



HORSE SENSE

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Federal 501(c)(3) # 86-0927834

December 2019

Happy Holidays

from

Chris and Barb

Indie, Stetson

Dakota, Freckles and Liber-T

Session 3 Classes will begin the week of January 5th

Thank You for Your Support

S Accaira, Amazon Smile, American Family Insurance, Archibald Family, D Bee, Bell Family, A Bentancour, Boeing ECA, M Broeckling, D Burchert, Cactus Tees, P Cocklin, Coqar Family, S Condon, Costco, L & L Danielson, Einstein Bagles, H Fieldstone, R&L Grabau, Hardin Family, K Hartmann, In Memory of Bella Hickey, MaryAnn Hirschberg, Honeywell ECA, Hudson Family, K Hust, Karns Family, Kind Bars, Kroger Foods, K Levenske, Longnecker Family, Malena Family, K McQuarrie, E Migala, Montalvo Family, Morris Family Outlander Private Foundation, Parmenter Family A&L Parmenter, Peterson Family, Royal Arabians, Safeway, Sandoval Family, Schreiber Foods, Smith Family, Sprouts, M Stevenson, D Stiglich, Target, Trader Joe's, Tyler Farms, Walmart, P Wardlow, Wilke Family, Wolfe Family

Tax Deductions and Donations -

This year, we ask that you make your year-end charitable donation to Stable Influence. Your gift directly helps people in **Our Community**. You can donate to our 100 for \$100 Campaign, help fill our Poop Bucket with \$10 bills, Adopt a Horse, Sponsor a Rider. Every donation goes to helping our riders be successful.

Volunteers - REMEMBER - Your mileage can give you a cents-per-mile deduction at tax time.

Support Us On Giving Tuesday

Mark your calendars for Tuesday, December 3rd! Donations made EARLY through Facebook to Stable Influence Charity Programs on the 3rd could be matched by Facebook! That's right! Your donation could be doubled when made at Facebook during #GivingTuesday!

<https://fb.com/fund/Stable-Influence-Charity-Programs-Therapeutic-Horseback-Riding-EAAT-299984728486/>

In addition to your contributions, you can also give back by sharing our social media posts and emails. Mark your calendars!

Black Friday is here -

Do you shop on line? www.smile.amazon.com/ch/86-0927834 or iGive.com e-Malls make a donation to Stable Influence when you shop. We all WIN. Just searching the iGive.com e-Mall will rack up donations for Stable Influence

Do you shop at Fry's Food Stores? Enroll your Fry's VIP Card - #BH909 at www.FrysCommunityRewards.com - so the purchases you make anyway can also help our riders.

HELP ADD RIDERS AND VOLUNTEERS

Please help us add riders and volunteers by sharing our program with anyone you know who may benefit from our services. We have space in Mesa for several riders. Filling our roster with riders will allow us to continue our services. Referrals are wonderful. Each year we get several new riders and volunteers because of a referral. Riders are why we are here, so we need to add more to continue offering our services. Share your experience with others so they can find us. We have riders and volunteers from FOREVER and some just starting. Our volunteers want to keep busy with more riders to help. Volunteers are always needed at all our sites. Tell your story to your friends, care givers, doctors and therapists. They may know someone who wants to receive the benefits of therapeutic riding or would like to help out. Your Equine Assisted Activities experiences and volunteer opportunities bring participants to us. We need your help to fill the extra rider spaces. Thank you to those who have referred friends to us. We are here to help. Spread the word - There are people out there we can help, they just don't know how to find us.

