Memory - Gary

Fieldstone Family McQuarrie Family Stevenson
In Memory - Grandpa Ray Elaine Migala Trader Joe's

and Grandpa Ron Parmenter Family Union Grill & Tap

Grabau Family Safeway Walmart

Hardin Family In Memory - Juli Wilke Family Krista Hartman Sandoval

AND those who wish to remain anonymous

Thank you for your kind support !

Under the Sea 21st Annual Stable Influence Horse Show by Kim McQuarrie

As the sun came up, Chris and Craig had Freckles and Dakota loaded and driving Saturday, April 6 heading to the stable for our 21st Annual Charity Horse Show - Under the Sea. Alex, Craig and Charlene directed the delivery of the Obstacle Course pieces, tables and pop-up tents. Elaine, Laura and Patricia prepared the volunteer and rider check in table. Lisa and Sue set up the pop-up tents and tables for Rider Snacks. Charlene and Kelly put together the Silent Auction.

Saige, Kim and Alexis, groomed the horses then donned them with bright bareback pads and matching rope halters. Alyssa, Tobe, Erin, Lilliah began setting up the intricate portions of the Pole Bending and Obstacle Course under Barb's guidance. Leilah was busy taking pictures to document this special event. Alex and Alexis began playing games and warming up the horses as families began to arrive. Dakota was full of perky ears as she watched her friends arrive. The sun hid throughout the morning providing blissful clouds that provided picture-perfect weather. Freckles turned in her normal slow walk for a motivated charm for all her riders.

The arena was transformed into an ocean of excitement with bright blue barrels, colorful poles and even a sandy beach! Each rider arrived in their bright blue shirt with the show logo Alex created adorning the front. They checked in and retrieved their number hoping to win first place today as they did their walk through of the Obstacle Course. We started off with On-Line classes. Kaeley, Lizzy and Veronica showed in the Beginner Division, while Brittany, Irish, Julia and Lauryan in the Intermediate Division. Darla, our judge, challenged, yet encouraged each person to work through the On-Line tasks as she judged each rider's participation. Everyone completed all tasks and received full score.

Once On-Line was completed it was time for Lead Line -9 class, a group picture, then riders began to compete in Pole Bending and the Obstacle Course. We finished off with Natural Equitation as the Silent Auction closed.

Brittany Dolfo arrived at the arena with great anticipation. On-Line she kept the right energy to drive Freckles' hind quarters, driving Freckles over the cavaletti to reach the full score for her On-Line Class. Brittany scored first place in Pole Bending, Obstacle Course and Natural Equitation,. She has the best time for the Obstacle Course and kept a strong direction throughout the day including 4 total first place medals in her division - Advanced Trot!

Cinder Peterson barely perched up on Freckles did well in his first ever class - Lead Line -9. For Pole Bending, he quickly expressed his rein management and had the eyes of the crowd on him as he earned his first-place Pole Bending medal in his division - Walk 2/3 Aides!

Irish Smith presented her best horsemanship taking home 3 first place medals. She moved up a division in On-Line and yo-yo'd off the tarp after a 7 second stop for her best On-Line class. She held a strong posture during Pole Bending which won her a first place. She had the best overall Obstacle Course score in her division - Minimum Trot 1 Aide or Independent for a first place! This was her first time showing in Natural Equitation - and she won a second place for her effort.

Juila Smith started her first moment on Freckles with a vibrant "Woohoo!" On-Line she drove Freckles sideways with a gentle lift of the arm and reached all the possible points. She displayed perfect turns around poles in Pole Bending and placed first! Her joy continued during the Obstacle Course where she scored the fastest time and the first place medal in her division - Minimum Trot 2/3 Aides. She also placed first in her first Natural Equitation class.

Kaeley Towne rode Freckles for her first public equine event! She conquered the distracting noise and scored every On-Line task. For the Pole Bending she kept Freckles straight and scored third in her division - Walk 1 Aide/Independent. For Obstacles she stayed consistent and placed second.

Lauryan McQuaid entered the arena with Freckles with composure. On-Line Lauryan competed in the Intermediate Division that added weaving cones and she displayed a perfect score. She completed the Obstacle Course and Pole Bending in second place. She then scored first place in Natural Equitation.

Lizzy Karns rode Dakota with the biggest smile available, in this, her first horse show. Lizzy guided Dakota through all the On-Line tasks for a perfect score. She placed second in the Pole Bending with outstanding grace in her division - Walk 2/3

Aides! Lizzy finished the Obstacle Course in first place with strong turns and perfect stops.

Phillip Cocklin remained straight through his Pole Bending course placing second in his division - Walk 1 Aide/Independent. He then turned Dakota gently with definite direction throughout the Obstacle Course. He loves to flirt with the ladies and he may have been distracted by all the ladies since he placed third!

Veronica Montalvo succeeded in asking Dakota to do all the On-Lline tasks scoring perfect with her direction and position! Veronica gave her biggest smiles with an outstanding score for Pole Bending earning her a first-place medal in her division-Minimum Walk 1 Aide/Independent! For her Obstacle Course, she walked across the ground bars filled with controlled excitement and completed the Obstacle Course in record time for a first place in her division. During the Natural Equation Veronica remained steady and confident on Dakota through her turns, stops and starts scoring a first place ribbon.

Then, everyone pitched in to clean up the arena. The silent auction closed and folks took home their prizes. The tents and tables were folded up and put away. The last thing was to load Dakota and Freckles and say - "See you next year!"

FUNDRAISING OPPORTUNITIES

100 for \$100 Plus

Do you buy GROCERIES ? ? ?

There is one person in everyone's circle who can give us \$100. Since 2012 we've received only 15 - 100 for \$100 donors - Thank you to those who have contributed. There were no contributions for this past year. You can finish this out this year and find 85 more folks to meet our goal. Let's complete this campaign.

Everyone is shopping on Line Now - Have that Purchase do Double Duty!

Shopping on line and browsing the internet is easy for everyone to do and by signing up to support SICP, it's easy for your purchases and browsing time to do double duty and also support our riders. Simply by choosing to shop at iGive.com or Smile.Amazon.com or browse through GoodShop.com, will send donations to support Stable Influence Riders. GoodShop's app will let you know when there is a sale at a store you shop with. Very cool. Thousands of stores participate. All sites have a convenient "shopping window" you can down load automatically and see if your on-line store is in their mall I did my Christmas shopping through iGive, saved bunches of money, all the while supporting SICP.

- iGive.com SICP Member ID 236967& Cause ID 17372
- Smile.Amazon.com sign up to support SICP
- GoodShop.com will more than double donations by Smile.Amazon.

Most stores are in both these malls. - \$383 from iGive since 2005 and \$180 from Amazon Smile since 2014. Let's get those numbers up. You are shopping anyway make it do duel duty.

If you are already one of our Fry's shopper families - Thank you - you are automatically re-enrolled, but if not, it's time to enroll your Fry's VIP card on line for Stable Influence. Fry's shares \$2M with area non-profit organizations enrolled each year. There are 29 families signed up. Remember to enroll if you shop at Fry'sl. Our portion of Fry's donation depends on how many shoppers shop for us. The more shoppers- the more we receive. So, go to www.FrysCommunityRewards.com - Sign in or Select 'Create an Account' and follow the directions. SICP Fry's Number is 80063. Please enroll and join our Fry's Shopper Family.

Share our needs with your friends and family through Facebook and Twitter and ask them join in to support a cause you believe in so every time you shop you help our riders.. \$3,115 from Fry's since May of 2012. This works all over the country and in ACME, Jewel-Osco, SavOn, Supersaver Foods, Shaws and of course Albertsons stores. Fry's VIP card works at all Kroger owned stores around the country.