BOARD OF DIRECTORS

President - Chris Hudson
Vice President - Bob Stapleton
Secretary/Treasurer - Craig Hudson

REMEMBER -

IF YOU SHOP ON LINE -
NO MATTER WHAT STORE
Please . . . SHOP THROUGH
Smile.Amazon.com, iGive.com or Goodsearch.com

MAKE A DIFFERENCE IN SOMEONE'S LIFE

Donate on Giving Tuesday through Facebook to double your donation - but you have to act fast and early
<https://fb.com/fund/Stable-Influence-Charity-Programs-Therapeutic-Horseback-Riding-EAAT-299984728486/>

Enroll your Fry's VIP Card - Contribute to our 100 for \$100 Campaign

Support a Rider or Adopt a Horse - Add to our Poop Bucket Challenge \$10

Kids Cooking

Liber-T's Nutty Baked Apples

4 medium apples	1/4 cup brown sugar	1 tablespoon butter
1/2 cup chopped walnuts or almonds	1 teaspoon vanilla extract	

Heat the oven to 350 degrees. Grease a baking sheet with oil. Combine the nuts, sugar, vanilla and butter. Set aside.

Cut the apples in half longwise. Scoop out the seeds and core. Cut a small section from the round part so the apple part does not roll. Put the nut mixture in the apple centers. Put the apples on the baking sheet.

Bake until the apples are soft and golden, 35-45 minutes

Makes 8 servings

YOUR SUPPORT KEEPS STABLE INFLUENCE RIDING

Royal Arabians Fundraiser

Join us on January 4 at Royal Arabians in Mesa for a fundraiser around noon. Details coming. There will be a silent auction, one of our riders will do a demo to show you what we do and there will be refreshments to enjoy as you visit this beautiful facility.

Do You - - - Shop On Line ??? Do you Browse the Internet ???

Of course you do - everyone does. Choose to shop at one of these e-malls, Smile.Amazon.com or iGive.com and you will send donations to Stable Influence Riders. How easy is that? Convenient "shopping windows" you can download to automatically see if your on-line store is in their mall. I do all my on line shopping through these malls and saved bunches of money, all the while supporting SICP. A WIN WIN for everyone.

Amazon shoppers - Smile.Amazon.com - choose Stable Influence - \$357 so far. So if you shop through Amazon, add a Smile and help increase the donations.

iGive.com - SICP Member ID 236967 & Cause ID 17372 - \$383 so far.

POOP BUCKET CAMPAIGN - No - you don't have to dump a bucket of horse poop - but we want to fill a poop bucket with \$10 donations to help care for our amazing horses. In addition to paying for board for our horses, we must trim their feet every 7 weeks, we supplement their diet with grain to keep them healthy and need yearly vet work - like floating their teeth.

Support for our horses is \$300 per month for each of them. Dakota, Freckles, Indie, Liber-T and Stetson will surely appreciate the sponsorship.

100 for \$100 Plus - Still Trying

We've gotten a few more donations, but still need 78 more people to finish our - 100 for \$100 Campaign - Let's get this campaign completed.

We have received donations from only 22 folks - Thank you to those who donated. I know there are 78 more folks who can donate \$100 to meet our goal. They are out there and just need to be asked. Help complete our campaign this year.

Supporters - Please Support !!

Got GROCERIES ???

Fry's shoppers help us every time they shop.

When you enroll your Fry's VIP card on line for Stable Influence Fry's sends us a portion of \$2M for all the Phoenix area non-profit organizations enrolled each year. Our portion depends on how many shoppers shop for us. Help us add many more shoppers to enroll for SICP.

Go to: www.FrysCommunityRewards.com - now while you're thinking of it - Select 'Create an Account' and follow the directions. SICP Fry's Number is BH909.

Ask your friends and family through Facebook and Twitter to enroll. Every time you shop you help our riders.. We have received \$3,572 from Fry's since May 2012. **This works all over the country and in ACME, Jewel-Osco, SavOn, Supersaver Foods, Shaws and of course Albertsons stores.** Fry's VIP card works at all Kroger owned stores in the country.

APS, Honeywell, Motorola, Boeing and ??? companies provide grants to organizations their employees support. But you have to ask. In the past, APS, Boeing, Motorola all have supported their employees in their support of us. Check with your company and ask for their

Sonoran Wonderland

by Kim McQuarrie

The sun set was quickly taking all the light behind the mountain. A day full of friends, Stetson and Indie visiting from Mesa, brought tired grins from ever one. As the evening settled in the sky was dark and the rain was now chilly. The horses gathered for a snack then settling for a nap. Slowly all the young puppies found warmth in a tight ball snuggled up together. Blue was buried deep in the nest of tiny paws and soft ears. Pink still had one ear lifted to listen to the rain. Tapping of raindrops calmed the animals, allowing the light rain to whisper a night song of sleep.