Honeywell, Motorola, Boeing and ??? companies will provide grants to organizations their employees support and Employee Giving Programs will send your donation directly to us. But you have to ask. APS, Boeing, Honeywell, Motorola, Target, United Health Care, Schreiber Foods, all have supported their employees' support for us. Check with your company and ask if they will support our riders too.

* * *PLEASE * * * PLEASE - HELP US SAVE TIME AND MONEY * * *

E-MAIL YOUR CURRENT E-MAIL ADDRESS to StableInfl@aol.com

"FOLLOW AND LIKE" US ON FACEBOOK to keep up on News

STATE OF THE STABLE

Our 21st year - Guess we've come of age. A BIG THANK YOU to everyone who has supported us by volunteering, making donations or bringing us riders and volunteers. Your support has helped to make Stable Influence Charity Programs the successful Equine Assisted Activities and Therapy program it is.

Some rider highlights this past year include - - - welcoming 6 new riders to our family this year.

Brittany, Irish, Julia, Kaeley, Lauryan improved their trotting and worked on point-to-point exercises. Daniel and Jenny did some trotting with big smiles - more to come, I'm sure. Natalie, Jenny and Daniel are increasing their verbalization. Katelyn and LoriAnn are holding the neck rope longer and longer and can ask their horse to stop by pulling back. Cinder, C, D and J are all beginning to use reins to whoa their horse - verbal "Walk On" is very clear. They all love doing positions. Bella, Brittany, Irish, Julia, Kaeley, Lauryan, Lizzy and Veronica are continuing to improve their on-line work. Brittany is working on finesse with her riding. Daniel, Jenny, Lizzy and Bella are using reins better each ride. Phillip enjoys his rides and loves flirting with the girls as he continues to improve his reining. These special moments make us all smile and confirm to us that we are doing what we should be doing. We have improved the lives of over 457 riders since 1998. Some have been riding with us from the beginning. WOW!!

Program - For FY18 we only averaged 12 half-hour riding lessons each week. This was down from 15 in FY17 and less than half of what we would like. Barb got Mesa started on time in mid-September, but I couldn't get Peoria going until Halloween due to my knee surgeries. We had a wonderful fall and I'm so sorry I missed some of it. Fees were again \$420 per 6-week session. All our riders pay a reduced fee and benefit from donations we receive. We bill a discounted fee in advance to lock in the day/time each rider wants. We had 3 sponsored riders this year, and 1 rider received a half-scholarship. Our cost per rider was up from FY17 to \$600 per 6-week session. I expect that to drop this next year. I estimate we will need to fund raise about 45% of our rider costs to pay minimum operation expenses. Thanks to the Southern Sassenach's T-Shirt Raffle last year and a generous donation from the Franklin family, we were OK, and were able to do a little catching up for instructor and boarding costs. Rider fees are calculated to pay for only the absolute essentials, less riders than we need has caused us to fall short for New River horse boarding and our Director and Head Instructor salary. Several riders have indicated they want to get started in the fall - so hope they follow through. We have riders who have been with us since before the beginning and we appreciate their continued support. We always welcome new riders. Some come and stay, but others are seeking a specific goal and once reached - it's time for them to "fly away". The Hudson's have supported 3 of our horses since February 2017 without full payment for board. Hay will be purchased again this summer. We have a couple of riders needing sponsorship funding. So if you'd like to help keep a rider riding, contact us to make a donation. Donations for expenses are always appreciated. Funding for bareback pads, t-shirts, equipment repairs and vehicle maintenance are not included in rider cost calculations and are totally dependent on donations. If we don't have the money, we cannot buy the equipment needed.

FY18 scheduled 513 half-hour riding lessons - which was about 30 less than last year due to our late start in Peoria. We'd probably be up a bit if I could have started mid-September. We could have provided 1460 rides - more than 2 times that with adequate volunteer support. We provided 448 lessons. There were 57 paid no-shows. Weather was not too bad with only 46 lost rides, which were made up. This summer, 9 riders participated in classes - 2 more than last year. Six riders will continue in August in New River. Continuing education for our instructors and volunteers were partially paid for privately. Craig, thank goodness, continues to donate vehicle, shed and ramp maintenance. We put the last rider on horses at Tyler Farms July 25. August 1 we move to Royal Arabians just a few miles away to continue our program. Our classes at Soft Wind Riding Club in Peoria/Glendale and at Royal Arabians in Mesa will begin again mid-September. We may be opening a day in New River as we have some Anthem riders and our Peoria/Glendale site is pretty full. YEAH!

Volunteers:

57 Registered volunteers with 21 helping out each week. 1,628 Volunteers since 1998. 3,926 hours of volunteer time were given this year. A 21-year total of 107,140 Volunteer hours. Horses gave 225 hours this year. 20-year total of 9,637 Horse hours by 56 Horses since 1998.

Horses - In Mesa - Indie, about 20, and Stetson, 22, continue to help our riders. Indie does very well for our little guys and those that need a quiet ride. Our riders enjoy her quiet movement. Stetson's bigger movement is great for riders needing a push to work their core. He continues to learn and keeps his riders on their toes - but he does take care of the riders who need taking care of. Barb, Elaine, Kelli and Laura help with conditioning our Mesa horses. Our "baby", Dakota is now 18 and our riders enjoy her wide back and quiet movement. Freckles is 25 now and is my first choice for new riders who need a quiet and somewhat narrow horse on the north end of town. Dakota and Liber-T certainly are not narrow. Liber-T is 26 and I love her bigger movement to work the core of riders needing to strengthen. Liber-T still asks for accuracy, but this year she has fallen in love with 2 of our littlest riders and snuggles them whenever given a chance. For August, we switched Indie and Freckles so I can develop a good feed plan for Indie. Thank you to Alexis and Kim for helping exercise the New River Horses. Horse board is a cost we have monthly no matter how many riders we have. The Equine Dentist is out in December and that will be about \$500 this year. We have 2 horses in Mesa and have 3 in New River. Thank you to the Morris family, The Outlander

Private Foundation and Hudsons for supporting our horses. We are overwhelmed and thank Royal Arabians for their support in hosting our Mesa program beginning August 1.

It's time for hay delivery and we are checking out costs this year. Hay prices are up a couple dollars a bale. The board for New River horses covers hay and grain costs. The board cost for Mesa covered only hay. Your hay/grain donation will allow us to purchase what we need.

You can help out with our Adopt a Horse program to support one of our amazing horses. Your donation of \$2,900 will support one of our horses for an entire year. OR \$250/month. Come and ride. Your gift as well as your mileage can be tax deductible.

<u>Facebook and Twitter</u> - each week we post on Facebook and Twitter gets hit as well. Laura has started to help with the social media input. "Like", follow and post to our Stable Influence Charity Programs page. Enjoy and share pictures of our riders' successes, as well as noting class changes. Also, just for grins and giggles, watch for sunsets, wild life and other fun stuff happening each week. Add a story, share with your friends, family and folks who may benefit from our services or want to help out. Spread the word - that's our best advertisement. If you ask your followers to donate, to sponsor a rider or horse, or just because, I bet some would. Donations can be given through Pay Pal Giving site by clicking the button on our web site.

<u>Rider Stats</u>: 17 total riders participated in classes this year down from 19 last year. 5 - Autism, 2 - CP, 2 - Developmental Delays, 2 - Fetal Alcohol Syndrom, 1 each ADD, Brain Tumor, Down Syndrome, Lennox Gausteau, Ohdo, Schizophrenia. Rider ages: 0-4 4, 6-10 1, 11-20 6, 21-30 4, 31+ 3.

We rode in 3 locations this year. We rode on Monday and Thursday at Tyler Farms in Mesa. For Glendale, our horses are trailered from New River each week during the school year. With the summer heat, our riders enjoy riding in New River where they have had fun on real trail rides. We ask all riders, volunteers and supporters to spread the word to potential riders and volunteers to help us increase participation. We had wonderful participation of volunteers this past year and are thankful to everyone who helped out. We so appreciate the support of our site owners - Maryann at Soft Wind Riding Club in Glendale, and the Hudsons in New River. We are sorry to leave Tyler Farms, but have been invited to move to Royal Arabians just a few miles away to continue to offer therapeutic riding and equine assisted activities to folks in southeast Phoenix.