Dakota woke up just after midnight to the startling sound of the sharp crackle of ice. It was only an owl perched high above on a branch. The sky was filled with dark clouds dancing quickly by a silvery moon. She spoke loud and full of joy. "Wake up!" No one stirred except a few puppies ears that perked up to hear the noise. Rising to his feet slowly stretching as he stood a bit wobbly, Stetson grumbled, "What's the ruckus?" Again with a snort, "What on earth is going on." Still no one responded, but the ground was full of more noise than ever.

The chatter of voices approached the water. Jupiter and Midas led the pack. Minerva and Bellana directed the little pups to follow along instead of chasing bunnies. "What is that" asked Venus? Indie and Freckles giggled as they approached, "Silly Danes it's the horse trough, but wait why is it reflecting the moon this way"? Now they had Diamond's attention, she grabbed one more bite and trotted over to join the excitement. This was no ordinary water trough. "Where is the water?" Diamond asked as Liber-T approached. Downey sighed and gathered around the trough, "Guys you know they are the best caretakers we could ever have. Chris and Craig keep the trough filled and even take the bees out for us!"

The Danes danced with excitement wailing out, "what is it?" The water was gone. No nose could stand to sample it for more than a second. It even smelled like water, it even tasted like water, but it was way too cold to touch. All the animals backed away from this strange glowing circle where the water used to be. In all the excitement Midas wagged his tail against the trough and the bang startled them all, causing a few pups to yelp. The crack then created a silence that brought every creature to complete stillness. Freckles and Indie began to utter a soft request for help. LiberT looked up with a heart full of joy. Diamond released a few giggles with a twinkle in her eye. Dakota dropped to the ground and began to roll. Stetson looked over at Downey and sighed a huge breath of relief, "It is the coldest night we have had in ages!" "Yes" Downey replied "The water iced over but the silly Danes broke the surface for us." The pups danced in the white flurries full of questions.

Finally, Bellana gathered the pups together with a few extra fluffy bunnies excited to hear what was happening all around. She spoke of the clouds up above filled with water. Minerva jumped in to share how the cold air changed the water to a brilliant new thing. Diamond danced in the air and cried out, "Snowflakes!"

Pink puppy spent every bit of energy she had devouring the flakes before they touched the ground! Blue and Turquoise tried to catch each one with their paws while Red licked all the flakes off of Green. The air was filled with crisp flakes for as long as they could remember, then the puppies got hungry and headed to a warm bed. The horses wandered off to find their snack. The snow was delightful but now their tummies asked for some hay. Oh the hay was better than ever! Slowly they wandered to a comfortable place to settle in for the night. Diamond giggled thinking what the tiny bunny prints, puppy prints and horse prints gathered around the trough will look like for Chris in the morning.

Downey waited a bit longer. Remembering all the different places that brought him snowflakes. Yes. he had many great memories, from many fun places. Yet tonight with the warmth of family, home and the joy from the puppies first time seeing snow. This was his favorite snow ever!

Your Mission - Can you find ONE New Donor

I know that everyone can find us one new donor in 2020. The economy is improving and it's a good time to add to our Donor list. I can only talk to so many folks. I'm asking all of our supporters, volunteers and riders to share stories and ask people and businesses you know to support Stable Influence. Many companies and people are now in a position to help and are looking to make a true difference in the lives of another. Our riders, volunteers and parents benefit by participating in our program. By sharing a story about Stable Influence and asking for a small donation - it just may happen. Although our riders pay a fee for services, it only covers 55% of the cost to run our program. All non-profit programs rely and depend on donations to continue their mission - our mission is to offer the best in therapeutic riding. Fund raising and donations bridge the 45% difference between rider fees and our program costs. But, 45% is a big bridge to cross. We never waste a penny and don't buy it if we don't have the money. We keep our costs down by not owning property and having wonderful volunteer help. Now is a great time you can help increase our donor base. And by donating through Facebook - they will match it making it even better. All donations go directly to helping our riders. Use social media - Facebook, Twitter and LinkedIn to share our stories and our requests for support. There are people out there just waiting to be asked to support an organization like ours. Find those folks and let them know we are here.