<u>Horse Show</u> - "Under the Sea" was our watery theme for our show. Nine riders participated in classes at our Twenty-First Annual Horse Show on April 6. \$2,174 was collected after expenses, which included our Silent Auction (\$650). This was about \$150 more than last year's show. Kim McQuarrie took on the task as Show Organizer this year and she's ready to do it again next year. Thank you Maryann Hirschberg for continuing to let us show at Soft Wind Riding Club. See the show report in this newsletter.

<u>Staffing</u> - No changes, Chris Hudson continues as the Head Riding Instructor and Executive Director. Barb Bell teaches Thursdays and Summer Mesa classes and coordinates horse care in Mesa. Elaine, Kelli and Laura assist with horse care. Chris handles the classes on Monday, Tuesdays and Wednesdays in Mesa, New River and Peoria. Tuesdays, Thursdays, Saturdays and Sundays are available to work horses and for volunteer lessons. Chris does the horse care in New River alone. Alexis and Kim have helped exercise horses in New River. Come play with our horses and improve your skills.

<u>Donations</u> - We, of course, thank all of you who donated this past year. We had new donors and supporters who help every year. Keep spreading the word and let us increase donors. We received a large donation from a past volunteer, Don and Edna Franklin, which was greatly appreciated. We received donations from The Outlander Private Foundation, Morris Family, Smith Family, Boeing ECF, Denise Stiglish and Denise Bee, to name a few. Of course, we always need to keep finding new donors. Thank you to ALL listed in our Donation Section - we truly appreciate your generous gifts.

A group effort by riders, families, volunteers and staff is necessary to keep riders riding. Our supporters, that includes all of you, help us find new sources of funding and bring donations in by sharing our story. Keep spreading our story to find new donors.

The challenges our riders have require extra help financially just for day-to-day living. Insurance and government programs do not support Equine Assisted Activities. Our riders receive so much benefit, their families struggle to pay for them to ride. I believe that is why each year new riders come to us and previous riders return. We have riders who have been with us for over 20 years. It works, and most riders see improvements the very first ride.

<u>Fundraising</u> - Our horse show is our big fundraiser each year. Other ideas could be - a wine tasting or a painting party. Who can set up a simple fundraiser? Got "Spare Change" - we'll take it. A scholarship fundraiser would be good to support the riders on scholarships. Several riders are requesting funding assistance. Little events like a dinner for friends, a t-shirt raffle, a car wash and the continued support of regular donors are appreciated and allow us to keep doing.

Usual fundraising and donations were around \$19,100 - this was an increase of about \$700 from last year less the Southern

Sassenach's T-Shirt Raffle which was a windfall. We are hoping for another T-Shirt Raffle by the Southern Sassenach's for this coming year. We continue to work to get donations up. Fundraising is a critical need in all non-profits. Some grant writing was done in the past and if someone would like to tackle it - thanks. Horse expenses, insurance and repairs were up. Other expenses remained pretty stable.

We have a "Poop Bucket Challenge" - asking for a \$10 donation. Help us fill a poop bucket to support our horses. Supporters, ask family and friends to donate to our "Poop Bucket Challenge". If you then encourage 5 friends to join in and they ask 5 friends - - - . We would have all we need to support our horses. Donate through our Pay Pal Giving account or better yet, send your Horse Care gift directly to us and let's fill our bucket up. Eight years ago we started the 100 for \$100 campaign. It's still out there - unfinished. Let's finish this campaign by each one of you finding just ONE person to gift us \$100. They're just waiting to be asked.

Craig and I have personally coveed the costs for the New River horses the past 2 years. Donations from The Outlander Private Foundation, Hudson Family and Morris Family helped with horse care this year.

Ask people you know to support us - they can give us \$10 a year - or better yet \$10 every month . Although it doesn't sound like much, I bet we could bridge our costs if everyone plays a part and makes it happen. What do the big foundations say? "For only \$.33 a day!!!" That's only 2 Starbuck's coffees or a pizza in a week. AND if everyone found just one person or company to donate \$100, we would meet our campaign goal. Your request gets us in that door. Often folks ONLY NEED TO BE ASKED. Donations have come from various companies simply because their employees asked. Does your company offer funding or grants? You don't know if you don't ask.

Our fundraising needs each year are: Insurance \$1,200, PATH Membership \$650, Continuing Education for our instructors, \$500, our 5 horses require board, feed, vet and hoof trimming to the tune of around \$18,000. Our instructors work more than their small salaries give for their time. Their compensation has not increased since 2000. I personally put over 70 hours a week into the program with teaching, office administration, fund raising and horse care. Barb does way more than teaching 1 afternoon a week. Office and utility expenses never go away. Our Suburban is a 1986 with over 500,000 miles and our 2001 Elantra just turned over 283,000 miles. We have to plan for newer vehicles sometime in the not too distance future. We've been using Hudson's personal dually pick-up truck for classes because having the pick-up bed currently makes more sense. Craig continues to donate time to keep everything running well. Thank you to Alexis, Barb, Elaine, Kelli, Kim and Laura for helping with the horses.

AND - that's my story and I'm sticking to it.

Cooking with Kids Liber-T's Bite Sized Yummies

18 Rhodes frozen roll dough (bag has 36) 1 t Cinnamon 2 Small Pkg Cook & Serve Vanilla Pudding ½ C Butter 2 T Milk Chopped Nuts - if you like

1 C Brown Sugar

Thaw 18 Rhodes frozen roll dough, cut into quarters and drop in a greased 9x13 pan.

On the stove, melt Butter. Then add Brown Sugar, Cinnamon, Milk, and the Vanilla Pudding. (It MUST be Cook 'n Serve).

Stir until combined. Pour over dough. Cover. Put in fridge and let rise overnight.

Take out of fridge about an hour before you want to eat them. Sprinkle nuts if you like.

Preheat oven to 350 and bake for about 25 minutes. You may need to put a sheet of aluminum foil over the top toward the end of the baking time so they don't get overly brown.

Once baked, take them out and let them set for about 5 minutes. Place a cookie sheet on top and flip it over so the rolls end up on the cookie sheet. Enjoy!

Enroll your Fry's VIP Card in Fry's Community Rewards Program SICP #BH909 www.FrysCommunityRewards.com

Donate or find a 100 for \$100 Donor or just \$10 for the Poop Bucket Campaign

GO - - DO IT NOW!! While you are thinking of it!

Mark Your Calendar - 2019/2020

August 1 Enroll your Fry's VIP Card at www.FrysCommunityRewards.com SICP #BH909

September 1 Volunteer Roll Call - Are you going to play with us again? - Call or e-mail either way

September 1 Rider Payment \$300 and Paperwork for Session 1 due IN OUR OFFICE

September 15 Session 1 Begins

October 27 Session 2 Begins - - No Break - 7 Weeks

November 24 - 30 Thanksgiving Break - No Classes

December 1 Session 2 resumes

December 22 Christmas Break - No Classes 2 Weeks

January Horse Show Committee Meeting

January 5 Session 3 Begins

February 16 Session 4 Begins - No Break - 7 Weeks

April 4 22st Annual Horse Show

April 5 Horse Show Break

April 12 Session 5 Begins

May 24 Session 5 Break

May 31 Session 6 Begins - 9 Weeks

2019 - 2020 Ride Day Schedule - Approximately

Mesa Monday and Thursday Volunteers 2:30 to 6:30 PM - Riders 3:30 to 5:45 PM

New River - Maybe - Volunteers 2:30 to 5:45 PM - Riders 3:30 to 5:00 PM

Peoria/Glendale - Wednesday - Volunteers 2:00 to 6:15 PM - Riders 3:00 to 5:30 PM

Yes, I want to Help Stable Influence

Play a major role in the continued success of SICP through your tax deductible contribution. THANK YOU, your support makes a CRITICAL DIFFERENCE. Helping in any way guarantees we will keep you informed about therapeutic riding events and our riders will continue to benefit from the proven benefits of therapeutic riding.