MATCH THEM UP

Can you match up the colors of our horses? And then match up their breeds?

<u>Horse</u>	<u>Color</u>	<u>Breed</u>
Dakota	Bay	Paint
Freckles	Palomino	Dutch Warmblood/TB
Indie	Bay	Paint
Liber-T	Paint	Arabian
Stetson	Paint	Palomino Quarterhorse

Answers on Page 7

STATE OF THE STABLE

Our 22nd year is almost half way gone. With the 2019 Holiday Season approaching, it's time to say thank you to everyone who has supported us this past year. I wish all of you a wonderful holiday season and a prosperous 2020.

Summer 2019 was a hot one. We had 6 riders riding in August in New River. Our Twenty-Second ride year began in September. We started out with only 17 rider slots. Another joined us a few weeks later and another started with Session 2 the end of October making our total now 19. We are ahead of last year's numbers but still way below where we'd like to be.

We welcomed many riders back after the summer break and we welcomed 4 new riders to our family. Those riders who can are learning to play with their horses on the ground before mounting up - called "On-Line", which helps them learn to observe how their horse moves and to guide them to do obstacles. They learn when to be quiet, when to ask for more and it improves their balance. Feedback from parents say - they like it. It's been very helpful. Brittany, Dylan, Irish, Lauryan, Mandie and Veronica are improving or learning on-line skills - which is helping their mounted skills and posture each week. Cinder, C, D, J, and Ruth are just now getting some on-line play, A few riders only ride, and their horses continue to help them improve their balance and focus - Andrra, Daniel, Jenny, Katelyn, LoriAnne, Natalie and Phillip.

Officers - Our officers, Chris, Craig and Bob continue to keep everything running smoothly.

Staff - Instructors, Chris and Barb, continue working with our riders. Barb is our Thursday instructor for riders in Mesa and is retiring the end of December. We certainly will miss her expertise and help. Thank you Barb and all our volunteers. Barb, Elaine, Kelli and Laura organize horse care/training in Mesa. Chris does the classes on Wednesdays in Peoria. Chris works horses 3 or 4 days a week as well as handles cleaning pens and feeding the herd in New River. Elaine, Kelli and Laura take care of Indie and Stetson in Mesa.

Horses - Would you like to Adopt a Horse and get "Carrot Privileges". In Mesa - Indie got a vacation in New River in August to do some diet adjusting. With the diet changes, she's gotten fat and sassy with lots of energy. Stetson seems to have learned when he needs to be careful and when he can play. He is an ongoing project. Indie is our go-to for new riders. She is smaller and has a quieter movement than Stetson. However, Stetson's bigger movement is great for riders needing to have more motion and for those who are ready to move forward with their riding skills. Dakota, Freckles and Liber-T work in New River and Peoria. Freckles had a vacation in August and spent a month in Mesa. Freckles' medium movement is usually the one we choose when riders will be independent. She takes care of them and really doesn't want to go too fast - so they have to be really wanting it for her to give faster speeds. Liber-T, on the other hand, works with her riders and tasks them to "do it right". This can be frustrating at times, but the payoff when the "right" thing is learned by her rider is amazing. She has the most movement of all horses. We've noticed this past year that her favorite riders are the little ones. She insists on having a cuddle after their rides. Dakota is in between. Nice and broad for those needing support and very smooth in her gaits. Dakota continues to develop confidence and trust as we have as many different folks play with her - the right way. Horse upkeep costs have declined this year. Horse board in Mesa is being donated by Royal Arabians. Now we can catch up on the New River board that has been put aside the past couple of years. Monthly costs for our horses no matter how many riders we have never ends - the Equine Dentist's is due (about \$700), they get grain and supplements and every 7 weeks get their feet trimmed. We have 2 horses in Mesa and 3 in New River. Thank you Royal Arabians, Morris family, The Outlander Private Foundation and Hudsons for supporting our horses this past year.

Program - Riders costs for last fiscal year were up, due to fewer riders, but since our move to Royal Arabians in August, rider costs should drop to \$485 for a 6-week session. Fortunately, we have not had to raise rates. We are just meeting our costs, but have no reserve for emergencies. We did not receive any large donations this past year except from The Outlander Private Foundation and of course the gift from Royal Arabians, but the donations we did receive have gone to good use. New riders join us each year, and some, SIGH, move along because they achieved their goals - but that's a good thing. Most of our costs remain pretty stable. Horses cost - what horses cost. Not enough riders to share the costs require more donations to fill the gap or we must increase rider fees. All our riders have always paid a discounted fee to mirror what anyone would pay for a riding lesson - and as a non-profit, we can receive donations to bridge our expenses. We have 1 rider on a partial scholarship and 3 are being sponsored. Although that sponsorship may have ended, so we are looking for additional sponsors. We get many calls to ask about our program. Folks are all excited to start until they find out there are fees. We cannot serve them without donations for scholarships. Fundraising and donations keep fees down for riders and provide the difference. Donations this calendar year were \$15,000. We would like to see that double. Our classes at Stable Influence, Soft Wind Riding Club and Royal Arabians are going well. New River classes were summer only and are always fun. Thank you Amanda, Wanda and Scott, MaryAnn, and of course Craig for your support this past year

In July, Tyler Farms requested us to sign a Trainer's Agreement that had clauses in it we, as a 501(c)(3) non-profit organization, could not sign. Our only choice was to vacate by August 1. We searched the area for another stable, but even though there

are stables out there, their facilities would not work for our riders. We were facing having to end our program in the East Valley. On July 20th as we were hooking up the ramp to bring to New River, Scott Tyler came by to ask us to work things out. As long as that Agreement needed to be signed, we could not stay. He gave me the name and number of Amanda at Royal Arabians as a friend and one who may be able to help us out. We visited her beautiful facility and felt perhaps our prayers had been answered. We moved our shed on the 27th and moved Freckles (who would visit for August) and Stetson on the 29th. We are truly grateful to Scott and to Amanda and her fabulous staff who take such good care of our 2 horses.

Facebook posts each week keep everyone updated on with fun pictures and news. Please feel free to share your stories and information with everyone you know. Spread the word of our riders' challenges and how they succeed through the work our volunteers do. Join the fun, jot a message or share your story for everyone to enjoy. Ask friends to gift - just \$10 - through Facebook for #Giving Tuesday. Our Poop Bucket Challenge is still up asking for help for board for our New River horses and finally, the 100 for \$100 campaign to support a rider or horse. Share the miracles you have seen riders achieve. Get a conversation going to bring donors in.

Fundraisers: Fry's (Kroger) shoppers continue to shop for us. Please join the 29 families who have enrolled their Fry's VIP Card and increase our donation portion. Enroll your VIP card at www.FrysCommunityRewards.com and select Stable Influence (#BH909). Every time you shop at Fry's, SICP shares \$2M they have for Community Rewards. Facebook is partnered with PayPal and is matching donations made through Facebook up to \$7 Million on #Giving Tuesday - but you have to be fast and early to get the matching funds. Go to the following link to donate:

<https://fb.com/fund/Stable-Influence-Charity-Programs-Therapeutic-Horseback-Riding-EAAT-299984728486/>

Royal Arabians is hosting on a fundraiser on January 4 in Mesa for us and Saving Grace Ministries Philippines. We will be doing a demo and will have a table. There will be food to enjoy. Stay tuned for more information.

As all non-profits, we are always looking to have more fundraisers so we can bridge the gap between riders fees and costs to do our program. Got a fund raising idea - share it with us? You know - if each one our Supporters gifted us \$10 for our Poop Bucket Challenge and found 5 friends to join in, we could easily support our horses.