Enroll or Re-Enroll your Fry's VIP card and support our riders every time you shop. You have to renew every August to continue to support us. SICP #80063 - www.FrysCommunityRewards.com.

Sponsorship:		<u>Sponso</u>	rships for a Rider:			
	\$10 - Newsletter Sponsor		\$420 - Six Week Riding Session			
	\$25 - \$199 - Friend of Stable Influence		\$3,500 - 43 Week Riding Session			
	\$200 - \$499 - Supporter of Stable Influence		-			
	\$100 - ??? Equipment Sponsor	Other:				
	\$?? - Other Donation		\$250 - Adopt a Horse for a Month			
	\$1,500 - Insurance Sponsor		\$3,000 - Adopt a Horse for a Year			
	\$ A monthly pledge contribution		\$25 - Horse Show Class Sponsor			
	100 for \$100 + Sponsor		\$50 - Horse Show Award Sponsor			
	\$10 - Horse Board Sponsor		\$75 - Horse Show Division Sponsor			
Donations through PayPal from our web site - www.stableinfluence.org - OR Mail your contribution to: Stable Influence Charity						

STABLE INFLUENCE Charity Programs

P. O. Box 54006 Phoenix, AZ 85078-4006

Phone: 623-465-0637 E-Mail: StableInfl@aol.com www.stableinfluence.org

Rider Scheduling for Ride Year 2019- 2020

\$300.00 PAYMENT & PAPERWORK MUST BE IN BY SEPTEMBER 2nd

PAYMENT, RIDER SCHEDULING, AND PAPERWORK - Schedules will be based on requests as of September 4th. Requests will be handled on a first come, first served basis.

You know the routine - YOUR PAYMENT AND PAPERWORK MUST BE IN OUR OFFICE, --- OR YOU WILL NOT BE PUT ON THE ROSTER.

Returning Rider Forms were handed out in May to those needing to renew. Completed paperwork must be presented <u>before</u> you ride. Please be sure and check that all forms are <u>filled in completely</u> with appropriate dates and information. Be sure you legibly include your E-Mail Addresses and Phone Numbers. Your first ride day may be delayed if there is missing payment or paperwork.

FINANCIAL AID - Financial aid letters must be approved by the Board of Directors prior to first ride.

Please use the tentative daily schedules below. Times are approximate and may change depending on the number of students and volunteers in each day's grouping. Indicate when you want to ride and are available. If you are flexible - let us know. For example "I can ride Monday between 5:15 and 6:00 PM." or "I can ride Tuesday afternoon as long as I'm done by 6:00 PM". Cut bottom and return the schedule request, payment and paperwork to our office at the address below.

1st Choice		2nd Choice				
				MENT to schedule your ride time -		
Rider Name:	Phone:					
Contact Name: E-Mail:						
*** Payment, Schedule Request and Paperwork due in our office - September 1 ***						
Circle 1: ½ Hour - \$300	3/4 Hour - \$450	1 Hour - \$600	½ Hour T	wice a Week - \$600		
<u>Mesa</u> Royal Arabians		New River		Peoria/Glendale Soft Wind Riding Club		

3,	.30 to 3.43		
1st Choice		2nd Choice	
1st Choice		Zhu Choice	

Wednesday PM

3:00 to 5:30

Please call Chris Hudson at 623-465-0637 if you have any questions, comments, confusions or requests.

To Be Determined

3:30 to 6:00

Return to Stable Influence Charity Programs, P. O. Box 54006, Phoenix, AZ 85078-4006

Monday and Thursdays