You can Adopt a Horse to support one of our wonderful horses. You can send a gift for our Horse Board Fund, add to our Poop Bucket Campaign or add to our 100 for \$100 Campaign so we can continue our mission of helping riders with special needs.

Donations - Thank you for your continued support - Outlander Private Foundation, Royal Arabians, the Smith Family, the Hudson's who support Liber-T and have been supporting Dakota and Freckles this past several years, the Morris family who help with Stetson. Thank you to all our Horse Show supporters. Thank you to all the Fry's and Smile.Amazon shoppers, Boeing employees, Honeywell employees. Those little donations help, so keep spreading the word. Thank you to all who have donated this past year. See Page 1.

Horse Show - The horse show last year was our 21st. Wow. Kim stepped up, took the reins and chaired our Show Committee. She is eager to do it again for our 22nd show. Sub-committees for snacks, goodie bags, decorations and ? ? are always part of the process. Get involved. Donations for the show and Silent Auction are always part of the process. Thanks to everyone who donated this year. Thanks Charlene and Kelly for putting together the silent auction, Jen and Sue for doing all the great snacks, Barb for the challenging obstacle course, Elaine and Laura for the fun decorations and the goodie bags, Darla for being such a great judge and all the volunteers who made this a wonderful show. We need a new Obstacle Course creator as Barb is retiring - want to create an obstacle course for our show? And, of course, thanks to Soft Wind Riding Club for the great site.



Match them Up Answers

Dakota - Paint - Paint

Liber-T - Bay - Dutch Warmblood/TH

Freckles - Paint - Paint

Stetson - Bay - Arabian

Indie - Palomino - Palomino Quarterhorse

Mark Your Calendar - 2019-2020

December 21	Break - Merry Christmas - No Class until week of January 5
January 4	Royal Arabians Fundraiser - Noon
January	Horse Show and Committee to be determined - Organizer, Kim McQuarrie
January 5	Session 3 Classes Begin
February 16	Session 4 Classes Begin - 7-Weeks - No break due to horse show April 4
February-March ??	Twenty-Second Annual Horse Show - Sponsorships and Assistance Requested
April 4	Twenty-Second Annual Horse Show - Stay Tuned
April 5	Horse Show Break - 1 Week
April 12	Session 5 Classes Begin
May 24	Memorial Day Break
May 31	Session 6 Classes Begin - 9 Week Summer Session

I WANT TO Help Stable Influence

YOU play a major role in the continued success of SICP through your tax deductible contribution. THANK YOU - your support makes a CRITICAL DIFFERENCE in the lives of Autumn, Bella, Brittany, Daniel, Irish, Jenny, Julia, Katelyn, Lauryan, LoriAnne, Megha, Natalie, Phillip, Tristyn and Veronica. Donations in any amount helps guarantee our riders will continue to benefit from the proven benefits of therapeutic riding.

Sponsorship:

- _____ \$10 - Newsletter Sponsor
- _____ \$10 - Poop Bucket Challenge
- _____ \$25-\$199 - Friend of Stable Influence
- _____ \$200 - \$499 - Supporter of Stable Influence
- _____ 100 for \$100 Campaign
- _____ \$ _____ Horse Board Sponsor
- _____ \$1,500 - Insurance Sponsor
- _____ \$ _____ A monthly pledge contribution
- _____ \$ _____ Other Donation

Sponsorships for a Person with a Disability:

- _____ \$420 - Six-Week Riding Session
- _____ \$2,940 - 42 Week Riding Session

Other:

- _____ \$300 - Adopt-A-Horse for a Month
- _____ \$3,600 - Adopt a Horse for a Year
- _____ \$25 - Horse Show Class Sponsor
- _____ \$50 - Horse Show Award Sponsor
- _____ \$100 - Horse Show Division Sponsor

Please mail your contribution to: Stable Influence Charity Programs, P. O. Box 54006, Phoenix, AZ 85078-4006

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